

COPD Cycle of Care for Patients

SUMMER: Yearly review

Stop smoking support (if required)

APPOINTMENT DATES

Annual Spirometry _____
Initial care plan _____
Other _____

update care plan

How to use your puffer

AUTUMN: Sick day plan

APPOINTMENT DATES

Vaccination

Care plan review

Other

APPOINTMENT DATES

Medication Review

Care plan review

Other

Eating well

SPRING: Keeping well

APPOINTMENT DATES

Sick day action plan _____
Health Assessment _____ (if eligible)
Other _____

Exercise program

WINTER: Manage Symptoms

