

Gold Coast Mental Health Symposium 2024



Thursday 30 May 2024
Southport Sharks Club, Southport

6.1 Co-design, key components of new local community models



Gold Coast Health and GCPHN

Reimagining our service system

Drivers for change:

- System leadership and working partnerships
- Commissioning – due
- New investments coming into the region
- Government strategy – digital, workforce, commissioning
- Workforce availability and profile
- Consumer self-management, choice and self-leadership

Consumer & workplace

[Transform with Mental Fitness \(youtube.com\)](#)

[what is mental fitness - Google Search](#)

The Resilience Agenda: [mental fitness - Google Search](#)

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1. WORKFORCE

1. What workforce strengths do we need to maximise for the future?
2. What to consumers/carers say that they like?
3. What does the workforce look like in 2027?

2. NATURE OF SERVICE DELIVERY

1. How will our tools need to change over the next 3 years? What will this look like in 2028?
2. What do we need to do to genuinely make the consumer the “team leader”?
3. What will we need to start doing?stop doing?

3. PARTNERSHIPS & PROMOTION

1. What new or different partnerships do we need to consider for the future?
2. How will we support partnerships across our service system?
3. How will we promote our services in 2028?

Share back – For each what are the three most important components for our future community models?

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“Just believe in yourself. Even if you don’t, just pretend that you do and at some point, you will.”

Venus Williams

