Your health – do you know where to go?

The right place to go for care can depend on your condition and the level of care you need.

Primary Care

This is your regular, trusted doctor.

Visit primary care for:

- All non-life threatening health needs that can wait to be seen
- Any noticeable changes in your general health and wellbeing, including your mental health
- Annual exams, screenings and health checks
- Immunisations
- Earaches, coughs, colds, fevers and diarrhoea
- Prenatal care
- Chronic disease management
- Muscle and joint pains

Contact your GP

Urgent Care

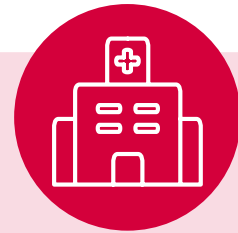**Bulk-billed treatment for urgent conditions that aren't life threatening.**

medicare
Urgent Care Clinic

Visit an urgent care service for:

- Minor infections
- Minor fractures, sprains and sports injuries
- Back and neck pain
- Pain when urinating (UTIs)
- Stitches and glue for minor cuts
- Insect bites and rashes
- Minor eye and ear problems
- Symptoms of respiratory illness, such as fever, cough, runny nose, sneezing, sore throat, headache or muscle ache
- Symptoms of gastroenteritis, such as diarrhoea, vomiting, nausea or fever
- Mild burns

Visit an Urgent Care Clinic

Emergency Care

Emergency departments should be reserved for situations that could result in loss of life or limb if not treated immediately.

Seek Emergency care for:

- Severe allergic reaction (Anaphylaxis)
- Chest pain
- Warning signs of stroke, including altered sensation in face, arms and legs
- Severe bleeding or bleeding that doesn't stop
- Severe shortness of breath
- Serious vehicle or industrial accidents
- Poisoning
- Complicated bone fractures
- Major illness
- Head injuries with loss of consciousness
- Suicide attempts or thoughts

Go to nearest ED or call 000