

GOLD COAST RECOVERY & RESILIENCE

2023

Training Program



Do you work with disaster impacted community members?

Would knowing more about the Qld Disaster Management Arrangements and local recovery processes and procedures help you do your job better?

Would you like to learn skills to support yourself so you can always be the best you?

Are you keen to learn of resources available to help you support adults and children through recovery and build resilience?

Are you interested in upskilling, diversifying, networking, peer support opportunities?

Info & Register

25 AUGUST

9:00AM - 12:00PM

David Younger - Managing stress, trauma exposure & burnout: Promoting selfcare & wellbeing

21 SEPTEMBER

9:15-12:30PM

Mark Leyson - Moral injury & psychosocial hazards in a disaster recovery setting

4 OCTOBER

8:30AM-4:00PM

Intro to Disaster Recovery & Resilience

2 NOVEMBER

9:30AM-12:30PM

Supporting Recovery for Children - Birdie's Tree

5 DECEMBER

8:15AM-12:30PM

Red Cross Psychological First Aid

A collaborative program facilitated by Gold Coast Health, City of Gold Coast, PHN, & Dept of Communities to provide education & support to Recovery & Resilience staff working with disaster impacted communities.



Australian Government Queensland Government



Gold Coast Health
always care

CITY OF
GOLDCOAST.

phn
GOLD COAST

An Australian Government Initiative

Assistance provided through the jointly funded Commonwealth-State Disaster Recovery Funding Arrangements (DRFA).