

Mungulli Clinic

Supporting the health and wellbeing of Aboriginal and Torres Strait Islander Community.

Mungulli Clinic

The Mungulli Clinic offers a holistic approach to managing chronic conditions. The clinic is run by a multidisciplinary team, depending on need, three times a year in a group setting.

The Mungulli clinic is here to help

We assist clients understand their health conditions and find ways to stay well. This can include:

- Recognising signs, symptoms and changes in health
- Building confidence to work with health professionals
- Developing health care plans and goals

We offer community education on a range of conditions including:

- diabetes
- chronic chest conditions such as COPD and emphysema
- asthma
- chronic kidney conditions
- heart conditions such as coronary heart disease and heart failure
- social and emotional wellbeing.

Mungulli programs are designed for Aboriginal and/or Torres Strait Islander people aged 18 years or over.

Strong and Deadly Wellness

A four week community based program which includes cultural activities, healthy eating and physical activity.

Deadly Tracks Education

An education session delivered by the Mungulli team for clients and carers who want to learn more about their health condition.




Mungulli is the Yugambeh word for the cotton tree. Mungulli was traditionally used for spears, string and boomerangs. Mungulli was the chosen name for this program because like the cotton tree, we aim to provide the community with knowledge and resources.


Get in touch:

Advanced Aboriginal & Torres Strait Islander Chronic Disease Health Worker

Monday - Friday

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 1300 668 936



Use the QR code to visit our website

