

Aboriginal and Torres Strait Islander Social and Emotional Wellbeing Services

ATAPS Aboriginal and Torres Strait Islander Social and Emotional Wellbeing provides Aboriginal and Torres Strait Islander people with an increased level of access to evidence based short-term psychological/counselling services that are culturally appropriate within a community setting.

- Do you feel bad about yourself?
- Do you often wake up feeling sad for no specific reason?
- Do you feel agitated or angry?
- Do you feel like you are not coping?
- Do you feel lonely?
- Do you feel like 'giving up'?

If you are experiencing any of the above symptoms, the Access to Allied Psychological Services (ATAPS) Program may be able to help you, with a free service to eligible clients, to have a yarn with a Social and Emotional Wellbeing worker.

Gold Coast Primary Health Network (GCPHN) contracts appropriately qualified, registered and experienced Social & Emotional Wellbeing workers to provide services delivered in a culturally appropriate manner.

Non-Aboriginal social and emotional wellbeing workers contracted to provide ATAPS services have undertaken cultural awareness training.

These workers are located across the Gold Coast for ease of access.

For those ineligible for the ATAPS Program you can be referred to the Better Access Program which attracts a Medicare Rebate.

Please take this flyer to your GP to discuss eligibility and obtain a Mental Health Treatment Plan.

For further information please contact the GCPHN ATAPS Team

☎ 07 5612 5454 ☎ 07 5612 5499

✉ atapsreferrals@gcphn.com.au 🌐 www.healthygc.com.au

FACT SHEET

What Is Access to Allied Psychological Services (ATAPS)?

ATAPS funds the provision of short term psychological intervention (counselling/ psychology) for clients with non-acute, non-chronic social and emotional wellbeing issues, of mild to moderate severity. Clients must be unable to access mainstream social and emotional wellbeing health services, such as Medicare Better Access, as a result of being financially disadvantaged.

Who is eligible for ATAPS?

- Clients with mild to moderate social and emotional wellbeing issues, who can benefit from short term psychology/counselling;
- Clients who are financially disadvantaged and unable to afford mainstream social and emotional wellbeing health services;
- Clients who have not received services under Medicare Better Access in the current calendar year;
- Clients eligible for a *Mental Health Treatment Plan*, or in the case of a child (0-12 years) without a diagnosis, a *Child Treatment Plan*.

Priority Groups/Programs under ATAPS;

- Aboriginal and Torres Strait Islander Social and Emotional Wellbeing Services
- Suicide Prevention (non-acute/non-crisis)
- Child Mental Health Services (0-12 years)
- Perinatal Depression
- People at risk of Homelessness
- Youth (12-25 years)

What are the Costs?

This Program is **free** as long as you are experiencing genuine financial hardship that is preventing you from accessing services, and your GP has completed a Mental Health Treatment Plan or Child Treatment Plan.