

# How to do Advance care planning

## A QUICK GUIDE FOR HEALTH PROFESSIONALS

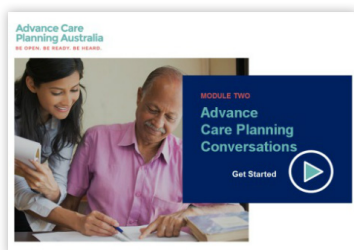


Advance care planning should be a routine part of clinical practice, but it can be challenging to know where to start. This quick guide for health professionals identifies resources to assist you to support the people you care for to plan for their future health care.



Advance Care Planning Australia is a core program providing nationally relevant information to support learning about advance care planning. *What is Advance Care Planning? A factsheet for healthcare professionals* provides essential information about the practical implementation of advance care planning.

➔ [What is Advance Care Planning? A factsheet for healthcare professionals](#)



Advance Care Planning Australia's free Advance Care Planning Conversations eLearning module explores how health professionals and care workers can initiate advance care planning discussions. Topics include: roles in advance care planning, opportunities and barriers, preparing for a discussion and resources for documenting conversations.

➔ [Advance Care Planning Conversations eLearning module](#)

### Starting a conversation with patients

Advance Care Planning Australia  
BE CALM. BE READY. BE HEARD.

The *Starting a conversation with patients* video from Advance Care Planning Australia explains when and how to start an advance care planning conversation with the people you care for.

➔ [Starting a conversation with patients](#)

**ELLC** End of Life Law for Clinicians

End of Life Law for Clinicians' free online training modules for medical practitioners, medical students, nurses and allied health professionals discusses the law on Advance Care Directives, capacity and consent to medical treatment, substitute decision-making, and other topics.

➔ [End of Life Law for Clinicians' online training modules](#)



The *End of Life Law in Australia* website provides information about the law on Advance Care Directives and substitute decision-making in all Australian States and Territories.

→ [End of Life Law in Australia](#)



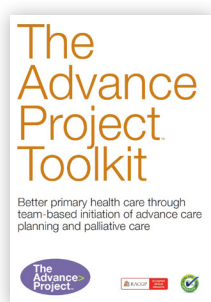
Filmed on Groote Eylandt, Palliative Care Australia's *Discussing Choices – Indigenous Advance Care Plans – A Learning Resource* is a culturally safe and practical video for health professionals and Aboriginal and community workers on how to support and complete advance care plans for end of life care in Indigenous communities. It also outlines the importance and benefits of planning for Aboriginal and Torres Strait Islander people.

→ [Discussing Choices: Indigenous Advance Care Plans – A Learning Resource](#)



*The Advance Project: Quick guide for introducing advance care planning in routine consultations in General Practice* supports GPs and other health professionals to initiate conversations about advance care planning. To access this resource register for The Advance Project.

→ [The Advance Project: Quick guide for introducing advance care planning in routine consultations in General Practice](#)



*The Advance Care Planning screening interview tool* is a step-by-step guide, with exemplar questions and prompts, for nurses and other health professionals for initiating conversations about advance care planning. There is an electronic version that can be incorporated into general practice software and used as a record of the initial advance care planning conversation. To access this and other advance care planning resources and training register for The Advance Project.

→ [The Advance Care Planning screening interview tool](#)