

Annual Gold Coast Mental Health Symposium 2024

Wednesday 30 May Southport Sharks, 9:00am – 4:30 pm

AGENDA		Speaker
1.1 9:00 am 10 min	Welcome to Country and Opening	Yugambeh Region Aboriginal Corporation Alliance (YRACA)
1.2 9:10 am 10 min	Regional Suicide Prevention Initiatives Highlights	Suicide Prevention implementation Group - including lived experience representatives
1.3 9:20 am 60 min	Recent Highlights - Joint Regional Plan Journey, including Bilateral and Better Care Together Innovations <ul style="list-style-type: none"> • Universal Aftercare • Head to Health Kids – Queensland Gold Coast • Supporting Minds – Children in Care • Mental Health – Hospital in the Home 	Wesley Mission QLD Gold Coast Hospital & Health Service Kalwun Gold Coast Hospital & Health Service
2. Morning Tea 10:20-10:50 am (30 min)		
3.1 10:50 am 10 min	Next Steps on the Joint Regional Plan Journey	Malcolm McCann, <i>Executive Director – Gold Coast Mental Health and Specialist Service</i> Matt Carrodus, <i>CEO – Gold Coast Primary Health Network</i>
3.2 11:00 am 60 min	Innovation in consumer experience <ul style="list-style-type: none"> • Enhancing Consumer Experience through Digital Innovation in Mental Health and Substance Use Services. • Innovation Hub: Using consumer feedback to inform service innovation for children in mental distress. • Evolution of program design over time; utilisation of consumer feedback; consumer focus group feedback; active learning approach, consumer experiences to shape different ways of doing things. 	Lives Lived Well Wesley Mission Queensland Goldbridge

<p>3.2 12:00 pm 30 min</p>	<p>What are the needs in our region?</p> <ul style="list-style-type: none"> • Table discussions – What do consumers want <ul style="list-style-type: none"> ○ Regional consumer needs ○ How organisations are capturing consumer experience ○ Creating a culture to turn feedback into practice • Overview and opportunity for input into Regional Needs Assessment Findings: CALD, homelessness, youth, AOD etc 	<p>GCPHN & GCH Planning Teams</p>
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4. Lunch 12:30-1:10 pm (40mins)

<p>5.1 1:10 15 min</p>	<p>Gold Coast Community Models – Preparing for the Future</p> <ul style="list-style-type: none"> • Future Workforce • Future Service Models and New Investment 	<p>Gold Coast Hospital & Health Service & Gold Coast PHN</p>
<p>5.2 1:25pm 80 min</p>	<p>Innovative models across stepped care</p> <ul style="list-style-type: none"> • QLD Alliance of Mental Health (QAMH) - Wellbeing First • Social Prescribing – futureproofing and enhancing services • headspace in-reach – improving transitions across tertiary and primary care services 	<p>Jennifer Black, <i>CEO – QAMH</i></p> <p>JR Baker, <i>CEO – Australian Social Prescribing Institute of Research and Education (ASPIRE)</i></p> <p><i>Lives Lived Well (headspace) and Gold Coast Hospital and Health Service</i></p>

6. Afternoon Tea 2:40 – 3:00 (20 min)

<p>6.1 3:00-4:00 60 min</p>	<p>Co-design, key components of new local community models</p> <ul style="list-style-type: none"> • Table discussions <ul style="list-style-type: none"> ○ Reimagining our approach to mental fitness for consumers ○ Enablers: workforce, transition of care, partnerships 	<p>Gold Coast Hospital & Health Service & Gold Coast PHN</p>
<p>6.2 4:00 30 min</p>	<p>Concluding remarks followed by networking</p>	