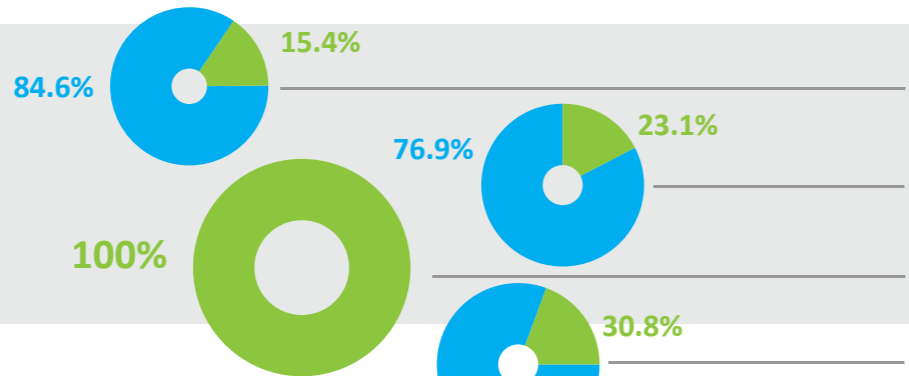


Mental Health and Alcohol and Other Drugs Needs on the Gold Coast – Validation Survey

CAC Results, 5th August 2016

● Strongly Agree
 ● Agree
 ● Disagree
 ● Strongly Disagree

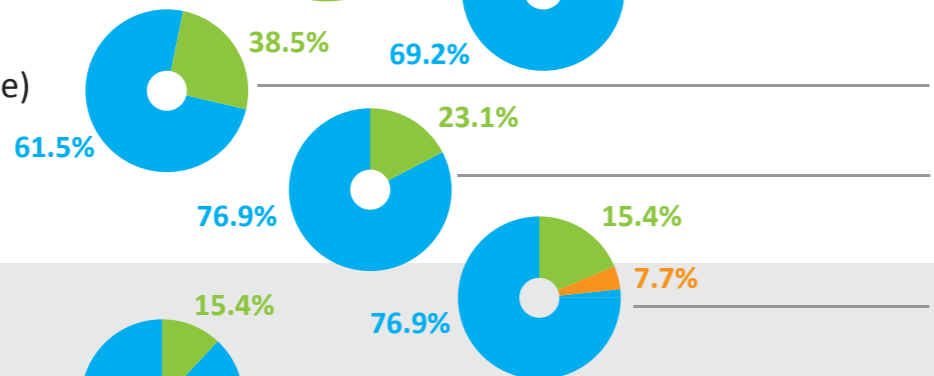
Youth, including children



- Improved access to services that provide wrap around support for youth through outreach opportunities and service entry points that are flexible and youth focused.
- Increased early intervention and therapeutic services for children 0-14 years across the region with a focus on northern growth corridor (north Gold Coast).
- Increased school education workforce capacity for early identification and intervention.

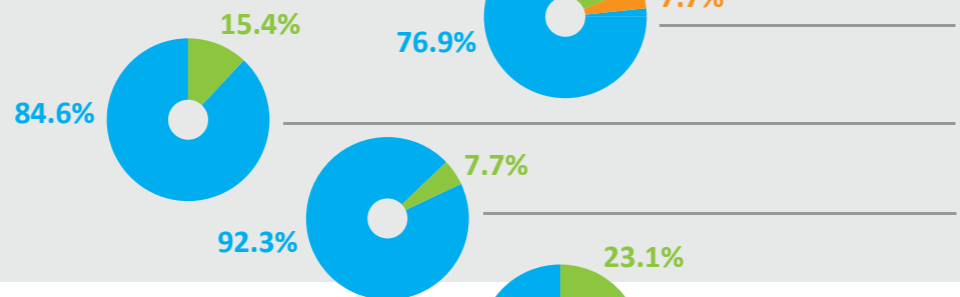
Indigenous

(Mental Health and Suicide)



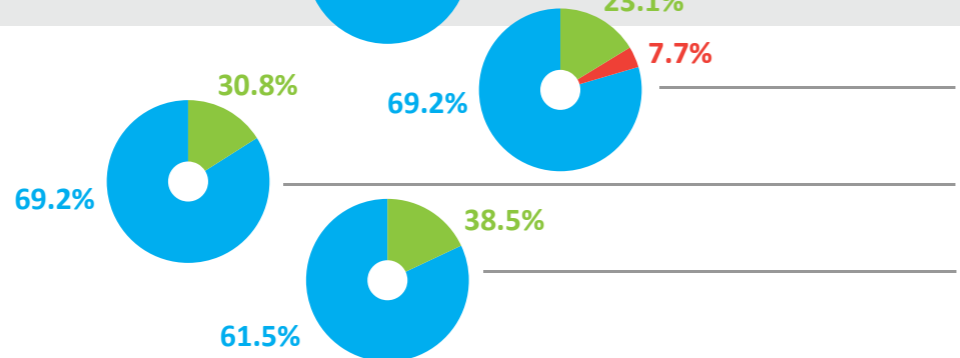
- Enhancing the Indigenous workforce to enable workers to provide care coordination and specialist mental health support, including suicide support.
- Increase the coordination of services using well-developed trusted pathways to support client referrals to culturally appropriate services.
- Increase the cultural competency of mainstream services to safely and effectively work with Aboriginal and Torres Strait Islander clients.

Suicide Prevention



- Increase knowledge and skills of General Practice and mental health service workforce particularly in relation to specific groups including men and the LGBTIQAP+ community
- Increase opportunities to ensure care planning and discharge processes are inclusive for all participants.
- Development of clear referral pathways and supported connections to appropriate community supports.

Low Intensity Services



- Identification and development of flexible evidence based services, support groups and group sessions.
- Information campaign to General Practice to ensure services developed are communicated appropriately and made accessible.
- Effective pathways developed to increase accessibility to evidence based electronic (digital) and online mental health services.



The majority of the Community Advisory Council agreed or strongly agreed with all identified needs proposed for the 6 mental health and 2 alcohol and other drugs focus areas.

One identified need under 'Youth, including children' received a rating of 100% strongly agree from the CAC members (Increased school education workforce capacity for early identification and intervention).

Only 3 identified needs received a rating by an individual respondent of disagree or strongly disagree. Comments focused on the need for housing options for homeless people, improved communication between primary and acute care and the importance of face to face contact when considering low intensity services.

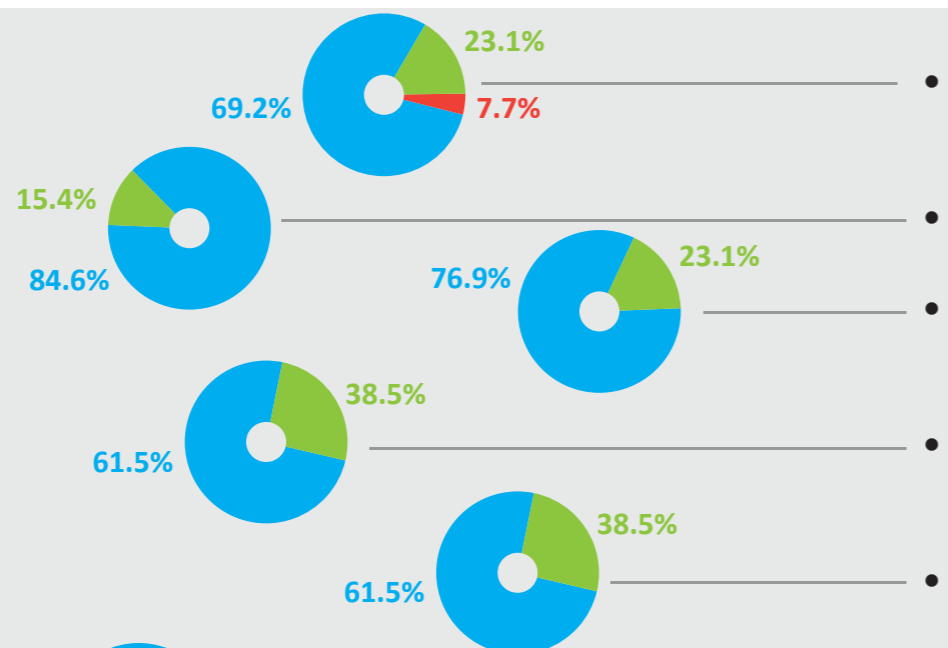
Mental Health and Alcohol and Other Drugs Needs on the Gold Coast – Validation Survey

CAC Results, 5th August 2016

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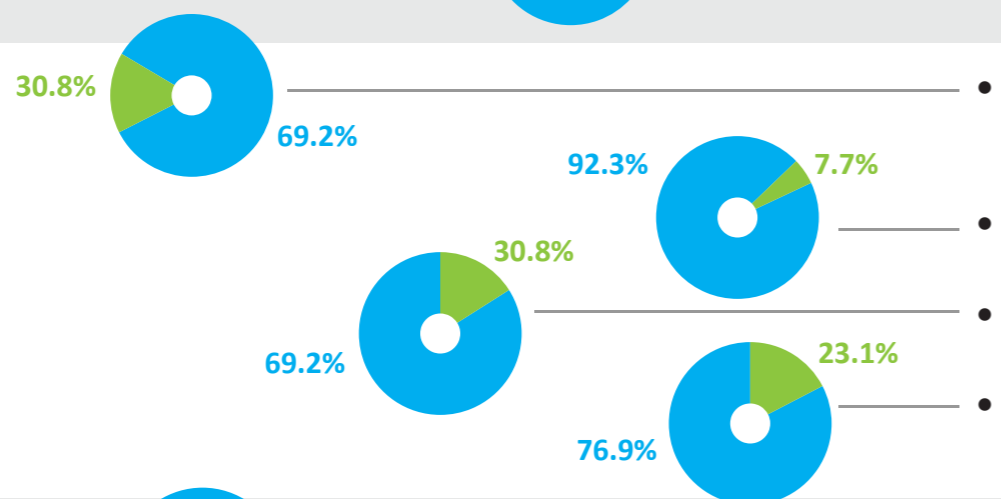
Hard to Reach Groups

(incl. 0-12 years of age, homeless or at risk of homelessness, perinatal, Culturally and Linguistically Diverse (CALD), Indigenous men, LGBTIQAP+)



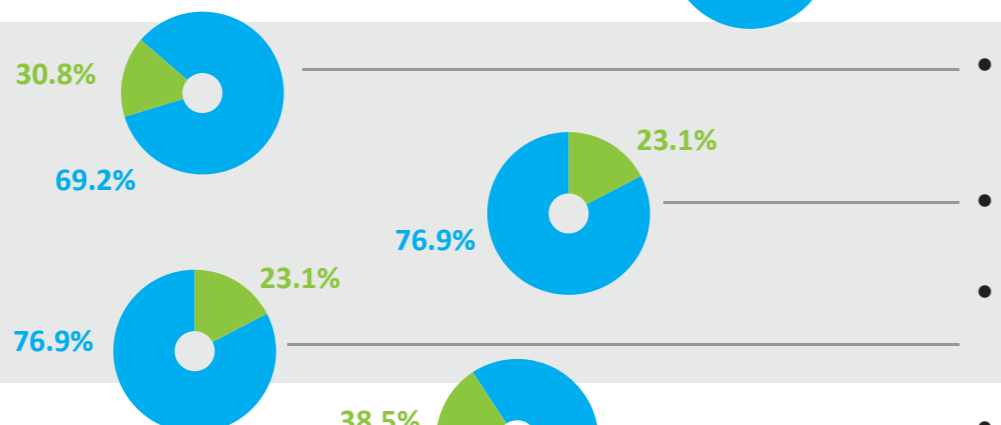
- Homeless: Housing options are needed to stabilise and support effective engagement with primary care mental health supports for the homeless population (out of scope but will be progressed by PHN).
- Homeless: Effective engagement between community and primary health services to support the homeless population.
- Perinatal: Increased flexible outreach service options that are well linked with General Practice and other contact points such as Hospital and Health Service (HHS) Community Midwifery services.
- CALD: Increased access to interpreters and/or clinicians fluent in specific languages (including consideration of innovative models) that are appropriately trained in mental health.
- LGBTIQAP+: Increased accessibility and referral pathways to appropriately skilled clinicians and services to support the needs of this group.

Severe and Complex



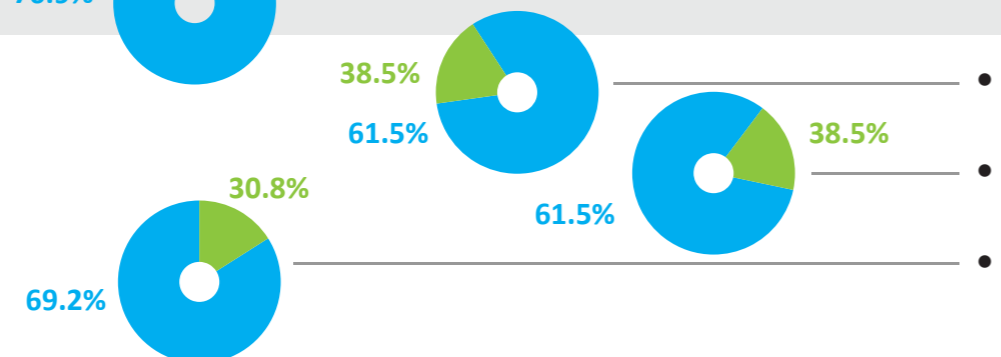
- Increased support and upskilling opportunities for General Practice to adequately meet the needs of severe and complex patients in time limited consultations, or appropriate referral.
- Effective utilisation of mental health nurses to work with individuals with severe and complex mental health issues.
- Increased service capacity for outreach services to areas such as the northern growth corridor with particular focus on flexible and multi-needs models of care.
- Effective pathways to support patient centred transfer of care between acute, specialist and primary care services (general practice, allied health and community services).

Alcohol and Drugs Mainstream



- Increased capacity for detoxification, residential rehabilitation and aftercare services that are flexible for clients and includes wrap around supports, follow up and accessible for people still using substances.
- Flexible outreach treatment services with a focus on vulnerable target groups including young people and people with families.
- Provision of training, referral pathway education and resources to support General Practice to support patients with substance use issues including ICE.

Alcohol and Drugs Indigenous



- Increased capacity through existing Aboriginal & Torres Strait Islander service providers in relation to early intervention and care coordination for clients.
- Increased workforce capacity to assist client access to culturally appropriate services for substance use treatment.
- Increase the cultural competency of mainstream alcohol and other drugs treatment services to safely and effectively work with Aboriginal & Torres Strait Islander clients.