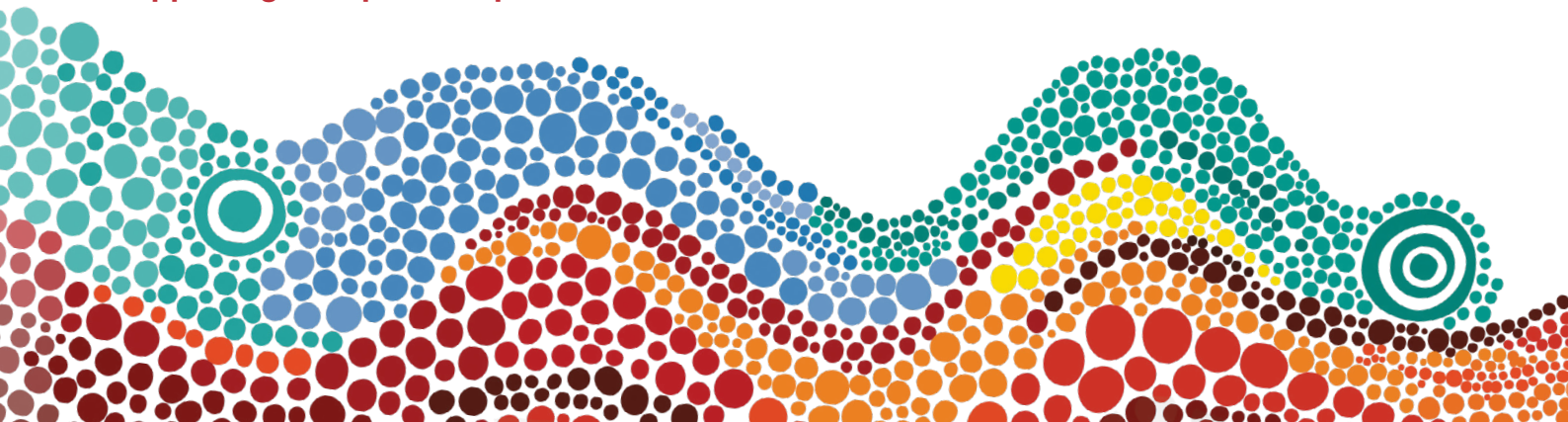


National guide to a preventive health assessment for Aboriginal and Torres Strait Islander people

Supporting best practice preventive healthcare



What is the National Guide?

A user-friendly, practical guideline that supports health professionals with delivering better preventive healthcare to Aboriginal and Torres Strait Islander people across Australia.

Who is it for?

- All health professionals delivering primary healthcare to Aboriginal and Torres Strait Islander people.

Why use it?

- To assist in disease prevention through early detection.
- Promote health, while considering broader social interventions, the latest evidence-based recommendations and good practice points.
- Use of the child, young people and adult lifecycle wall charts detailing age-specific recommendations.
- For the resource lists.



What will you find in the National Guide?

Information on screening and preventive healthcare recommendations:

1. Lifestyle
2. Antenatal care
3. Child health
4. The health of young people
5. The health of older people
6. Eye health
7. Hearing loss
8. Oral and dental health
9. Respiratory health
10. Acute rheumatic fever and rheumatic heart disease
11. Cardiovascular disease prevention
12. Type 2 diabetes prevention and management
13. Chronic kidney disease prevention and management
14. Sexual health and blood-borne viruses
15. Prevention and early detection of cancer
16. Family abuse and violence
17. Mental health

National Guide podcast series!

Ten-minute episodes explore topics in the National Guide, what's new in the third edition and conversations about culturally responsive healthcare.

To access the National Guide publications and podcast series, visit racgp.org.au/national-guide/

For further information, contact RACGP Aboriginal and Torres Strait Islander Health on **1800 000 251** or email aboriginalhealth@racgp.org.au