

Gold Coast Mental Health Symposium 2024



Thursday 30 May 2024
Southport Sharks Club, Southport

Gold Coast headspace In-Reach

Consultation Liaison and Clinical Services

Gold Coast Health
always care



headspace

Lives Lived Well

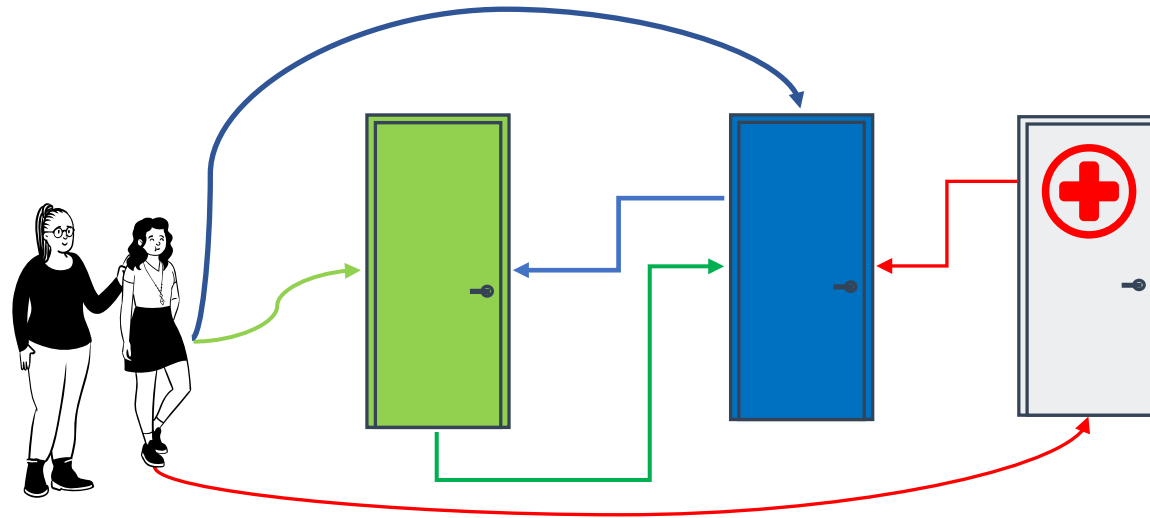


**Queensland
Government**

Sage's story

Sage:

- Things haven't been great for me for a while now
- I feel ok about going to headspace, it's a pretty chill place
- headspace have helped me understand my symptoms better
- Some things are not getting better. Everyone is worried
- Last week I had to go to the hospital, more people, more questions
- I can't get the help I need, feels like no one will help



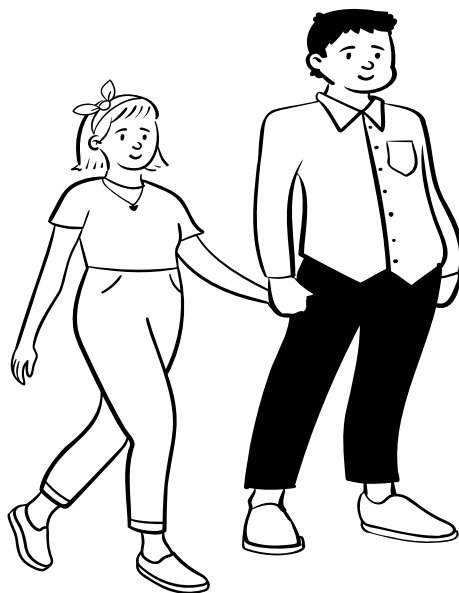
The Opportunity: Consultation Liaison & Clinical In-Reach



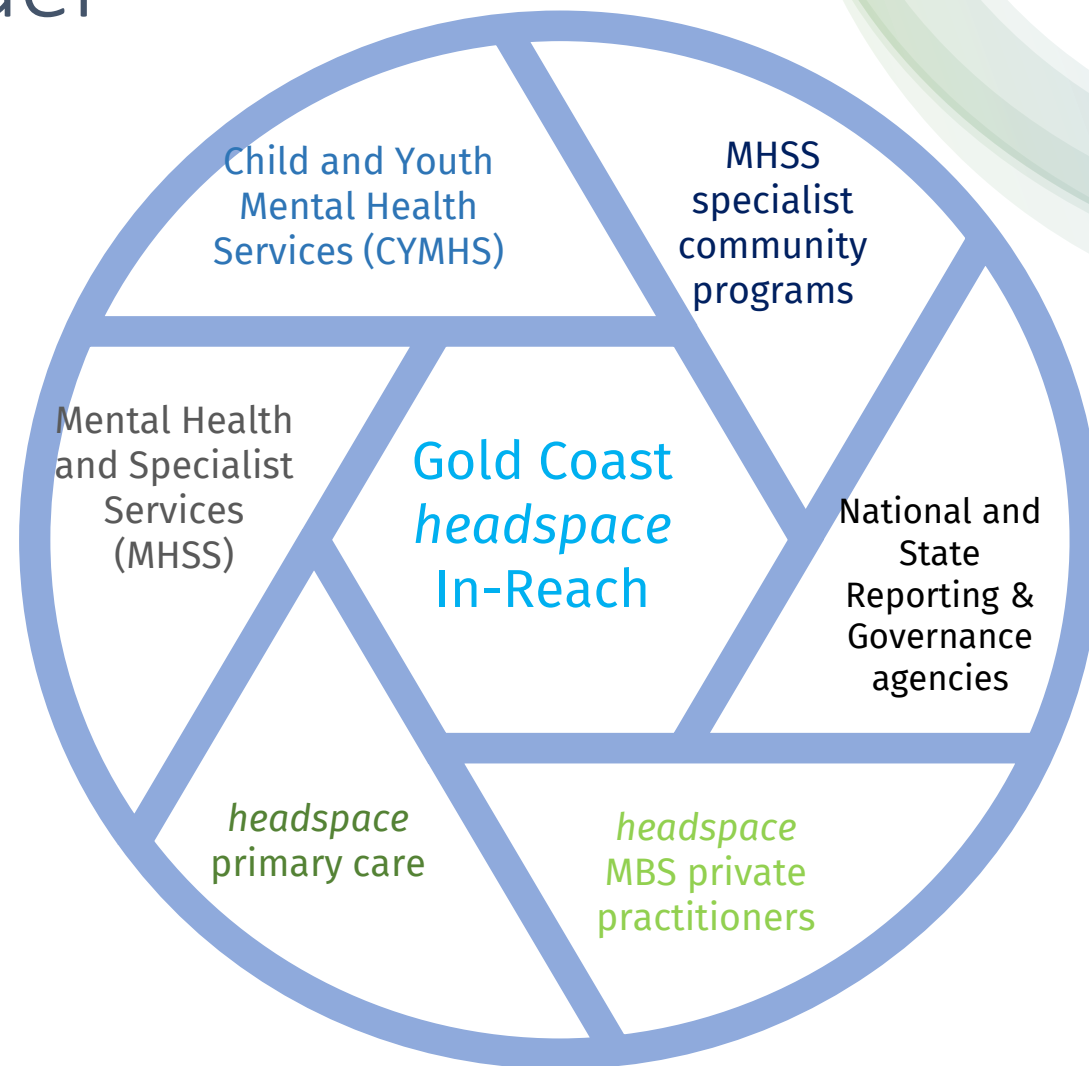
Developing the Model

1: Provide consultation liaison and clinical In-Reach to young people accessing headspace

2: Address duplication fragmentation and service gaps for young people and their families (and for mental health providers)



3. Streamline care between headspace and tertiary mental health services (across the levels of care)



New pathways for support

Clinical In-Reach

- ✓ Multidisciplinary Care Review
- ✓ Specialised Assessment
- ✓ Secondary consultation
- ✓ Brief intervention (as a component of shared care with headspace)



Transition Support

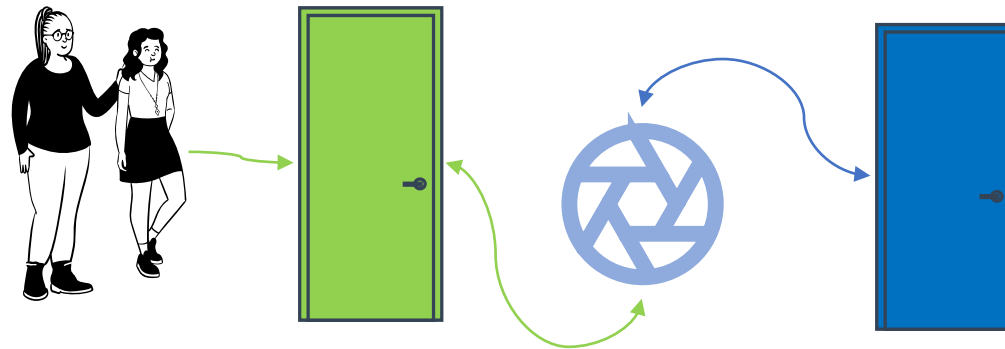
- ✓ Referral/transfer of care coordination
- ✓ Clinical and general advice
- ✓ Interagency collaboration
- ✓ Warm handover for young people and their families

Layla's story (2024)



Layla:

- I know headspace, they helped me before
- Things were better for a bit, but I know things aren't ok now
- I have been living with these symptoms for years
- I don't want to continually repeat my story with everyone I meet
- I need help before I am in crisis



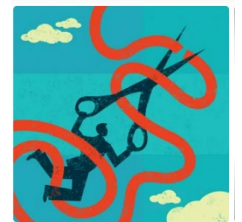
Where to from here



Grow pathways for In-Reach services



Pro-actively tackling system duplication



Questions?

Join at
menti.com -
use code 4622
2961



Evaluate through feedback
Use evidence, outcomes and activity to
continue to scale and adapt.