## COMMISSIONED SERVICES CHRISTMAS CLOSURE INFORMATION 2022



An Australian Government Initiative

If you require urgent support during this holiday period, the following services are available:

**Emergency Services – 000** Call 000 if you are in an emergency, or at immediate risk of harm to yourself or others. **Lifeline – 13 11 14** 24/7 crisis support & suicide prevention services.

Get Help home - Lifeline Australia

**Gold Coast Mental Health – 1300 642 255** 24/7 Acute Care Team for the Gold Coast Community. Acute Care Team (1300 MH CALL) | Gold Coast Health

Suicide Call Back Service – 1300 659 467 24/7 confidential and free phone and online counselling and support.

Phone and Online Counselling | Suicide Call Back Service

**Beyond Blue – 1300 22 4636** 24/7 confidential and free phone and online counselling and support.

Get mental health support - Beyond Blue

**Kids Helpline – 1800 55 1800** 24/7 free support service specifically for children and young people aged 5 to 25 years, offering confidential and private counselling and mental health and wellbeing information and referrals. <u>Kids Helpline | Phone Counselling Service | 1800 55 1800</u>

Alcohol & Drug Information Service (ADIS) – 1800 177 833 24/7 confidential, anonymous, and free support and information. Adis QLD Homepage | ADIS (health.gld.gov.au)

**DV Connect Womensline – 1800 811 811** 24/7 confidential and free crisis support and counselling, refuge referral, and safety planning for women experiencing Domestic & Family Violence

**DV Connect Mensline – 1800 600 636** 9am until midnight, 7 days a week, free and confidential counselling, referral and information support for men.

Other helpful services & resources:

**Head to Health** – *if you would like to access mental health support, including apps, online programs, online forums, and phone support, as well as a range of digital information resources, you can visit:* <u>Home | Head to Health</u>

You can call Head to Health on 1800 595 212 Monday – Friday 8:30am – 5pm\*\*Please note the phone service is not available on Public Holidays and is not a crisis service.

National Service Directory – Find a health service | healthdirect

MENTAL HEALTH			
PSYCHOLOGICAL SERVICE PROVIDERS	CLOSURE DATE	OPENING DATE	NOTES
Accelerate Health	TBA	ТВА	
Body Mind Soul Clinic	22/12/2022	09/01/2023	
CBT Professionals	23/12/2022	03/01/2023	
Compass Health	23/12/2022	16/01/2023	
Compassion Services	22/12/2022	05/01/2023	Re-opening 05/01/23 with skeleton staff (1 x practitioner only).
Dr Ashley Van Houten	TBA	ТВА	
Drop of Life	23/12/2022	03/01/2023	
headspace Southport & Upper Coomera	23/12/2022	03/01/2023	22 <sup>nd</sup> December is last full business day. Will be closing at 12pm on 23 <sup>rd</sup> December.
Impact Counselling	22/12/2022	09/01/2023	
Kids Incorporated	16/12/2022	16/01/2023	
Kidz Time In	15/12/2022	06/02/2023	
Lives Lived Well Specialist Centre	23/12/2022	03/01/2023	
Louise Couper	22/12/2022	09/01/2023	Will not be available for any new clients during closure period.

Paul Matsukis		23/12/2022	03/01/2023			
PRA Psychology		23/12/2022	03/01/2023			
SKM Psychology		21/12/2022	09/01/2023			
Subhadra Rani Putta		22/12/2022	4/01/2023			
The Shrink Company		21/12/2022	03/01/2023			
The Therapy Spot		23/12/2022	10/01/2023			
OTHER SERVICE PROVIDERS	PROGRAM	CLOSURE DATE	OPENING DATE	NOTES		
Change Futures	Psychological	24/12/2022	09/01/2023	Closed on 24 <sup>th</sup> of		
	Services in	2 1/ 12/ 2022	00,01,2020	December to 9 <sup>th</sup> January		
	Residential Aged Care			(inclusive).		
	Facilities					
CURA Community Services	Community Pathway					
	Connector	ONLY CLOSED PUBLIC HOLIDAYS				
Kalwun	Social Health	24/12/2022	02/01/2023	Closed 24 <sup>th</sup> of December		
	Program & Integrated	_ ',,		to 2 <sup>nd</sup> January (inclusive).		
	Team Care					
Krurungal	Community Pathway	ТВА	ТВА			
	Connector					
Primary & Community Care	Head to Health	PCCS services includi	ng, Clinical Care (Plus S	ocial), Psychosocial, New		
Services (PCCS)	Psychosocial			ecember 2022. Head to		
	After Hours Safe	Health and PCCS site	will have skeleton staf	f on site (x2) and will still		
	Space Mermaid	operate.				
	Beach					
	After Hours Safe	<ul> <li>Both Safe Spaces (Mermaid Beach and Southport) will be closed on the following Public Holidays:</li> <li>25/12/2022</li> <li>26/12/2022</li> <li>01/01/2023</li> <li>02/01/2023</li> </ul>				
	Space Southport					
	NewAccess					
	Clinical Care (Plus					
	Social)					
	Socialy	• 02/01/2023				
		Southport Safe Space only will be open on 24/12/2022 and				
			osed on these 2 dates.			
Lives Lived Well	headspace Early	23/12/2022	03/01/2023	22 <sup>nd</sup> December is last full		
	Psychosis Program			business day. Will be		
				closing at 12pm on 23 <sup>rd</sup>		
				December.		
				Mobile Assessment		
				Treatment Team (MATT) will be on call every day		
				except Christmas Day		
				(25/12/2022).		
Lives Lived Well	Lighthouse Youth	23/12/2022	03/01/2023	22 <sup>nd</sup> December is last full		
	Enhanced		-	business day. Will be		
				closing at 12pm on 23 <sup>rd</sup>		
				December.		
Wesley Mission QLD	The Way Back	ONLY CLOSED PUBLIC HOLIDAYS holidays		Only closed on public		
	Program			holidays (Christmas Day and Boxing Day).		
				anu duxing Day).		
Wesley Mission QLD	Community Suicide			Only closed on public		
Prevention Program		ONLY CLOSED PUBLIC HOLIDAYS		holidays (Christmas Day		
	rievention riogiani			and Boxing Day).		
LGBTQIAP+						
Wesley Mission QLD	Expanded Horizons	23/12/2022	08/01/2023	23 <sup>rd</sup> December 2022 to 8 <sup>th</sup>		
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ALCOHOL & OTHER DRUGS				
SERVICE PROVIDER	PROGRAM	CLOSURE DATE	OPENING DATE	NOTES
Lives Lived Well	Community Based Treatment and Support (including Afterhours)	23/12/2022	03/01/2023	Community services programs and Specialist Centre will be closed from Friday 23 <sup>rd</sup> December and reopening 3 <sup>rd</sup> January.

Lives Lived Well Mirikai	Residential Program	SEE NOTES		Residential services will be operating as usual; however, admissions will cease from 21 <sup>st</sup> December and will re-commence on the 4 <sup>th</sup> of January.
QuIHN	Therapeutic Services	24/12/2022	03/01/2023	
QuIHN	Needle and Syringe Programs (NSPs)	24/12/2022	03/01/2023	NSPs in Southport and Burleigh Heads will be open between the hours of 10 am – 2pm on the 28 <sup>th</sup> , 29 <sup>th</sup> and 30 <sup>th</sup> of December.

CHRONIC DISEASE				
SERVICE PROVIDER	PROGRAM	CLOSURE DATE	OPENING DATE	NOTES
Painwise	Turning Pain into Gain	16/12/2022	16/01/2023	
Bundall Medical Centre	Chronic and Complex Wound Clinic	SEE NOTES		No new referrals from 21 <sup>st</sup> December 2022 to 9 <sup>th</sup> January 2023. Existing patients will be supported over the Christmas period within the clinic's operating hours.