



ADULT COMMUNITY  
HEALTH SERVICES  
**CHRONIC  
DISEASE  
WELLNESS  
PROGRAM**

# HEART FAILURE SERVICE

Heart failure is a condition in which the heart does not pump effectively. This causes the heart to lag behind in its job of moving blood throughout the body. As a result, fluids back up in the body and organs do not receive the correct amount of oxygen they need to function properly.



**Queensland**  
Government

**Gold Coast Health**  
Building a healthier community



## ABOUT HEART FAILURE

If you have heart failure, your heart has not actually “failed” or stopped beating. It just isn't pumping as well as it should.

## CAN THE PROGRAM HELP ME?

Yes, if you have a diagnosis of Heart Failure we can assist you in learning how to care for yourself and manage your health condition. The program will provide you and your family with education and support on a group or individual basis to help manage your condition.

## WHAT CAN WE OFFER YOU?

- Home visits
- Individual education on heart failure symptoms and self care
- Community based clinics with a cardiology doctor
- Education and supervised exercise programs

## ENQUIRIES

**You can refer yourself. For more information contact our Central Intake Unit: 1300 668 936**

**Ask your GP to refer you and include the following information with your referral:**

If available:

- Recent ECG
- Echocardiogram
- Angiography
- Bypass reports
- Pathology results
- Chest X-ray

GP referral forms can be found at [www.gpgc.com.au](http://www.gpgc.com.au)

**Fax to Central Intake Unit: 1300 668 536**



Please be aware that this brochure may contain images of deceased people. Queensland Health strives to treat Indigenous culture and beliefs with respect. We acknowledge that to some communities, it is distressing and offensive to show images of people who have died.