

Emerging Minds Learning

General practice

Supporting the social and emotional wellbeing and mental health of children through early intervention and prevention.

Free courses recommended for your sector



Understanding Child Mental Health

This course explores mental health for children aged 0–12 years. It will help practitioners to identify the facts that support positive mental health in children.

1 hour



The Impact of Trauma on the Child

This course introduces key understandings about trauma and adversity, and their impact on children.

1 hour



Supporting Children and Families in General Practice After a Natural Disaster or Community Trauma

This course is for GPs working with families and children affected by natural disasters such as fire, floods or storms, or by community trauma events.

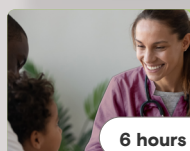
1 hour



Supporting Children's Resilience in General Practice

This course provides a conversation guide to assist your work with patients as parents, as well as a rationale for why GPs should conduct preventative conversations with parents about their children's social and emotional wellbeing.

3 hours



A GP Framework for Child Mental Health Assessment (5–12 years)

This course is for GPs who wish to increase their skills in assessing, managing and supporting children (5–12 years) with mental health difficulties, and supporting their families. GPs will learn how to complete a child mental health assessment and management plan using a specific GP framework.

6 hours

Free resources



Podcast

Key skills in engaging children during a child mental health assessment

In this episode, discover what it means to 'walk with the family over time' and the key skills involved in engaging children as part of a child mental health assessment.

Supporting child mental health in general practice

In this episode, discover how to effectively use the GP–patient relationship to start conversations with parents about their children's social and emotional wellbeing.



App

Child360

The Child360 app has been designed as a tool for parents to reflect on how they are going in supporting their children's social and emotional wellbeing and identify areas where action can be taken to strengthen resilience.



Toolkit

Community Trauma Toolkit

This toolkit contains resources to help you support adults and children before, during, and after a disaster or traumatic event. It will help you understand some of the impacts of disaster and how you can help lessen these impacts.

Adverse Childhood Experiences (ACEs) Toolkit

This toolkit contains information, advice and practical tools for individuals and professionals who work with, or care for, children who have had adverse childhood experiences (ACEs).



Guide

Supporting parents of pre-teen children with mild-moderate anxiety

This practice guide provides information about anxiety in the pre-teen years (9–12 years). It aims to help practitioners in generalist services to better support parents who have a child experiencing mild to moderate anxiety.

Responding to the mental health needs of infants and toddlers

The presenters discuss responding to the mental health needs of infants and toddlers using a case study from Emerging Minds' e-learning courses, and provide examples of how GPs can engage with parents and children.

Responding to the mental health needs of school-aged children

The presenters discuss responding to the mental health needs of school-aged children using a case study from Emerging Minds' e-learning courses, and provide examples of how GPs can engage with parents and children.

Preventing mental health issues for infants and children

The presenters discuss preventing mental health issues for infants and children using case studies from Emerging Minds' e-learning courses, and provide practical examples of how GPs can engage with parents and children.

The effects of trauma on children's mental health

The presenters discuss the effects of trauma on children's mental health using a case study from Emerging Minds' e-learning courses, and provide practical examples of how GPs can engage with parents and children.

Aboriginal children and the effects of intergenerational trauma

This webinar explores the effects of intergenerational trauma on Aboriginal and Torres Strait Islander children and families and discusses examples of organisational and individual practice to build trust and collaboration.



Webinar

To view all e-learning courses and resources visit learning.emergingminds.com.au

The National Workforce Centre for Child Mental Health (NWC) is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

October 2020

