

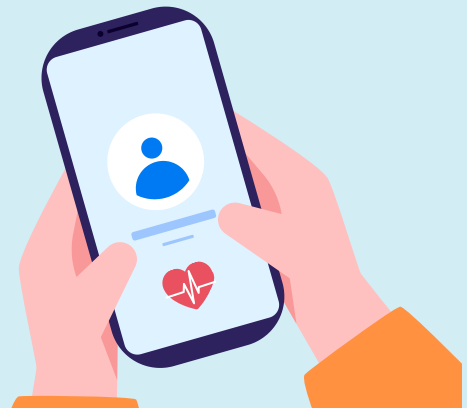
## GCPHN Primary Health Care and Digital Health: 'my health' app

'my health' is an application which can be used to access key health information in My Health Record. You can install and use the 'my health' app on a mobile device wherever you have an internet connection. Linked to My Health Record, the 'my health' app allows document downloads and sharing of health information from your mobile device.

CAC members were presented with the 'my health' app and asked to review.



**Out of nine CAC members, eight agreed they would use the 'my health' app.**



**"The layout is easy to navigate, I can access the records I need when I need them. I like how it includes children under 14 on the parent page, too."**

**"It was very simple to download and access on my phone to take with me to the doctor or hospital in an emergency."**

**"I like the full list of previous visits!"**



### Potential improvements for the 'my health' app:

- Search by keyword function.
- Additional tab stating long term medical conditions such as diabetes or dementia.
- Self-management of personal or health information such as restricting or releasing information to certain healthcare providers.
- Allowing minor customizations to be updated by the user.
- Development to integrate the app with appointments and send push notifications.
- Set personalised health goals with push notifications.



### Strengthening Medicare: Voluntary Patient Registration

Voluntary patient registration establishes a formal relationship between the patient and their usual GP or Practice. It provides a basis for shared goals and outcomes and is a framework for funding reform that rewards continuity of care (such as chronic disease GP management plans and health assessments).

#### Potential disadvantages:

- Less timely access to care.
- May not be bulk billed.
- Does not consider the transient population such as seasonal workers, nomads or holiday makers.
- Not able to see multiple doctors.
- Some consumers may not have a regular GP.

#### Potential benefits:

- Management of chronic conditions.
- Encourage consumers to form a relationship with their GP or practice.
- Improved follow up care.
- Provide assistance to those who struggle with self-accountability and health management.

