

Gold Coast Mental Health Symposium 2024



Thursday 30 May 2024
Southport Sharks Club, Southport

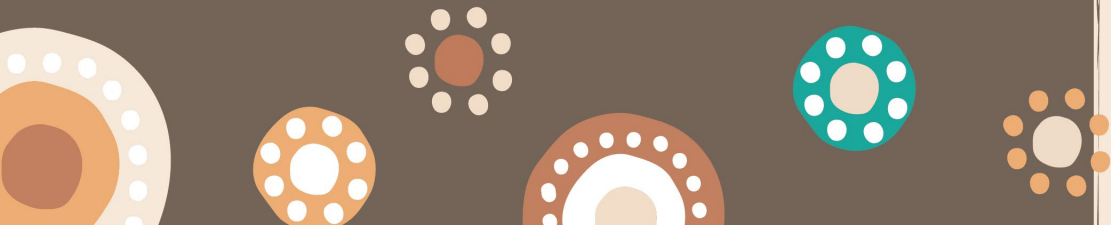
Supporting Minds - Children in Out of Home Care Program

Jarryd Stanley

Kalwun Health and Wellbeing Services

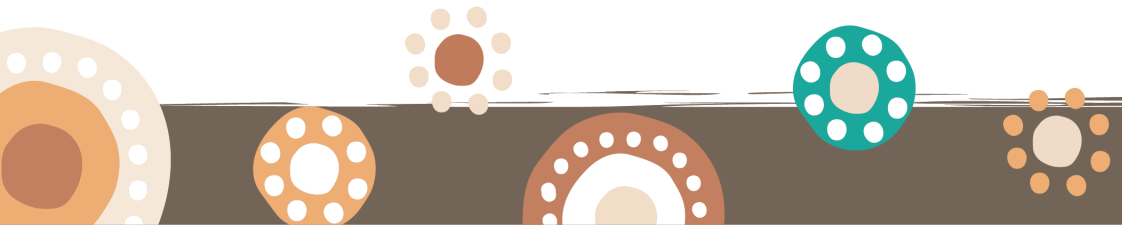
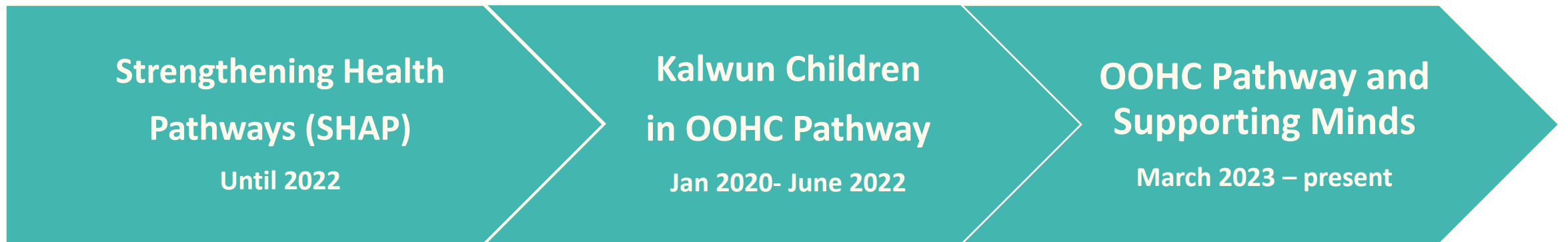
Chantelle Howse

Gold Coast Primary Health Network



Background

3 major iterations of the program to date:



Supporting Minds OOH - Service Overview

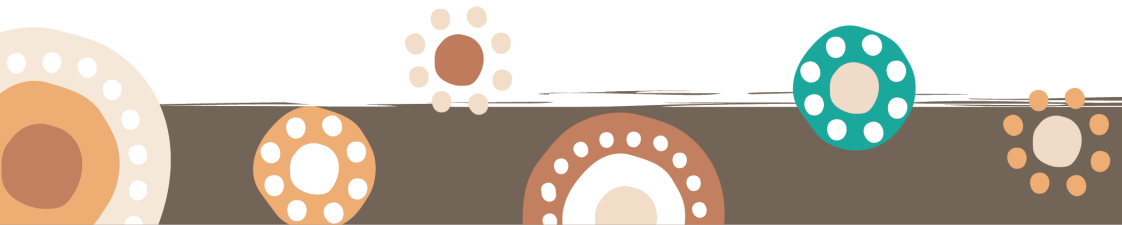
Started: April 2023

Services:

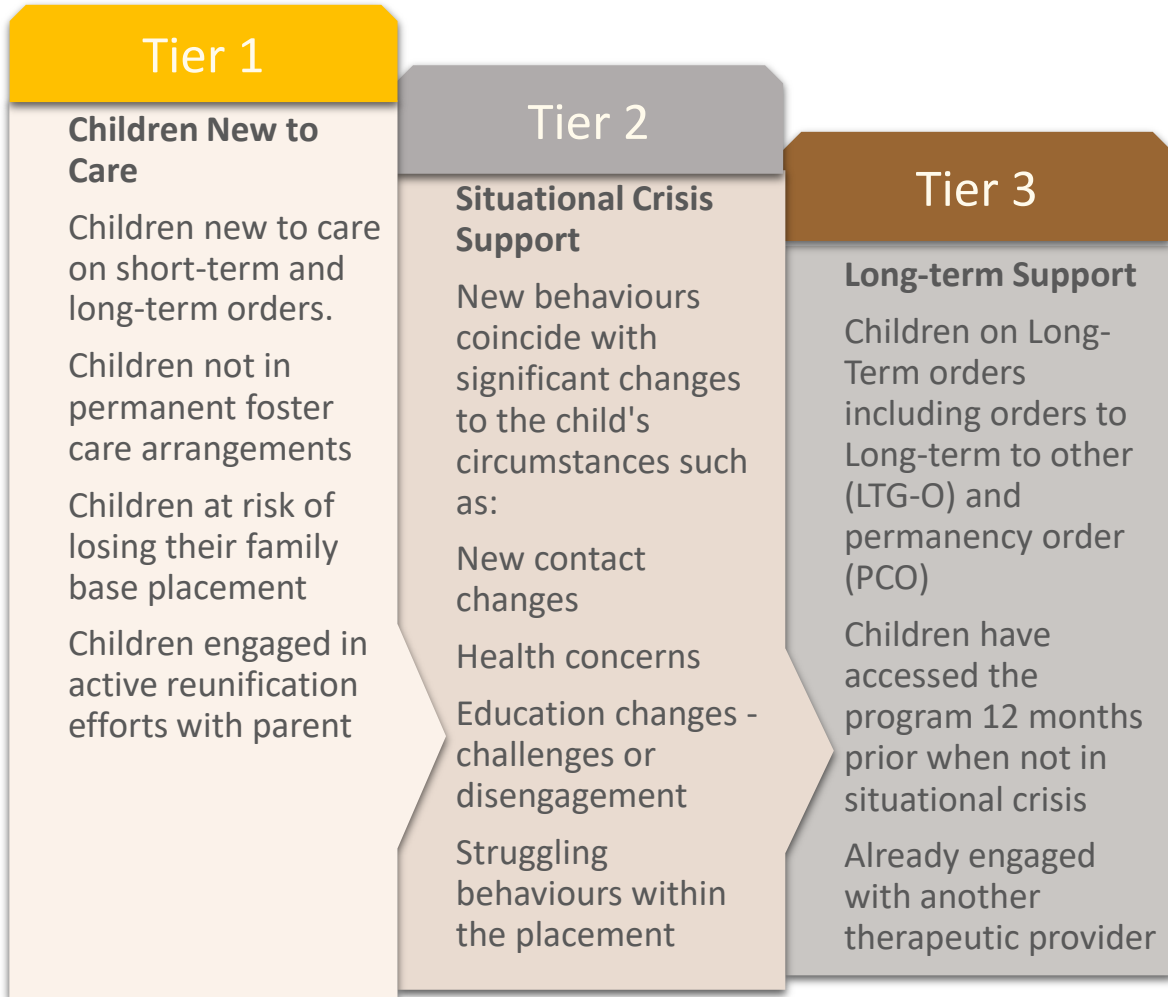
- Clinical care coordination to First Nations children in OOHC within Kalwun Health Services
- 6-sessions of psychological therapy to kids aged 6-19 with mild to moderate mental health issues

Eligibility

- Kids who reside on Gold Coast
- Or case managed by Gold Coast Child Safety Centre for therapy

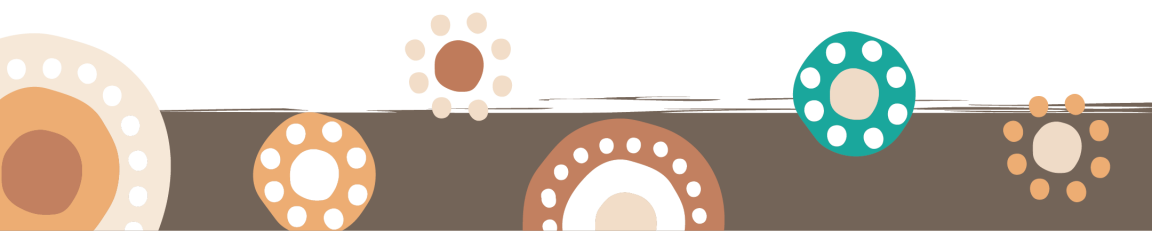


Clinical Care Coordination



Improve young people's psychological, social and behavioral factors within chronic illnesses and promote health self-management

- **Early intervention** for 0-7 years
- **Psychological intervention** for older children
- **Central wrap-around support** for child safety, carers, parents and children
- **Co-ordination** across all providers to improve health outcomes
- **Establishment of an urgent health assessment pathway** for high-risk removals (used twice since 2021)
- **No exclusion criteria** but works within a tiered system



Therapeutic Support

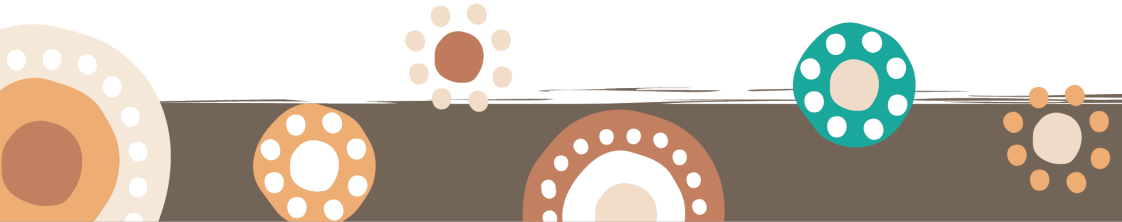
Discussion and play in one-on-one environment

- Young person facilitated with goals and discussion
- Giving them a space to feel heard and discuss their big feeling.
- Big feels often changes in placement, contact or daily struggles of being a kid in care



Group session/work in collaboration with Evolve Therapeutic Services

- More of a drop-in service
- Don't need to be a patient of ETS.
- Allowing First Nations OOHC safe space for exploring engagement and service provision.
- Focus on culture art, play, discussion and learning



Outcomes to Date



130+ Kids in OOHC had or booked health assessments



53% had positive health outcomes: no concern or linked with working supports.



11% had decline in health outcomes: no support or increased behavioral concerns.



36% new Kalwun patients with one or no health assessment completed

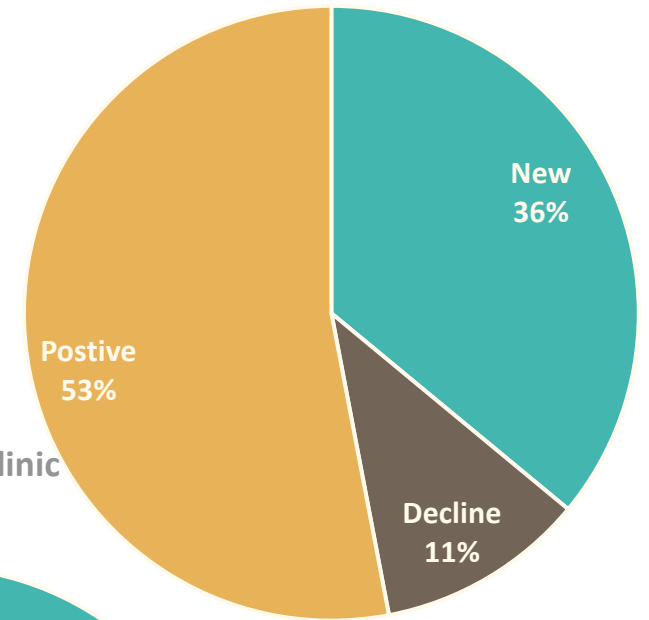


10% of new patients were already patients of Kalwun health services.

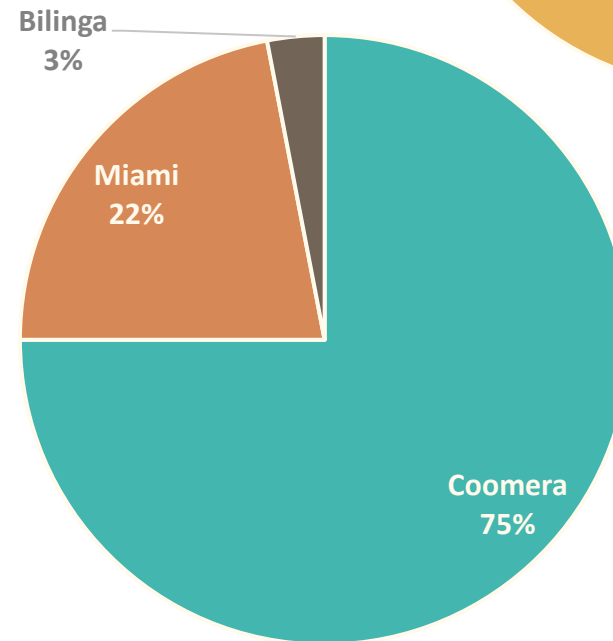


Coomera: busiest clinic for out-of-home care children

Health Outcomes



Patient per clinic



Key Partnerships



Inner Circles

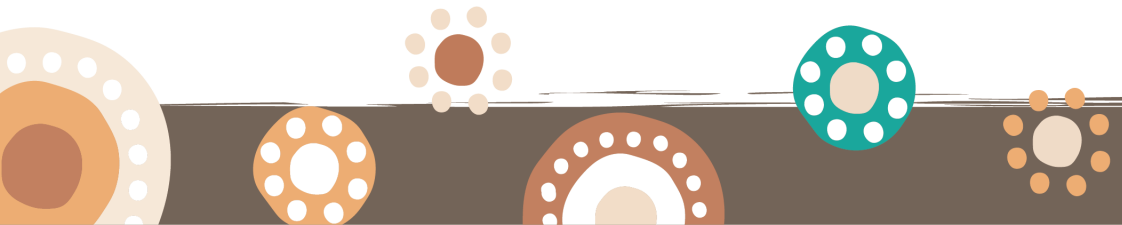
- GCUH Child Protection Unit
- Evolve Therapeutic Service
- Urban Institute of Indigenous Health (IUIH) – Pediatrics Team

Outer Circles

- Wesley Mission
- First Nations
child protection/youth justice
- Child Youth MH Services – Edlink
- Head to Health – Kids/Adult

Partnership Case Study - Background

- Mother identify to be aboriginal engaged with Child Safety under an investigation.
- Child safety officer (CSO) wanted to explore service support and engagement for the kids coming into care.
- Children had significant behavioural and health needs
- Had recently engaged with a health provider but with limited support outside of health reviews and referral to child development unit.
- Child Safety Officer consulted:
 - Health Liaison
 - Child Protection Unit Nurse Consultant
 - Supporting Minds OOH



Partnership Case Study - Outcomes

- Nurse found that the children were not identified on QHealth system.
- Their referral was upgraded from Cata 3 to Cata 2.
- Appropriate Kalwun GP Identified by SM and CSO.
- On the spot appointment made during consult with CSO and paperwork provided.
- CSO worked with family to attend appointment and assisted in linking family to:
 - CDS
 - Kalwun Health Services Paediatrician team
 - Kalwun Family Support.
- Referral process aided in reducing Child Safety concerns
- **Children not coming into care.**

Questions?

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code **4622 2961**