



TUESDAY 21 MAY 2024
6.00PM - 9.00PM

Healthy ageing and frailty workshop: Practical tips for screening and intervention

A workshop for GPs, Practice Managers and Allied Health Practitioners

Dinner Event | Mercure Gold Coast Resort, Palm Meadows Drive, Carrara QLD

GCPHN in partnership with Bollen Health welcomes all Gold Coast multidisciplinary teams to attend a highly interactive workshop. Nurses are welcome to attend, however there is also a nurse specific workshop on Thursday 23 May.

Presenters Dr Chris Bollen and Jane Bollen RN will challenge your assumptions about ageing, help you work more effectively with older people, and assist you to keep people well at home.

Learning outcomes:

- Recognise the concept of frailty and its complications
- Learn to use an evidence-based screening tool to recognise older people with or at risk of frailty
- Understand the treatment options and referral pathways for frailty which can assist with reducing further decline and supporting an older person to live at home independently, including the local healthy ageing referral options, funded by GCPHN
- Share ways of incorporating frailty assessment into everyday encounters in primary care
- Engage your patients by creating the concept of 'muscle health checks' to support a proactive approach to healthy ageing.

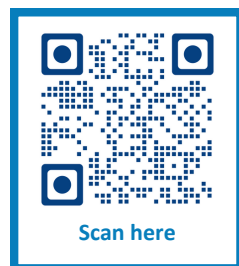
Speakers:

- Dr Chris Bollen | GP, Bollen Health
- Jane Bollen | RN, Bollen Health

This will be a face-to-face workshop and dinner will be provided.

Places are limited – register today to secure your spot.

Dinner and registration from 6:00pm. Workshop commences from 6:30pm.



RSVP

For more information or to register, visit the website -

<https://gcphn.org.au/events/doing-what-matters-keeping-older-people-well-at-home-a-workshop-for-gps-practice-managers-and-allied-health-practitioners/>