

A PATTERN OF SUBSTANCE USE LEADING TO CLINICALLY SIGNIFICANT IMPAIRMENT OR DISTRESS AS MANIFESTED BY AT LEAST 2 OF THE FOLLOWING OCCURRING IN THE PAST 12 MONTHS.

If you or your patient meets the criteria of having a substance use disorder – please contact QuiHN

1. Hazardous Use: Have you used the substance in ways that are dangerous to yourself and/or others i.e. overdosed, driven while under the influence or blacked out?

Yes No

2. Social or interpersonal problems related to use: Substance use has caused relationship problems or conflict with others.

Yes No

3. Neglected major roles to use: Have you failed to meet your responsibilities at work, school, or home because of substance use?

Yes No

4. Withdrawal: When you stopped using the substance, have you experienced withdrawal symptoms?

Yes No

5. Tolerance: Have you built up tolerance to the substance so that you have to use more to get the same effect?

Yes No

6. Used larger amounts/longer: Have you started to use larger amounts or use substances for longer amounts of time?

Yes No

7. Repeated attempts to control use or quit:

Have you tried to cut back or quit entirely, but haven't been successful?

Yes No

8. Much time spent using: Have you spent a lot of your time using the substance?

Yes No

9. Physical or psychological problems related to use: Has your substance use led to a physical health problem, such as liver damage or lung cancer, or psychological issues, such as depression or anxiety?

Yes No

10. Activities given up to use: Have you skipped activities or stopped doing activities you once enjoyed in order to use the substance?

Yes No

11. Craving: Have you experienced cravings for the substance?

Yes No

Add up all of the questions you answered yes to rank Mild-Severe below.

Substance use:

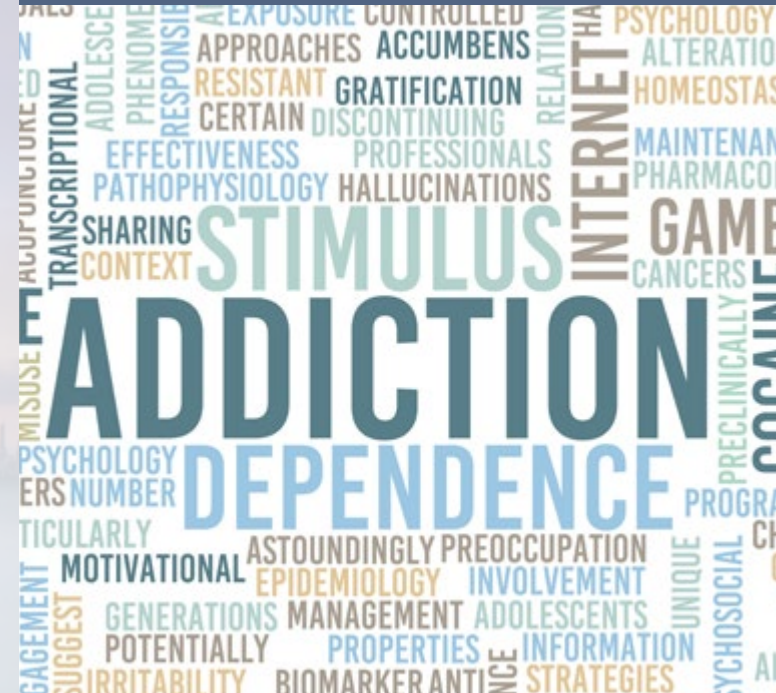
Alcohol Opioids BZD
ATS Cannabis

Number of symptoms:

Mild 2 – 3 symptoms
Moderate 4 – 5 symptoms
Severe 6 + symptoms

NEW SERVICE
COMMUNITY WITHDRAWAL PROGRAM

(DETOX AT HOME)



- Comprehensive assessment
- Daily appointments (Monday - Friday)
- Home visits as required
- Follow up treatment and referral
- Relapse prevention via the provision of AOD counselling
- Can work in partnership with your GP

www.quihn.org



ARE YOU WORRIED ABOUT HOW MUCH ALCOHOL, CANNABIS, OPIOIDS, BENZODIAZEPINES, OR AMPHETAMINES YOU USE?

QuiHN alcohol and other drugs (AOD) service has expanded the range of services it provides within the Gold Coast to include the specialist Community Withdrawal Program.

The Community Withdrawal Program aims to provide a comprehensive treatment and support service for people with AOD related problems who would not access or require inpatient withdrawal.

Through our nurse practitioner led community withdrawal program (detox at home) based in Burleigh Heads, we can support individuals to withdraw from a range of substances in the privacy of their own homes. AOD withdrawal in the community setting enables people to withdraw in their local environment with the support of specialist AOD clinical staff, family and support persons.

The Community Withdrawal Program offers:

- comprehensive assessment as part of the withdrawal plan
- daily appointments (Monday - Friday)
- home visits as required
- follow up treatment and referral
- relapse prevention via the provision of AOD counselling
- and can include working in partnership with your general practitioner

WHO CAN REFER?

GP practices, AOD services, emergency departments, other health professionals, child protection agencies, NGOs, Aboriginal health services or people can also self refer

ELIGIBILITY TO ACCESS THE PROGRAM

In order to participate in this program people must:

- be 18 years of age and over
- have a sensible / reliable support person available to stay with patient and support/ supervise for at least 3 – 4 days (dependent on substance)
- be in stable housing
- not be pregnant
- have no history of alcohol related seizures
- have stable mental health and general health

Any other criteria required to access the Community Withdrawal Program will be explained in detail following an intake assessment.

SUBSTANCE CRITERIA

- Alcohol - Drinks no more than 25 standard drinks per day.
- Benzos – Ingests no more than 40mg diazepam equivalent per day
- Cannabis – Smokes no more than 20 cones per day
- Opioids – consultation is required
- Amphetamine Type Stimulants (ICE, Cocaine) - using no more than 1gr daily.

The Community Withdrawal Program is particularly sensitive to the needs of special groups such as women and people who identify as indigenous, culturally and linguistically diverse, LGBTIQ, elderly, disabled and people with concerns about their privacy.

CONTACT US

For further information on the specialist AOD community withdrawal program, or to discuss support options contact QuiHN at:

Phone: 07 5520 7900 **Fax:** 07 3854 1070

Email: admin.cwp@quihn.org

Web: www.quihn.org

Address: Shop 12/89-99 West Burleigh Road, Burleigh Heads QLD 4220

Opening Hours: 9:00am - 5:00pm Monday – Friday (excl. Public Holidays)

It is useful to complete the screening tool (overleaf), to determine if you are suitable for referral to the program.

The program is supported by Gold Coast Primary Health Network.

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GOLD COAST

An Australian Government Initiative

