

## Continuous Quality Improvement (CQI)

## Health Assessments > 75 years (Cat 4)

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| **CQI steps** | | **Ask-Do-Describe** | |
| **Data report 1 - baseline** | **First CQI meeting** | **Why do we want to change?** | |
| * Gap | Uptake and completion of Health Assessments for our patients > 75 years could be improved |
| * Benefits | Improved Health outcomes, Meet PIP QI requirements, reduce risk, increase efficiency, promote healthy lifestyle. |
| * Evidence | RACGP: [Guidelines for preventive activities in general practice 9th Edition](http://gcphnas01/ChilliDB/CORE/System/view_page.aspx?page_id=100&function=view&event=2665https://www.racgp.org.au/download/Documents/Guidelines/Redbook9/17048-Red-Book-9th-Edition.pdf)  Preventive activities in older age (page 45) |
| **What** do we want to change? | |
| * Topic | Completion of Health Assessments for over 75 year- old Health Assessments |
| * Scope | Current patients eligible for health assessment on *“Health* *Assessments”* Primary Sense report (n = 45 patients – Sept 24) |
| **How much** do we want to change? | |
| * Baseline (%) | Current % of patients with Health assessments completed in last 12 months (eg 35%) |
| * Sample (number) | ? eligible patients  If a large number of eligible patients, consider targeting specific age groups  (e.g. 76-78 years) |
| * Target (%) | 50% of eligible patients on list (n =?) |
| * Preparedness | Practice team involved in decision making  Current appointment scheduling will accommodate increase in appointments for this activity |
| **Who** are involved in the change? | |
| * Leads   Contributors | PM  RN EEN Receptionists |
| * External | Consider support required here from external companies |
| **When** are we making the change? | |
| * Deadlines | Start date dd/mm/yyyy End Date dd/mm/yyyy  Consider your sample size and how long it will take to invite/complete HAs |
| **How** are we going to change? | |
| * Potential solutions | To implement a process for new patients to add in reminders to ensure health assessments are completed (new patient questionnaire)  Driver’s license renewal requests are linked with Health Assessment appointment as planned care  Printing Primary Sense report which indicates who has missing Health assessment item numbers that are over 75 years. |
| * Select | Use Primary Sense report to support identification of target group |
|  | | | |
| * **Implementation** | | * Implement | PM/Receptionist to Print lists from Cat 4 for patients > 75 years with health assessment item number not billed in last 12 months  [Recipe using Cat 4](https://help.pencs.com.au/pages/viewpage.action?pageId=1479270)  Recall or add appointment reminder as per selected process  Consider implementing this [Model of care](https://www.healthygc.com.au/GCPHN/media/Site-Pages-Content/Practice%20Support/Over-75-Cycle-of-Care-linked.pdf) for complex patients |
| * Record, share |  |
|  | | | |
| **Data Report 2**  **Comparison** | **Final CQI meeting** | **How much** did we change? | |
| * Performance |  |
| * Worthwhile |  |
| * Learn |  |
|  | **What next?** | |
| * Sustain |  |
| * Monitor |  |