

GCPHN Special Projects: Aged Care - Dementia Consumer Pathway Resource

The Royal Commission into Aged Care Quality and Safety specifically recommended better access to information and advice on dementia, and support services available in the community. GCPHN aim to increase the uptake of services and support following a dementia diagnosis, and to enhance ongoing care and support that is provided to people living with dementia.

The Dementia Consumer Pathway Resource provides a directory of local dementia supports and services, as well as other useful information to support people with dementia and their families and carers. CAC members were presented with the latest draft of the Dementia Consumer Pathway Resource and asked to provide feedback.



100%
of CAC members

agreed or strongly agreed that the Dementia Consumer Pathway Resource is useful.

Headings recommended for the Dementia Consumer Pathway Resource:

Help at Home

61%
of CAC members
strongly agreed

31%
of CAC members
agreed

8%
of CAC members
were neutral

Dementia Services

61%
of CAC members
strongly agreed

31%
of CAC members
agreed

8%
of CAC members
were neutral

Respite Care Services

54%
of CAC members
strongly agreed

15%
of CAC members
agreed

23%
of CAC members
were neutral

8%
of CAC members
strongly disagreed

Carer Support

61%
of CAC members
strongly agreed

31%
of CAC members
agreed

8%
of CAC members
were neutral



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Is there any other key information that should be included or linked?

What is dementia, and how does the disease progress?

Dementia specific funding for home care package recipients.

What resources are available to help me live at home alone?

Carer NDIS resources.

Cultural resources.



Are there any supports or services that you've used or want us to know about?

Meals on Wheels

Natural wellbeing resources

Office of the Public Guardian

Dementia ID card

YouTube videos



What questions might you have if you were newly diagnosed?

Can I still live at home and drive?

Will Medicare cover the treatment costs?

Is there anything available to delay my dementia?

Will I lose all my memories?

What first steps should I take?



Which questions are the most important to ask your doctor?

Are my children more likely to get dementia?

Are there any medications?

How quickly will the disease progress?

What should I stop doing?



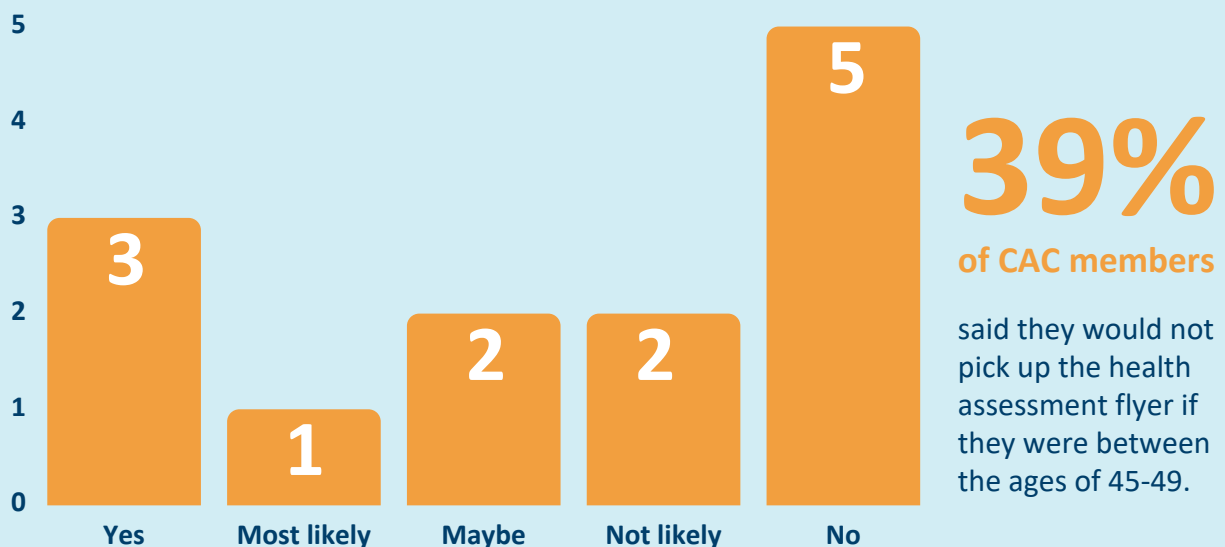
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Health Assessment Flyer for 45-49 year olds

The 45-49-year-old Health Assessment is for a patient identified with a specific risk factor by a medical practitioner. A health assessment at this age can assist patients to make necessary lifestyle changes to prevent or delay the onset of chronic disease.

CAC members were presented with the 45-49-year-old Health Assessment flyer and asked to provide feedback.



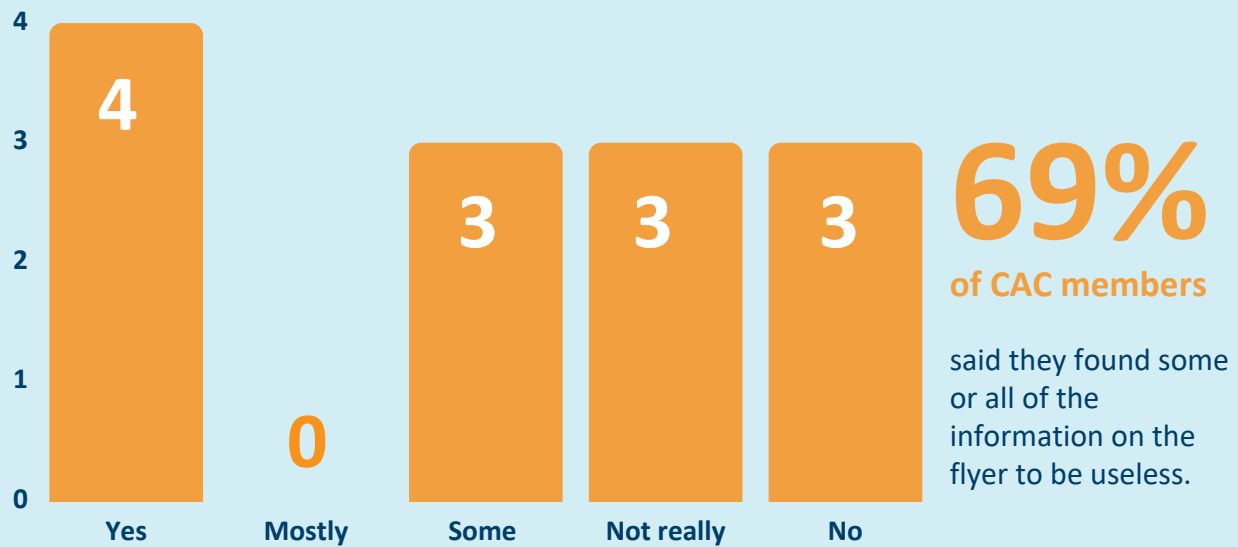
Potential barriers to uptake of health assessments:



- Time taken to complete the health assessment.
- Coordination of GPs and nurses to deliver health assessments.
- Any out-of-pocket expenses.
- Where can you book a health assessment?
- What is involved in a health assessment?
- "Feel fit and healthy, why would I need a health assessment?"

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Suggested inclusions to the 45-49 Health Assessment flyer:

- Even if you feel fit and healthy, you should still see your doctor.
- Factual statements e.g., 1 in 7 women are diagnosed with breast cancer in their lifetime.
- Direction on how to book a Health Assessment.

Suggested distribution:

- Deliver to homes
- Pharmacies
- Employee Access programs
- Public toilets
- Gyms
- Sporting clubs
- Social media



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