

Conversations about death and dying can be difficult.

# What do you say if your patient is at risk of dying?

Start by exploring your patient's values, wishes and future health care preferences to make this conversation easier. This is the beginning of advance care planning (ACP).

- ACP is a voluntary process that is especially important for people with life-limiting illness, increasing frailty or advanced disease burden.
- ACP provides people the opportunity to consider, discuss and document their preferences for future health care before a crisis occurs.
- Age, illness or accident may at some time make it hard for your patients to make decisions about their health care.
- Completing an advance care plan may result in medical treatment aligning to patient wishes, especially at end of life.



## Advance Care Planning Week

23-27 March 2020

Advance Care Planning Week provides GPs with an opportunity to learn more about ACP and how it can assist patients to make their health care wishes known.

Empower your patients to plan for their future health care  
[mycaremychoices.com.au](http://mycaremychoices.com.au)

This is a free service provided by the Office of Advance Care Planning – Queensland Health



## What do you do now?

1. **Discuss** your patients' values, wishes and future health care preferences, especially with people with life-limiting illness, increasing frailty or advanced disease burden.
2. **Encourage** your patients to talk with their family and friends about their end-of-life care choices.
3. **Support** your patients to complete advance care planning documents if required.
4. **Send copies** of completed ACP documents to the Office of ACP. You or members of the public can send completed documents via post, fax or email. People may also upload their documents to their My Health Record.
5. **View** the uploaded documents. You can view completed ACP documents through the Health Provider Portal, Queensland Health or in your patient's My Health Record.
6. **Visit** [mycaremychoices.com.au](http://mycaremychoices.com.au) or phone 1300 007 227 for more information.

**The Office of Advance Care Planning is a free service  
for all Queenslanders.**

## What does the Office of ACP do?

The Office of ACP receives, and reviews the following completed ACP documents from all care environments in Queensland:

- Advance Health Directive
- Enduring Power of Attorney
- Statement of Choices
- Queensland Civil and Administration Tribunal Orders.

Effective documents are uploaded to the person's Queensland Health hospital record (The Viewer) so that their documented wishes can be easily accessed by clinicians when required. The Viewer is accessible to Queensland Health clinical staff, including the Queensland Ambulance Service\* and GPs who have registered for access through Health Provider Portal.

\*(currently on trial)



## Please remember

Contact the Office of ACP for more information. Phone **1300 007 227**

**Send a copy** of completed ACP documents to the Office of ACP, for review and upload to The Viewer, via:

- **Email:** [acp@health.qld.gov.au](mailto:acp@health.qld.gov.au)
- **Fax:** 1300 008 227
- **Mail:** PO Box 2274, Runcorn Qld 4113

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