



	PROVIDER	CONTACT INFO	REGION
DIETITIAN	Annabel Mackenzie	Email: annabel@amnutrition.com.au Website: amnutrition.com.au	Phone: 0432 350 205 Gold Coast
	Brent Campbell	Email: brent@maitrihealth.com.au Website: maitrihealth.com.au	Phone: 0401 041 532 Gold Coast
	Brygon Medical Centre	Email: helen@fnasa.com.au Website: brygonmedical.com.au	Phone: 0401 449 854 Gold Coast
	CBT Professionals	Coomera Phone: 07 5551 0251 Email: admin@cbtprofessionals.com.au	Nerang Phone: 07 5668 3490 Website: cbtprofessionals.com.au Gold Coast
	Feeding Moods	Email: info@feedingmoods.com Website: feedingmoods.com.au	Phone: 0412 355 483 Gold Coast
	Food . Body . Life	Email: info@foodbodylife.com.au Website: foodbodylife.com.au	Phone: 07 5592 4545 Gold Coast
	Great Ideas in Nutrition Dietitians Gold Coast	Phone: 07 5536 6400 Website: greatideas.net.au/contact-us	Gold Coast
	Griffith Health Clinic	Phone: 1800 188 295 Website: griffith.edu.au/griffith-health/clinics/dietetics	Gold Coast
	Kind Nourishment	Email: hello@kindnourishment.com.au Website: kindnourishment.com.au	Gold Coast
	Kooky Clinic	Email: info@kookyclinic.com.au Website: kookyclinic.com.au	Phone: 07 3133 8018 Gold Coast
	Maitri Health	Email: brent@maitrihealth.com.au Website: maitrihealth.com.au	Phone: 0401 041 532 Gold Coast
	My Nutrition Clinic	Phone: (07) 5533 8866 Website: mynutritionclinic.com.au	Gold Coast
	Nourishing Dietetics	Email: nourishingdietetics@gmail.com Website: halaxy.com/profile/nourishing-dietetics/location/596181	Phone: 0451 498 150 Gold Coast
	Robina Private Specialty Clinic	Email: rachel@easystemnutrition.com.au Website: halaxy.com/profile/ms-rachel-ivey/dietitian/560881?clinic=956291	Gold Coast
	Satisfy Nutrition	Email: molly@satisfynutrition.com.au Website: satisfynutrition.com.au	Phone: 0493 551 382 Gold Coast
	The Metabolic Dietitian	Email: admin@themetabolicdietitian.com.au Website: themetabolicdietitian.com.au	Phone: 0424 262 410 Gold Coast
	Vitality Unleashed	Email: contact@vitalityunleashed.com.au Website: vitalityunleashed.com.au	Phone: 07 3733 2530 Gold Coast
Well Body Being	Email: hello@wellbodybeing.com.au Website: wellbodybeing.com.au	Gold Coast	

PEER WORKER/ COACH	Eating Disorders Families Australia	Website: eatingdisordersqueensland.org.au/about	QLD
	Eating Disorders Queensland (EDQ) - Peer Mentor Program	Email: admin@edq.org.au Website: eatingdisordersqueensland.org.au	Phone: (07) 3844 6055 QLD
	Eating Disorders Queensland (EDQ) - Plug-In Connection Group	Email: admin@edq.org.au Website: eatingdisordersqueensland.org.au	Phone: (07) 3844 6055 QLD

PSYCHOLOGIST	Alegna Solutions	Email: info@alegnasolutions.com.au Website: alegnasolutions.com.au	Phone: 07 5596 9090 Gold Coast
	Aspire Allied Health	Email: intake@aspirealliedhealth.com.au Website: aspireearlyintervention.com/allied-health-services	Gold Coast
	Aspie Kids Academ	Email: info@aspiekids.com.au	Phone: 0423 215 098 Gold Coast
	Brad Inglis	Email: contact@bradinglis.com.au Website: bradinglis.com.au	Phone: 0479 088 125 Gold Coast
	Bundall Psychology Centre	Email: admin@clivejones.org Website: clivejones.org/contact	Phone: 07 5591 9561 Gold Coast
	Burleigh Heads Psychology Clinic	Email: drcarriebentley@gmail.com Website: burleighheadspsychology.com.au	Phone: 07 5576 2633 Gold Coast
	CBT professionals	Phone: 07 5551 0251 Website: cbtprofessionals.com.au/services/eating-disorders	Gold Coast
	CENTRE FOR ANXIETY & OCD Psychology Clinic	Email: info@ccaogoldcoast.com Website: ccaogoldcoast.com	Phone: 07 5681 0775 Gold Coast
	Compass Health Group	Email: kate@compasshealthgroup.com.au Website: compasshealthgroup.com.au	Phone: 0424 651 116 Gold Coast
	Eating Disorders Queensland (EDQ) - 10-wk Therapeutic Group, bITE - Brief Intervention/Therapy for Eating Disorders and Structured Psychological Therapy	Email: admin@edq.org.au Website: eatingdisordersqueensland.org.au	Phone: 07 3844 6055 QLD
	Eloveate	Phone: 0421 348 277 Email: admin@eloveatepsychology.com	Gold Coast
	EMc Psychology	Email: emcpsychology@outlook.com Website: emcpsychology.com	Gold Coast
	Essentia Health's Gold Coast Clinic (Qld)	Email: admin@essentiahealth.com.au Website: essentiahealth.com.au	Phone: 07 5647 3848 Gold Coast
	Gateway Home Psychology (Telehealth)	Email: info@gatewayhomepsychology.com.au Website: gatewayhomepsychology.com.au	Phone: 1300 214 417 Gold Coast
	Head on Health	Email: info@headonhealth.com.au Website: headonhealth.com.au	Phone: 047 5578 7817 Gold Coast
	headspace	Email: reception@headspaceuc.org.au Website: headspace.org.au/headspace-centres/upper-coomera	Phone: 07 55095900 Gold Coast
	Impact Counselling	Email: impactcounsellingservice@gmail.com Website: impactcounsellingservice.com.au	Phone: 07 5535 0041 Gold Coast
	InMind 4 Health	Email: info@inmind4health.com.au Website: inmind4health.com.au	Phone: 07 5627 1382 Gold Coast



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PSYCHOLOGIST	Lakeside Rooms	Email: reception@lakesiderooms.com.au Website: lakesiderooms.com.au	Phone: 07 5562 0466 Gold Coast
	Life Worth Living Psychology	Name: Natasha Briffa Website: lifeworthlivingpsychology.com.au	Gold Coast
	Logan Healthy Living	Email: lhl@uqhealthcare.org.au Website: loganhealthyliving.org.au	Phone: 07 3365 1057 Gold Coast
	Mind Hack Psychology	Email: wade@mindhackpsychology.com.au Website: mindhackpsychology.com.au	Phone: 0413171943 Gold Coast
	Redefined Minds	Email: info@redefinedminds.com.au Website: redefinedminds.com.au	Phone: 0490 242 620 Gold Coast
	Redman Gall Psychologists	Email: admin@redmangallpsychologists.com.au Website: redmangallpsychologists.com.au	Phone: 07 5562 2867 Gold Coast
	Robina Private Hospital Eating Disorder Service	Phone: 07 5665 5155 Website: robinaprivate.com.au/specialties/mental-health-2/eating-disorders	Gold Coast
	Robina Therapy	Email: reception@robinatherapy.com.au Website: robinatherapy.com.au	Phone: 07 5575 8855 Gold Coast
	Vitality Unleashed Psychology	Email: contact@vitalityunleashed.com.au Website: vitalityunleashed.com.au	Phone: 07 5574 3888 Gold Coast

PSYCHIATRISTS	Currumbin Clinic	Email: currumbinclinic@aurorahealth.com.au Website: currumbinclinic.com.au	Phone: 07 5586 4950 Gold Coast
	Mind and Memory Service	Email: info@mindandmemoryservice.com.au Website: mindandmemoryservice.com.au	Phone: 07 5654 5580 Gold Coast
	Robina Private Specialist Clinic	Email: robina@aurorahealth.com.au Website: robinaprivate.com.au	Phone: 07 5665 5155 Gold Coast
	The Southport Psychiatry & Psychology Clinic	Email: admin@tsppc.com.au Website: tsppc.com.au	Phone: 07 5528 5222 Gold Coast

EXERCISE PHYSIOLOGIST	All About Physio	Phone: 07 5596 576 Website: allaboutphysio.com.au	Gold Coast
	Go2Health	Email: ask@go2health.com.au Website: go2health.com.au	Phone: 07 3355 5540 Gold Coast
	Jake Parker	Email: jake@theactivegriefco.com	Gold Coast
	Well Body Being	Email: Hello.well.body.being@gmail.com Website: wellbodybeing.com.au	Gold Coast
	Your Movement Space	Email: info.yourmovementspace.com.au Website: yourmovementspace.com.au	Phone: 0423 690 910 National

GENERAL PRACTITIONERS	Carrara Medical Practice	Name/s: Dr Sarah Morrell Email: reception@carraradoctors.com.au Website: carraramedical.com.au	Phone: 07 5594 4869 Gold Coast
	Eastbrooke Family Clinic	Name/s: Dr Ingrid Francis Email: eception.burleighwaters@eastbrookemedical.com.au Website: eastbrookemedical.com.au/medical-centre/burleigh-waters	Phone: 07 5568 6000 Gold Coast
	Easy T Medical Centre	Name/s: Dr Ailie Brown and Dr Disha Mysore Phone: 07 5503 6333 Website: robinatownmedicalcentre.com.au/easy-t-centre-practice	Gold Coast
	Headspace	Name/s: Dr Susie Radford Phone: 07 5509 5900 Email: reception@headspacesouthport.org.au	Gold Coast
	Her Medical	Name/s: Dr Isabella Panettiere Email: reception@hermedical.com.au Website: hermedical.com.au	Phone: 07 5616 8070 Gold Coast
	Hinterland Medical Centre	Name/s: Dr Kristy Bayliss Phone: 07 5578 2199 Website: hinterlandmedical.com.au	Gold Coast
	James St Burleigh Medical Centre	Name/s: Dr Gillian Coleclough and Dr Tim Shannon (BB cases by Community Mental Health) Email: reception@jamesstburleighmedical.com.au Website: jamesstburleighmedical.com.au	Phone: 07 5601 0460 Gold Coast
	Medical on Burleigh	Name/s: Dr Amy Thornley Email: contact@medicalonburleigh.com.au Website: medicalonburleigh.com.au	Phone: 07 5535 3833 Gold Coast
	Medical on Miami	Name/s: Dr Shae Frawley Email: reception@medicalonmiami.com.au Website: medicalonmiami.com.au	Phone: 07 5576 5832 Gold Coast
	MedCentres (Pacific Pines)	Name/s: Email: pacificpines@medcentres.com.au Website: medcentres.com.au/pacific-pines	Phone: 07 5596 8400 Gold Coast
	Miami Family Medical Centre	Name/s: Dr Munira Butt Email: reception@miamifamilymedicalcentre.com.au Website: miamifamilymedicalcentre.com.au	Phone: 07 5535 1033 Gold Coast
	Ormeau Medical Centre	Name/s: Dr Andrew McAlister Email: reception@ormeaumedicalcentre.com.au Website: ormeaumedicalcentre.com.au	Phone: 07 5546 7111 Gold Coast
Prime Health Family Medical Centre	Name/s: Dr Michelle Davies Email: reception@phfmc.com.au Website: phfmc.com.au	Phone: 07 5598 4442 Gold Coast	



Gold Coast Service Directory: Eating Disorders

	PROVIDER	CONTACT INFO	REGION
GENERAL PRACTITIONERS	Robina Village Medical Centre	Name/s: Dr Marlis Ryan and Dr Amanda Khoo Phone: 07 5593 1266 Website: robinavillagemedical.com.au	Gold Coast
	Southport Doctors	Name/s: Dr Anna Mullins Email: info@southportdoctors.com.au Website: southportdoctors.com.au	Gold Coast
	Southport Medical & Dental Centre	Name/s: Dr Marlis Ryan and Dr Amanda Khoo Phone: 07 5680 0000 Website: southportmedicalanddental.com.au	Gold Coast

OTHER	Body Project Australia	Website: butterfly.org.au/get-support/support-programs/next-steps-outpatient-program	National
	Butterfly Foundation	Website: butterfly.org.au	National
	CA Support	Email: hello@calsannsupport.com Website: calsannsupport.com	Gold Coast
	Centre for Integrative Health	Email: info@cfih.com.au Website: cfih.com.au	QLD
	Eating Disorders Queensland (EDQ)	Email: admin@edq.org.au Website: eatingdisordersqueensland.org.au	QLD
	Eating Disorders Queensland (EDQ) - Community Table Meal Support Group	Email: admin@edq.org.au Website: eatingdisordersqueensland.org.au	Brisbane
	Gold Coast Child and Youth Mental Health Eating Disorders Program	Phone: 07 5635 6392 Website: goldcoast.health.qld.gov.au/referrals/services/eating-disorders-program-18years-cymhs	Gold Coast
	Next Steps Outpatient Program - Butterfly Foundation	Email: support@butterfly.org.au Website: butterfly.org.au/get-support/support-programs/next-steps-outpatient-program	National
	The Adult Eating Disorder Program (AEDP)(>18 years)	Phone: 07 5687 9442 (general advice) Website: goldcoast.health.qld.gov.au/our-services/adult-eating-disorder-program-18-years	Gold Coast
	Your Movement Space	Email: info.yourmovementspace@gmail.com Website: yourmovementspace.com.au	National