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INFORMATION SHEET

Study Title: Behaviour Change by General Practitioners with Vulnerable Populations

Griffith University Ethics Approval Number: 2021/780

Research Coordinators:

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Griffith University
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Why is the study being conducted?

Supporting patients to work towards behaviour change is a key function of general practice. General practice is a setting with powerful reach and potential impact for communities. In 2020, GPs reported a surge in the number of patients presenting with preventive issues from 18% of consultations in 2019 to 56% during 2020, likely influenced by the COVID pandemic. This emphasises the critical need for high quality, evidence-based behaviour change support in general practice. A highly skilled general practice workforce is essential for our healthcare system.

This project aims to conduct an environmental scan to identify behaviour change strategies have been used by GPs working with vulnerable patient populations. Vulnerable patient populations include First nations/Indigenous, low-income, homeless, refugee, culturally and linguistically diverse people. The environmental scan will involve a brief survey of primary health care professionals, and those working in general practice-facing organisations such as Primary Health Networks or the Royal Australian College of General Practitioners.

The findings of this environmental scan will be used to inform the development of an online, interprofessional, learning support platform for GPs and practice nurses that has been co-designed with clinicians, behaviour change experts and consumers. This interprofessional platform will ensure clinicians are inspired and have confidence in their ability to deliver appropriate, evidence-based support for patients to improve their nutrition and physical activity status.

Who can participate?

We are seeking to survey those with knowledge of behaviour change tools used in general practice. This can be but are not limited to primary health care professionals, and those working

in general practice-facing organisations such as Primary Health Networks or the Royal Australian College of General Practitioners.

What you will be asked to do:

Participation in this study will involve a brief (approximately 15 minute) online survey via Limesurvey. Survey questions will commence with questions about behaviour change tools and your views on the design of a new behaviour change tool, then you will be asked basic demographic questions about you (e.g. current occupation and experience).

What's in it for me?

All participation is voluntary. Your responses are valuable in informing the development of a behaviour change tool for GPs with vulnerable populations.

The expected benefits of the research:

This research is expected to add to the existing body of literature regarding behaviour change interventions by GPs with vulnerable populations.

Risks to you:

There are minimal risks to you. All data is confidential and will be de-identified and coded so that your anonymity is protected.

Participation in this research is voluntary:

Participants are free to withdraw from the study at any time without penalty in any form.

Where will the research study be conducted?

Participants will be able to choose where they complete the online survey.

What will happen to the data collected in this study?

All data collected will be de-identified and stored electronically on password protected computers using the Griffith University Research Storage Platform. This data will only be accessible by the researchers of analysing results and producing research papers. Data will be stored for 5 years; upon completion of this period the data will be destroyed. The data collected will be disseminated via peer-reviewed journal article publication and/or conference presentations. All participants can access a summary of results by request via email to the lead researcher upon the conclusion of the study.

Conflict of Interest Disclosures:

All authors declare no relevant conflicts of interest.

What if I want to make a complaint?

Griffith University conducts research in accordance with the *National Statement on Ethical Conduct in Human Research*. If potential participants have any concerns or complaints about the ethical conduct of the research project, they should contact the Senior Manager, Research Ethics and Integrity on 3735 4375 or research-ethics@griffith.edu.au.

Legal Privacy Statement

The conduct of this research involves the collection, access and / or use of your identified personal information. The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. A de-identified copy of this data may be used for other research purposes. However, your anonymity will at all times be safeguarded. For further information consult the University's Privacy Plan at <http://www.griffith.edu.au/about-griffith/plans-publications/griffith-university-privacy-plan> or telephone (07) 3735 4375.

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