

You're invited

Bariatrics 101: Everything you need to know about surgical & non surgical weight loss options for your patients

Monday 12 August 2024

(5.30pm arrival-networking) 6.00pm - 9.00pm

Venue Sheraton Grand Mirage (Lagoon Room)
Lower Level, Seaworld Drive Main Beach

On behalf of Gold Coast Private Hospital, please join us for an educational round table dinner discussion. GPs can self-log their hours with the RACGP and will have the opportunity to meet all presenters who will rotate each table for a informal discussion with a focus on surgical and non-surgical weight loss.




Gold Coast
PRIVATE HOSPITAL
by Healthscope

Dr Mikhail Mastakov General and Bariatric Surgeon

Topic:

- Comparing the efficacy of gastric balloons vs surgery
- Recognising the post operative complications of surgery (GI issues, hernia, reflux, nutritional deficiencies)
- Affordability – financing options for private insurance vs self-funding vs ATO/ superannuation.

Dr Phil Townend General and Bariatric Surgeon

Topic:

- Defining the gastric band, sleeve, roux en y bypass and one anastomosis bypass
- Pros and cons of each, and why you would do them for particular clinical reasons
- When is surgery considered a success?
- Safety and efficacy of bariatric surgery in Australia.

Dr Louise Ciin Endocrinologist

Topic:

- Obesity and its link to endocrine dysfunction
- How bariatric surgery improves endocrine function (diabetes, PCOS, fertility etc).

Dr Catherine Quirk Bariatric Physician

Topic:

- Discussion of patient selection criteria – when should a GP refer?
- Pre op optimisation of chronic conditions prior to surgery
- Post op medical care
- The role of pharmacotherapy and how it can aid surgical and non-surgical obesity patients.

Carly Barlow Bariatric Dietician

Topic:

- Optimising the bariatric patient pre op – what exactly is VLCD?
- Key components of post operative care – dietary and exercise rehab regimes.

Rachel Williams Bariatric Psychologist

Topic:

- Discussion about psychological considerations pre and post-surgery
- Psychological assessment and screening pre op
- CBT and its role in behavioral change in both surgical and non-surgical patients.

**Dinner, refreshments and free parking
Limited spaces available**

Please RSVP Thursday 08 August 2024
via the following link

[https://www.eventbrite.com.au/e/
bariatrics-101-tickets-940094005477](https://www.eventbrite.com.au/e/bariatrics-101-tickets-940094005477)



For more information

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Please see over for Learning Outcomes →

Learning Outcomes:

1. **Understanding Bariatric Surgery:** Describe the different types of bariatric surgery, including gastric bypass, sleeve gastrectomy, and adjustable gastric banding.

2. **Patient Selection Criteria:** Identify appropriate patient selection criteria for bariatric surgery, including BMI thresholds and comorbid conditions.

3. **Pre-operative Assessment:** Outline the necessary preoperative assessments and evaluations for patients considering bariatric surgery.

4. **Post-operative Care:** Explain the key components of postoperative care and follow-up for bariatric surgery patients.

5. **Managing Complications:** Recognise and manage common complications associated with bariatric surgery, such as nutritional deficiencies, gastrointestinal issues, and surgical complications.

6. **Endocrine Disorders:** Identify and manage endocrine disorders that are commonly associated with obesity and bariatric surgery.
