

## Mirikai Residential Rehab

At Burleigh Heads, Mirikai offers live-in alcohol and other drug treatment for 6-12 weeks. This is a comprehensive, evidence-based program.

You will receive access to other services including gambling support, psychology, medical care, physiotherapy and nutrition.

Mirikai is for people aged 18-35 who have successfully completed a detox program. Once treatment is complete, you will have the option to transition into 1 of our 4 community **Transition Houses** for up to 12 weeks.



Contact us today!



1300 727 957



[www.liveslivedwell.org.au](http://www.liveslivedwell.org.au)



[info@liveslivedwell.org.au](mailto:info@liveslivedwell.org.au)

### About us

Lives Lived Well supports people and families impacted by alcohol and other drugs and mental health concerns. We have a wide range of alcohol and other drug support services across Queensland and NSW, including on the Gold Coast.

**People accessing a Lives Lived Well service can also receive Gambling Counselling/Support.**

### How to make a web referral

To refer to one of our programs, complete the online form on our website. **We accept referrals from service providers as well as self-referrals.**

### Our Gold Coast locations

**Burleigh Heads: 191 West Burleigh Road** (Mirikai, youth and outreach programs and the Lives Lived Well Specialist Centre)

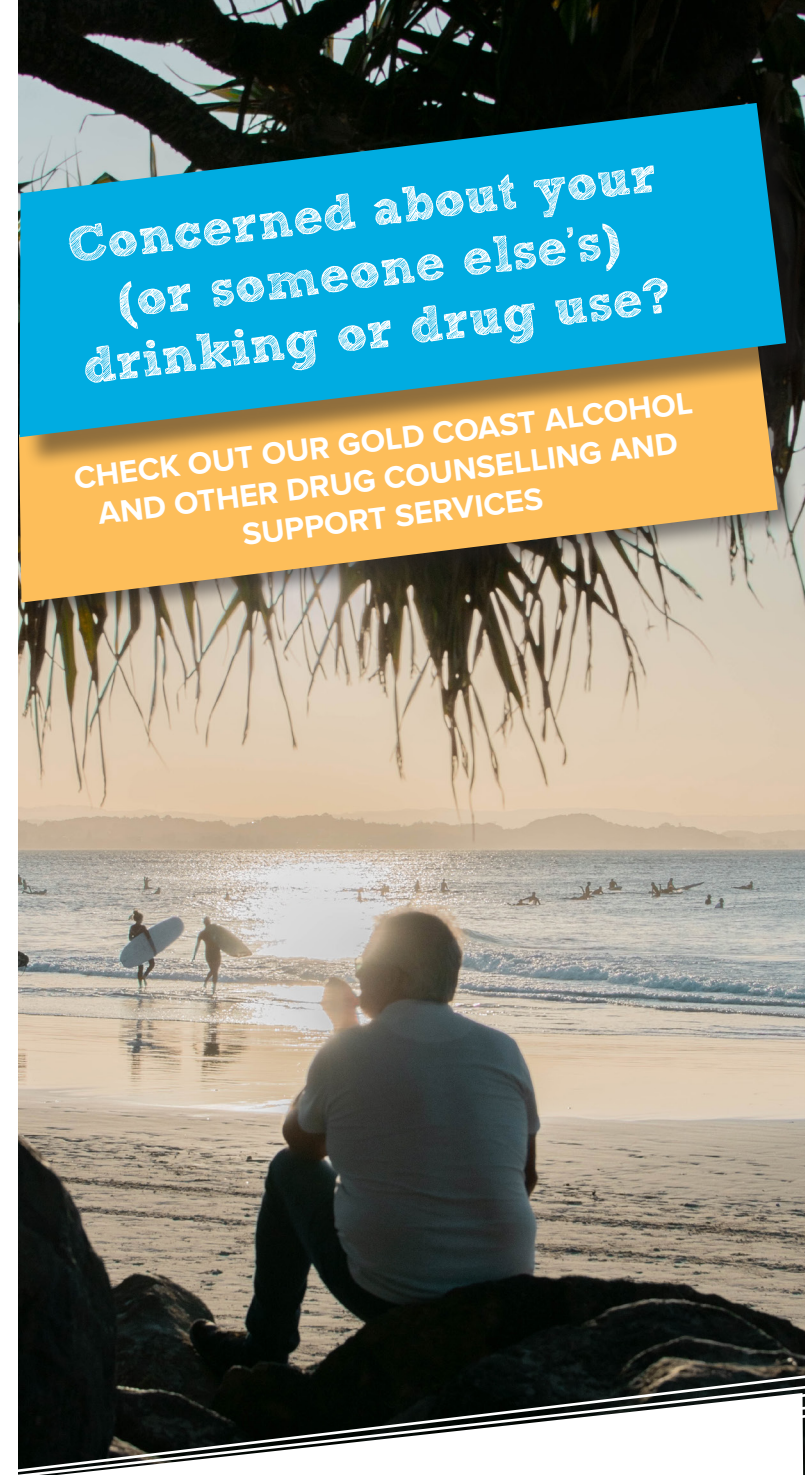
**Nerang: 29 Martin Street** (alcohol and other drug counselling and support, case management, referrals and groups)

**Lives Lived Well also runs headspace centres at Southport and Upper Coomera and Lighthouse, a complex mental health youth service at Southport.**

The images used in this brochure are stock images of persons used for illustrative purposes only and do not, expressly or impliedly, portray persons with drug or alcohol problems.

Concerned about your  
(or someone else's)  
drinking or drug use?

CHECK OUT OUR GOLD COAST ALCOHOL  
AND OTHER DRUG COUNSELLING AND  
SUPPORT SERVICES



  
**Lives Lived Well**





## DRUG AND ALCOHOL OUTREACH

### Alcohol and Other Drug Outreach

Our team is mobile and can come to you. We can meet where you feel comfortable anywhere on the Gold Coast. Our outreach team provides adults with brief alcohol and other drug counselling and they can join group sessions. We also offer a virtual group.

## LIVES LIVED WELL SPECIALIST CENTRE

### Lives Lived Well Specialist Centre

GP, Psychology, Counselling, Dietician, Physiotherapist - all are experienced in mental health and alcohol and other drug support. Open to the public - Bulk Billing available. Call **5508 0950** to make an appointment.

## AFTERHOURS PROGRAM

### Afterhours Program

For people who can't make it to appointments in business hours, we offer the Afterhours program.

Receive brief drug and alcohol counselling in the evening and on Saturday. There is also an Afterhours group that runs on Saturdays.

## YOUTH PROGRAMS

We offer several programs for young people as outlined below:

### Youth Programs

Brief drug and alcohol counselling, school clinics, group programs and information sessions.

Young people aged 12-29 years who would like to talk about drug and/or alcohol use.

### Youth Dual Diagnosis Counselling

Free psychotherapy support for young people aged 12-35 years who have problems with their alcohol/drug use and mental health concerns.

### Clinical Liaison for Aboriginal and Torres Strait Islander Services (CLAIS)

Brief drug and alcohol counselling and case management, group programs and cultural support for Aboriginal and/or Torres Strait Islander young people aged 12+.



## FAMILY SUPPORT PROGRAMS

**Families impacted by alcohol and other drugs can access our family supports, which include:**

### Family Programs

Brief alcohol and other drug counselling or longer-term case management. Open age program for parents with children from 0-18 years.

### Family Therapy and Support

Alcohol and other drug counselling sessions and group information / support sessions.

*For family, friends and loved ones.*

### Kids in Focus

Kids in Focus provides a specialist comprehensive service to assist families affected by substance misuse. Our focus is to provide support and information to help you and your family.

Kids in Focus is a mobile program, offered through a number of agencies on the Gold Coast.

Kids in Focus is an initiative of:

