

The Clinicians Hub: identifying, preventing, managing, and treating childhood overweight and obesity

Exploring the acceptability and feasibility of the Clinicians Hub

Telephone/Zoom Information Sheet

Who is conducting the research?

Associate Professor Lauren Ball

NHMRC Fellow; Menzies Health Institute- Centre for Health Practise Innovation

Contact Phone: 0413031470 Contact Email: l.ball@griffith.edu.au

Ruby Marusic (Student Investigator)

Bachelor of Nutrition & Dietetics Honours Student (Griffith University)

Contact Email: ruby.marusic@griffithuni.edu.au

The basis by which participants will be selected or screened

We are seeking Queensland based general practitioners (GPs) and nurse practitioners (NPs) working in primary care who provide childhood obesity prevention and management care to children and families. We are interested in finding out about your experience (if any) with Clinicians Hub, and what tools you find most useful in weight management consults.

Why is the research being done?

Approximately 25% of children in Queensland are either overweight or obese, and it is recognised that earlier treatment and management is key to preventing this from increasing further.. Primary care has been identified as an important setting for obesity prevention and management.

Health and WELLbeing Queensland – brief sentence explaining what HWQ is.

HWQld launched a Clinicians Hub (Health and Wellbeing Queensland) in 2020 - an online platform to support primary health care professionals with clinical tools, resources, and training to raise the issue of,, identify, prevent, and manage childhood obesity with confidence and impact.

Two years later, HWQld want to further explore how an online platform like Clinicians Hub can assist in paediatric weight management., This study seeks your (?)views on the different types of tools and resources that are required to create a Clinicians Hub that is the 'go to' location in preventing and managing childhood obesity in primary care. Information and results will be presented in the student researcher's honour dissertation (academic thesis) being conducted as part requirement for the Bachelor of Nutrition and Dietetics with Honours Degree at Griffith University.

What you will be asked to do

If you agree to participate, we will request a suitable time where we can conduct a virtual (zoom/teams) interview (approximately 20 minutes).

The interview includes a variety of questions that aim to gain insight from primary health care providers (GPs and NPs), regarding use (specifically, feasibility and acceptability) of the Clinicians Hub or other online options when addressing childhood obesity with children and families.

Interviews will be recorded and transcribed; however, participant's responses may be edited or erased upon request.

The expected benefits of the research

Your involvement in the research will contribute to a greater understanding of the effectiveness of online tools, such as the Clinicians Hub in supporting primary health in weight management. By participating in the interview, you will be able to enter a prize draw to win one of ten (10) \$100 Coles/Myer vouchers*. Information and results may be disseminated via journal articles and/or conference presentations. Results will be available to participants upon email request.
*please see terms and conditions listed below

Risks to you

There are no foreseeable risks associated with participation in this research. Should you feel uncomfortable answering any of the questions included in the interview, or for any other reasons, you are free to withdraw from this research at any time.

Your confidentiality

Participant ID numbers will be used to identify recorded interview responses. Only the researchers who are conducting the research will be able to access the master list to link the participant ID numbers to the GPs and NPs. Results from the recording will be presented at a group level and data in a de-identified format. As per Griffith University requirements, all research data (recorded interview responses and analysis) will be retained in a password protected electronic file at Griffith University for a period of five years from the date of the final publication before being destroyed. All electronic data will be saved to Griffith University's Research Storage Services (<https://research-storage.griffith.edu.au/>).

Your participation is voluntary

Participation in this research is completely your choice. You are free to withdraw from the study at any time without a reason. Individual pieces of information or responses may be removed from the study upon request. Verbal consent* will be obtained prior to the interview process. *Please see under the heading "Expressing consent" for more information.

Questions / further information

If you would like additional information regarding the project, please contact the Senior Investigator, Associate Professor Lauren Ball; 0413031470; Contact Email: l.ball@griffith.edu.au

The ethical conduct of this research

This research has been approved (GU ref no: 2022/131) by the Griffith University Human Research Ethics Committee (Protocol Number 2016/772). Griffith University conducts research in accordance with the National Statement on Ethical Conduct in Human Research. If you have any concerns or complaints about the ethical conduct of this research project, you are encouraged to contact the Manager, Research Ethics on 07 3735 4375 or research-ethics@griffith.edu.au.

Feedback to you

- A summary of the aggregated results of the study (i.e., plain language summary) can be made available on email request. Please contact Associate Professor Lauren Ball; 0413031470; Contact Email: l.ball@griffith.edu.au

Expressing consent

Please keep a copy of this sheet for future reference. Verbal consent will be obtained prior to the interview via providing participants with this written participant information sheet that contains the participant consent statement*. Participants will either confirm to have read this statement or will have this statement read to them prior to interview. Consent will be recorded in study notes "On [date] at [time] Participant X read/ had read to him/her the participant information/verbal consent script, confirmed they understood the nature of the research and their participation, and agreed to proceed with the interview.

*Please see Participant Consent Statement

Privacy statement

The conduct of this research involves the collection, access, storage and/or use of your identified personal information. The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. A de-identified copy of this data may be used for other research purposes, including publishing openly (e.g. in an open access repository). However, your anonymity will at all times be safeguarded. For further information consult the University's Privacy Plan at <http://www.griffith.edu.au/about-griffith/plans-publications/griffith-university-privacy-plan> or telephone (07) 3735 4375.

Participant Consent Statement

This research has been approved (GU ref no: 2022/131) by the Griffith University Human Research Ethics Committee (Protocol Number 2016/772)

Participants will be asked to confirm that: "By agreeing to participate, you will be confirming that:

- You understand what participation in this research entails [one on one semi-structured interviews];
- You have had any questions answered to your satisfaction;
- You understand that if you have any additional questions you can contact the research team;
- You understand that your participation is voluntary and that you are free to withdraw at any time, without explanation or penalty; and
- You understand that you can contact the Manager, Research Ethics, at Griffith University Human Research Ethics Committee on 3735 4375 (or research-ethics@griffith.edu.au) if you have any concerns about the ethical conduct of the project."

Prize Draw Terms and Conditions

All participants involved in this study between 01/03/2022 and 01/06/2022 will have the option of participating in a prize to win one (1) of ten (10) prizes drawn:

- \$100 gift card from Coles/Myer (ten vouchers in the prize draw)

Those who enter the prize draw will be asked to provide their contact details. The prizes will be drawn at random? (/how) on 01/07/2022 and the prize winners will be contacted via email.

Terms and conditions

1. The prize draw is being run by Associate Professor Lauren Ball and Ruby Marusic of Griffith University to encourage participation in our research into exploring the perceptions of GPs and PNs with identifying, managing and treating childhood obesity.
2. By electing to participate, you accept these terms and conditions as governing the prize draw. Instructions on how to enter the prize draw and details advertising the survey form part of the conditions. Any personal information you provide to us in the course of entering the prize draw will be dealt with by us in accordance with our privacy policy (published at: <http://www.Griffith University.edu.au/aboutGriffith University/governance/planspublications/Griffith University-university-privacyplan>).
3. Ten (10) prizes will be awarded in the prize draw, each prize being a Coles/Myer voucher and being worth \$100. Should the advertised prize become unavailable as a result of circumstances beyond our control, we are free (at our sole discretion) to substitute a cash prize equivalent to the value of the prize advertised.
4. Entry is free. Entry is open between 01/03/2022 and 01/06/2022. Entries received after the closing date will not be accepted.
5. To enter the prize draw, you must: (a) be over the age of 18; (b) complete the survey; and (c) provide a valid postal address or email address.
6. You may not enter the prize draw if you are an employee of ours or an immediate family member of an employee of ours or otherwise associated with the competition
7. You may only submit one entry in the prize draw.
8. All survey and other materials provided by you become our property. No responsibility is taken for late, lost or misdirected surveys or entries.
9. Following the closing date, the prize winners will be selected randomly from valid entries received. Each entry can only be drawn once.
10. Subject to system malfunction, the draw will occur on 01/07/2022. If the systems supporting the draw are not functioning as they should when the draw is due, the draw will be held as soon as possible once the systems become functional again. Prize winners do not need to be present at the time of the draw.
11. Prize winner names will not be published.
12. The relevant prize will be sent to each prize winner at the postal or email address nominated by the prize winner. If an address has not been supplied, the entry will be treated in accordance with clause 14. The majority of prizes will be mailed within two weeks of the draw.
13. The right to a prize is not transferable or assignable to another person.
14. If any prize winner cannot be contacted within three (3) months of the draw, then that person's right to the prize is forfeited and the prize will be treated as an unclaimed prize.

15. Only one redraw of unclaimed prizes will take place, and other existing prizes are not affected. The redraw prize winner(s) will be randomly selected from remaining valid entries and notified within two (2) weeks of the redraw. If the redraw prize winner(s) cannot be contacted within three (3) months of the redraw, then we may determine that the relevant prize(s) will not be awarded.
16. Prizes cannot be substituted for another prize at the election of the prize-winner.
17. We are not liable for any loss, expense, damage or injury sustained by any entrant in connection with this prize draw, the prize or redemption of the prize, except for any liability which cannot be excluded by law (in which case, that liability is limited to the minimum allowable by law).
18. We may suspend the promotion if we determine that the integrity or administration of the promotion has been adversely affected due to circumstances beyond its control. We may disqualify any individual who tampers with the entry process.