



Gold Coast High Risk Foot Podiatry Service- Referral Criteria

Category	Indications										
Urgent / Emergency Department presentation	<ul style="list-style-type: none"> • Foot ulcer with infection and systemically unwell or febrile • Invasive infection or rapidly spreading cellulitis (defined by peripheral redness around the wound > 2cm) • Acute Ischaemia – directly to Gold Coast University Hospital • Wet gangrene • Suspected Acute Charcot which patient has no access to outpatient Podiatry service within 24-48 hours, requiring to be admitted for non-weightbearing. 										
1	<u>Acute Complication</u> <ul style="list-style-type: none"> • Current foot ulcer with/without infection • Current pressure injury with / without infection • Suspected Acute Charcot • Necrosis / Dry gangrene (with or without ulceration) 	<table border="1"> <thead> <tr> <th colspan="2">Waiting period</th> <th rowspan="2">Review</th> </tr> <tr> <th>Aim to be seen Within 2 working days</th> <th>1 Month</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">√</td> <td></td> <td style="text-align: center;">Weekly</td> </tr> </tbody> </table>		Waiting period		Review	Aim to be seen Within 2 working days	1 Month	√		Weekly
Waiting period		Review									
Aim to be seen Within 2 working days	1 Month										
√		Weekly									
2	<u>High Risk Foot</u> <ul style="list-style-type: none"> • Previous Foot Ulceration or • Previous Lower limb Amputation or • Previous critical Peripheral Arterial Disease OR Two or more of these risk factors <ul style="list-style-type: none"> • Peripheral Arterial Disease • Peripheral Neuropathy • Significant Foot Deformity 	√	< 1month								
3	<u>At Risk Foot:</u> <ul style="list-style-type: none"> • No previous history of foot ulcer/ lower limb amputation And one of these risk factors <ul style="list-style-type: none"> • Peripheral Neuropathy or • Peripheral Arterial Disease or • Significant Foot Deformity 	Not eligible for Gold Coast Hospital and Health services Refer to alternative services									
4	<u>Low Risk Foot</u> Clients with - No Peripheral Neuropathy or Peripheral Arterial Disease. No history of foot ulcer / amputation	Not eligible for Gold Coast Hospital and Health services Refer to alternative services									
Aboriginal and Torres Strait Islander people with diabetes are considered to be at high risk of developing foot complications until adequately assessed otherwise											

The performing of routine nail care **will not** be undertaken by any Gold Coast Health Podiatrist unless there is a clear medical reason for doing so. A diagnosis of diabetes without any secondary complication does not constitute a clinical reason for routine nail care.

Referrals

Referrals will be accepted from the following Health Care Providers

- General Practitioner (No EPC referrals accepted by GCHHS Podiatrists)
- Medical Officer
- Medical Specialist
- Diabetes Educator, Registered Nurse or Clinical Nurse
- Allied Health Professional
- Indigenous Health Worker
- Self-referral received from a patient who formally attended the Podiatry service for a foot ulcer, now displaying new symptoms.

Gold Coast University Hospital referrals:

Send referrals to HighRiskFootPodiatryService@health.qld.gov.au

Or Fax: 07 5687 7626

Robina Health precinct or Helensvale Community Health referrals:

Send referrals to: CentralintakeunitGCHSD@health.qld.gov.au

Or Fax: 1300 668 536

Telephone: 1300 668 936

Clinic Locations

Location		
Gold Coast University Hospital	Diabetes Centre (D-block Level1) Gold Coast University Hospital 1 Hospital Boulevard Southport QLD 4215	Monday-Friday
Robina Health Precinct	Robina Health Precinct 2 Campus Crescent, Robina QLD 4226	Monday-Friday
Helensvale Community Health	Helensvale Community Health 105 Lindfield Road HELENSVALE QLD 4212	Monday-Friday

Resources

Queensland's Hospital and Health Services – Podiatry Statement of Core Business

https://qheps.health.qld.gov.au/data/assets/pdf_file/0025/449026/busstatement2015.pdf

Diabetic Foot Online Modules <https://csds.qld.edu.au/>

Health Care Pathways <https://spotonhealthproject.healthpathwayscommunity.org/Home.aspx>

NHMRC Prevention, Identification and management of Foot Complications in Diabetes-2011

https://www.baker.edu.au/Assets/Files/Foot_FullGuideline_23062011.pdf

NICE Guidelines

<https://www.nice.org.uk/guidance/ng19/resources/diabetic-foot-problems-prevention-and-management-pdf-1837279828933>