



# GCPHN Funded Services: Primary Care

More information about these services can be found at [www.GCPHN.org.au](http://www.GCPHN.org.au)



NEED	PRIMARY CARE COMMISSIONED CLINICS			HEALTHY AGEING			CONNECTING SENIOR AUSTRALIANS TO AGED CARE SERVICES			EDUCATION & TRAINING	
SERVICE	Complex Wound Clinic	Medicare Urgent Care Clinic	Endometriosis & Pelvic Pain Clinic	Bond University Allied Health (BUnyAH) Interprofessional Healthy Lifestyles Program	Frailty Care in the Community	Mungulli Clinic	Care Finder			Wound Education	Wound Education
TARGET AUDIENCE	All residents within the Gold Coast Primary Health Network region requiring wound management for chronic and complex wounds.	All residents within the Gold Coast Primary Health Network region who present requiring acute, episodic care for urgent conditions that are <u>not</u> immediately life-threatening. Medicare card holders are bulk-billed for this service.	All residents within the Gold Coast Primary Health Network region who present with endometriosis and/or pelvic pain.	People aged 65+ years or 55+ Aboriginal & Torres Strait Islander (A&TSI), living at home (in the Gold Coast PHN region); has scored 1 or more in the FRAIL scale; at risk of frailty and unable to access mainstream services; A&TSI; CALD; LGBTIQ+; and on a Commonwealth Pension/ Seniors Health Care card. They are <u>not</u> eligible if they are under Palliative Care services or already living in a Residential Aged Care Home (RACH).	People aged 65+ years or 55+ A&TSI, living at home (in the Gold Coast PHN region); has scored 1 or more in the FRAIL scale; at risk of frailty and unable to access mainstream services; A&TSI; CALD; LGBTIQ+; and on a Commonwealth Pension/ Seniors Health Care card. They are <u>not</u> eligible if they are under Palliative Care services or already living in a Residential Aged Care Home (RACH).	People who identify as <b>Aboriginal and/or Torres Strait Islander (A&amp;TSI)</b> can join in any of the programs from the age of 18.	People aged 65+ years (or 50+ Aboriginal & Torres Strait Islander (A&TSI)); or for frail or prematurely aged people (50+ years, 40+ A&TSI) on a <b>low income; homeless (or at risk of homelessness); living with hoarding behaviour or in a squalid environment.</b> They <u>must</u> also: have <b>no carer or support person</b> who can help them, or not have a carer or support person they <b>feel comfortable or trust to support them</b> ; and be <b>eligible for government funded aged care</b> . In addition, they <u>should</u> have one or more of the following reasons for needing intensive support: difficulty communicating because of language or literacy problems; find it difficult to understand information and make decisions; be reluctant to engage with aged care providers or government; and/or be in an unsafe situation if they do not receive services.			Clinical Professional Development for <b>General Practitioners and Nurses</b> working in primary care in the Gold Coast Primary Health Network region.	<b>Nurses and aged care assistants</b> working in Residential Aged Care Homes (RACHs) or community aged care providers in the Gold Coast Primary Health Network region.
DESCRIPTION	The Complex Wound Clinic provides specialised wound management through a GP and NP with a special interest in wound management, who ensure continuity of care through communication with the patient's usual GP and specialist services.	The Urgent Care Clinic provides access to clinically appropriate urgent care in a non-hospital setting with no out-of-pocket costs for patients, including diagnostic services such as radiology and pathology. Hours: 8am – 10pm daily.	Multi-disciplinary, team-based care of patients with endometriosis and/or pelvic pain. Offering Pelvic Pain Diagnostics (including Anorectal Manometry), Pelvic Floor Physiotherapy, and Allied Health including dietetics and psychology if required.	A 12-week intensive active lifestyle program providing bi-weekly, client-centred health education and exercise sessions to older people at risk of frailty. The program is run by a multi-disciplinary student team and overseen by Bond University academics and practitioners. It includes a free gym membership at Avanti Health Centre for the duration of the program.	A four-to-six month program providing both individual appointments and group-based movement sessions personalised to the patient's needs. It will screen and assess physical performance, nutritional status, medication management, cognition, mental health and social support. Home visits are available for high-risk patients.	In addition to the various health programs offered by the Mungulli team, the Yarn and Walk program provides a weekly group-based walking and education program led by a multi-disciplinary team of health experts. Sessions explore cultural activities, healthy eating, physical activity, and relaxation.	Care finders are <u>not</u> for everyone. They specifically help <b>vulnerable older Australians</b> who need <b>intensive assistance</b> to access aged care and other supports. Care finders can help clients: <ul style="list-style-type: none"> <li>talk to <b>My Aged Care</b> on their behalf and arrange assessments;</li> <li>attend and provide support at the assessment;</li> <li>find and short-list aged care providers in their area;</li> <li>complete forms and understand aged care service agreements;</li> <li>check-in once receiving services and make sure everything is okay; and/or</li> <li>connect to supports in the community, such as health, mental health, housing and homelessness, drug and alcohol services and community groups.</li> </ul>			Wound Care training workshops to upskill practitioners who are responsible for the care and management of patients with chronic or complex wounds.	Wound Care training workshops to upskill nurses working in aged care who are responsible for the care and management of patients with chronic or complex wounds in RACHs.
PROVIDER(S)	<a href="#">Yelland Medical</a> providing this service at Bundall Medical Centre 21 Ashmore Road, Bundall Ph: 07 5656 4800	<a href="#">Our Medical Gold Coast</a> 2 Leo Graham Way, Oxenford Ph: 07 5573 1122	<a href="#">Medical Super Clinic Benowa</a> 192 Ashmore Road, Benowa Ph: 07 5619 7000	<a href="#">Bond University Allied Health (BUnyAH)</a> E: <a href="mailto:BUnyAH@bond.edu.au">BUnyAH@bond.edu.au</a>	<a href="#">Pain WISE</a> Ph: 0412 327 795	<a href="#">Mungulli Clinic, GCH, Robina Health Precinct</a> Ph: 1300 668 936	<a href="#">STAR Community Services</a> Ph: 0481 182 092	<a href="#">Footprints Community</a> Ph: 07 3252 3488	<a href="#">Multicultural Communities Council Gold Coast Inc (MCCGC) / CURA</a> Ph: 07 5620 3900	Yelland Medical: Dr Stephen Yelland and Nicola Morley NP	<a href="#">Wound Specialist Services Pty Ltd</a>
MORE INFO	Requires GP referral. <a href="http://gcpnh.org.au/commissionedservices/chronic-disease-service-chronic-and-complex-wound-clinic">gcpnh.org.au/commissionedservices/chronic-disease-service-chronic-and-complex-wound-clinic</a>	Any source, including walk-ins. <a href="http://gcpnh.org.au/commissionedservices/medicare-urgent-care-clinic">gcpnh.org.au/commissionedservices/medicare-urgent-care-clinic</a>	Any source including self-referral. <a href="http://gcpnh.org.au/commissionedservices/endometriosis-and-pelvic-pain-clinic">gcpnh.org.au/commissionedservices/endometriosis-and-pelvic-pain-clinic</a>	Requires GP or Allied Health referral. <a href="http://gcpnh.org.au/commissionedservices/bond-university-allied-health-bunyah-interprofessional-healthy-lifestyles-program/">gcpnh.org.au/commissionedservices/bond-university-allied-health-bunyah-interprofessional-healthy-lifestyles-program/</a>	Requires GP referral. <a href="http://gcpnh.org.au/commissionedservices/frailty-care-in-the-community-program">gcpnh.org.au/commissionedservices/frailty-care-in-the-community-program</a>	Smart referral only to Gold Coast Health (GCH).	Any source, including self-referrals. <a href="http://gcpnh.org.au/commissionedservices/care-finder">gcpnh.org.au/commissionedservices/care-finder</a>			Contact GCPHN for further details or visit the website for upcoming events. <a href="http://gcpnh.org.au/event/upcoming-events">gcpnh.org.au/event/upcoming-events</a>	