

# Gold Coast - PHN Pilots and Targeted Programs 2023/24 - 2027/28 Activity Summary View

PUBLICATION VERSION: JULY 2024



## PP&TP-GP - 1 - Strengthening Medicare - General Practice Grants



### Activity Metadata

**Applicable Schedule \***

PHN Pilots and Targeted Programs

**Activity Prefix \***

PP&TP-GP

**Activity Number \***

1

**Activity Title \***

Strengthening Medicare - General Practice Grants

**Existing, Modified or New Activity \***

Existing



### Activity Priorities and Description

**Program Key Priority Area \***

Workforce

**Other Program Key Priority Area Description**

**Aim of Activity \***

To support general practice to expand patient access and support quality, safe, and accessible primary care.

**Description of Activity \***

- PHN to administer and manage the grants program for general practices.

• Grants were funded in financial years 22/23 and 23/24 as one off payments of \$25,000, \$35,000 or \$50,000 (depending on size of practice) and were made available to general practices to invest in innovation, training, and equipment . Grants were to be expended on any of the following three streams:

1. Enhancing digital health capability.
2. Upgrading infection, prevention, and control arrangements.
3. Maintaining or achieving accreditation.

The grant application period closed on 15/12/2023.

• Through this activity, for the period July to December 2024, the PHN will:

- Support Practices with the application process, including reviewing applications and assessing eligibility of applicants for the grant.
- Ensure all practices have completed the financial acquittal report due 30 June 2024.
- Collect data, monitor grant expenditure and report as required.
- Assist the Department with compliance activity as required.

## Needs Assessment Priorities \*

### Needs Assessment

GCPHN Needs Assessment\_2023

#### Priorities

Priority	Page reference
General Practice and Primary Care	39



## Activity Demographics

### Target Population Cohort

General Practice

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

**Consultation**

Gold Coast region general practice

**Collaboration**

N/A



**Activity Milestone Details/Duration**

**Activity Start Date**

28/02/2023

**Activity End Date**

30/12/2024

**Service Delivery Start Date**

April 2023

**Service Delivery End Date**

30 June 2024

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** No

**Direct Engagement:** Yes

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

Yes

**Decommissioning details?**

Grant application period closed, activity now focuses on financial acquittal and report phase.

**Co-design or co-commissioning comments**





# PP&TP-GP-Ad - 1 - Operational - Strengthening Medicare - General Practice Grants



## Activity Metadata

### Applicable Schedule \*

PHN Pilots and Targeted Programs

### Activity Prefix \*

PP&TP-GP-Ad

### Activity Number \*

1

### Activity Title \*

Operational - Strengthening Medicare - General Practice Grants

### Existing, Modified or New Activity \*

Existing



## Activity Priorities and Description

### Program Key Priority Area \*

Workforce

### Other Program Key Priority Area Description

### Aim of Activity \*

To support GCPHN's operational costs associated with the Strengthening Medicare – General Practice grants (PP&TP-GP).

### Description of Activity \*

- PHN to administer and manage the grants program for general practices.
- Grants are one off payments of \$25,000, \$35,000 or \$50,000 (depending on size of practice) and available to general practices to invest in innovation, training, equipment and minor capital works.
- Through this activity, the PHN will:
  - Support Practices with the application process, including reviewing applications and assessing eligibility of applicants for the grant.
  - Promote the program and liaise with general practices on a regular basis.
  - Encourage those practices currently not accredited to use grants to support accreditation.
  - Execute agreements and process and pay invoices.
  - Ensure practices complete financial acquittals.
  - Collect data, monitor grant expenditure and report as required.
  - Assist the Department with compliance activity as required.

## Needs Assessment Priorities \*

### Needs Assessment

GCPHN Needs Assessment\_2023

### Priorities

Priority	Page reference
General Practice and Primary Care	39



## Activity Demographics

### Target Population Cohort

General Practice

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Gold Coast region general practice

### Collaboration

N/A



## Activity Milestone Details/Duration

### Activity Start Date

28/02/2023

**Activity End Date**

30/12/2024

**Service Delivery Start Date**

April 2023

**Service Delivery End Date**

30 June 2024

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

**Decommissioning**

No

Decommissioning details?

Co-design or co-commissioning comments







## PP&TP-EPP - 1 - Endometriosis and Pelvic Pain GP Clinics



### Activity Metadata

#### Applicable Schedule \*

PHN Pilots and Targeted Programs

#### Activity Prefix \*

PP&TP-EPP

#### Activity Number \*

1

#### Activity Title \*

Endometriosis and Pelvic Pain GP Clinics

#### Existing, Modified or New Activity \*

Modified



### Activity Priorities and Description

#### Program Key Priority Area \*

Population Health

#### Other Program Key Priority Area Description

#### Aim of Activity \*

To provide more timely access to specialised multidisciplinary primary care services for endometriosis and pelvic pain for women in the Gold Coast PHN region.

#### Description of Activity \*

- GCPHN will continue to support the implementation and management of contract with provider.
- The clinic provides a multi-disciplinary, team-based approach to the care of women with pelvic pain, which is a chronic condition that can be complex. The clinic will collaborate with local health services including the broader general practice community and private allied health. Multidisciplinary team (MDT) meetings are arranged with the Gold Coast Hospital (GCH) and Health service and private specialists for patients with complex conditions.
- The clinic operates at least one day per week, seeing a target of 30 patients per week.
- The clinic is committed to supporting access for vulnerable women and will deliver services with no out of pocket costs for children and pension card holders for diagnostics clinics.
- The clinic will provide the following services:

- Pelvic Pain Diagnostics Clinic – the Pelvic Pain Diagnostics Clinic is the Initial Assessment Clinic which is conducted by a General Practitioner with Special Interest (GPSI) and a Clinical Nurse. A full assessment will be conducted including clinical history, physical examination and specialised diagnostics investigations where clinically indicated. The specialised diagnostic testing will include

pelvic floor assessment, manometry assessment and pelvic floor physiology testing for the presence of pelvic floor dyssynergia and dysfunction. Additional investigations (such as pathology and radiology) may be requested where indicated by the diagnostic team. These investigations will inform further management of the person’s care. It is intended this component will be provided with no out-of-pocket expenses for all women.

- Pelvic Floor Physiotherapy Clinic – Women will receive pelvic floor physiotherapy as indicated upon referral from the Pelvic Pain Diagnostics Clinic. For women with existing private allied health providers, the diagnostic clinic will provide information to existing providers to support ongoing service delivery.

- Specialist Clinic – develop referral protocols and health pathways to support effective MDT care for women with complex conditions with the GCH and, for those with private health insurance, private specialists to support effective integrated care, facilitating specialist treatment for those women that require it as indicated by the Pelvic Pain Diagnostics Clinic, including surgical management.

- Pelvic Pain Therapy Clinic – All women will receive ongoing treatment and follow-up by the multi-disciplinary team including by the GPSI and Clinical Nurse in the Pelvic Pain Therapy Clinic as indicated by the patient’s condition.

- Clinical staff including general practitioners and nurses will undergo additional training to ensure they have detailed up-to-date knowledge of current clinical practice in relation to endometriosis and pelvic pain.

- Development and promotion of referral pathways including:

- Information webinars for the broader local general practice sector regarding endometriosis symptoms diagnosis and treatment and the clinic’s service offerings;

- Development of online referral templates for secure electronic messaging from the broader local general practice sector (with support from GCPHN), with feedback to be provided to the referring clinician in due course; and

- Communications activities to promote service to the local target population.

- Following initial establishment, funding will be specifically applied to support the operations of the Clinics including:

- Payment of nurse salaries for direct involvement in clinics ;

- Payment of general practitioner salaries for activities where there is no MBS item number (e.g. webinars, developing pathways and protocols etc);

- Payment of administration salaries for direct involvement in clinics;

- Purchase of specialised diagnostic consumables for patient investigations;

- Marketing and communications activities to promote this service to the target population;

- Collaboration with local services including the GCH and the Endometriosis MDT Meeting for the management of patients with complex disease, and;

- Administration including measurement and reporting of outcomes.

GCPHN will also:

- o Support the clinic with service establishment including communications support to inform public and other local general practices;

- o Organise a formal launch of service offering;

- o Liaise with Queensland Health, clinic, and the broader general practice sector to support development of localised health pathways;

- o Review and document any additional relevant detail for endometriosis and pelvic pain in the HNA; and

- o Monitor contract deliverables and reporting as required.

## Needs Assessment Priorities \*

### Needs Assessment

GCPHN Needs Assessment\_2023

### Priorities

Priority	Page reference
Persistent Pain	120



## Activity Demographics

### Target Population Cohort

Women in the Gold Coast PHN region with symptoms of endometriosis and chronic pelvic pain.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Broader Gold Coast general practice sector

Consumers

Gold Coast Health

### Collaboration

Benowa Super Clinic (service provider)

Gold Coast Health (pathways development and specialist clinics)

Gold Coast general practices (referral pathways and increased awareness)

Private allied health (referral pathways and increased awareness)

Private specialists (specialist clinics)



## Activity Milestone Details/Duration

### Activity Start Date

30/10/2022

### Activity End Date

29/06/2026

### Service Delivery Start Date

1 July 2023

**Service Delivery End Date**

30 June 2026

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No  
**Continuing Service Provider / Contract Extension:** Yes  
**Direct Engagement:** No  
**Open Tender:** No  
**Expression Of Interest (EOI):** No  
**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**



# PP&TP-EPP-Ad - 1 - Operational - Endometriosis and Pelvic Pain GP Clinics



## Activity Metadata

### Applicable Schedule \*

PHN Pilots and Targeted Programs

### Activity Prefix \*

PP&TP-EPP-Ad

### Activity Number \*

1

### Activity Title \*

Operational - Endometriosis and Pelvic Pain GP Clinics

### Existing, Modified or New Activity \*

Modified



## Activity Priorities and Description

### Program Key Priority Area \*

Population Health

### Other Program Key Priority Area Description

### Aim of Activity \*

To support GCPHN's operational costs associated with the Endometriosis and Pelvic Pain GP Clinics (PP&TP-EPP).

### Description of Activity \*

GCPHN to:

- support the promotion of the clinic, monitor contract deliverables and reporting requirements with the provider.
- Support collaboration with relevant GCH departments, specialist, and primary care providers to ensure appropriate access and referrals are received.
- Provide relevant updates and good news stories to the department as requested.
- Attend National PHN and local working groups to support integration of the service into existing primary and secondary care services.

### Needs Assessment Priorities \*

#### Needs Assessment

GCPHN Needs Assessment\_2023

#### Priorities

Priority	Page reference
Persistent Pain	120



## Activity Demographics

### Target Population Cohort

Women in the Gold Coast PHN region with symptoms of endometriosis and chronic pelvic pain.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Broader Gold Coast general practice sector  
Public

### Collaboration

Benowa Super Clinic (service provider)  
Gold Coast Health (pathways development and specialist clinics)  
Gold Coast general practices (referral pathways and increased awareness)  
Private allied health (referral pathways and increased awareness)  
Private specialists (specialist clinics)



## Activity Milestone Details/Duration

### Activity Start Date

30/10/2022

**Activity End Date**

29/06/2026

**Service Delivery Start Date**

1 July 2023

**Service Delivery End Date**

30 June 2026

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No  
Continuing Service Provider / Contract Extension: No  
Direct Engagement: No  
Open Tender: No  
Expression Of Interest (EOI): No  
Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

**Decommissioning**

No

Decommissioning details?

Co-design or co-commissioning comments



# PP&TP-GCPC - 1 - Greater choice for at home palliative care



## Activity Metadata

### Applicable Schedule \*

PHN Pilots and Targeted Programs

### Activity Prefix \*

PP&TP-GCPC

### Activity Number \*

1

### Activity Title \*

Greater Choice for At Home Palliative Care

### Existing, Modified or New Activity \*

Modified



## Activity Priorities and Description

### Program Key Priority Area \*

Aged Care

### Other Program Key Priority Area Description

### Aim of Activity \*

The Greater Choice for at Home Palliative Care activity seeks to achieve the following objectives:

- improved access to palliative care at home and support end-of-life care systems and services in primary health care and community care
- enable the right care at the right time and in the right place to reduce unnecessary hospitalisation
- generate and use data to support continuous improvement of services across sectors
- use available technologies to support flexible and responsive palliative care at home, including in the after-hours

These objectives contribute to achieving the following intended overarching outcomes of:

- improved capacity and responsiveness of services to meet local needs and priorities
- improved access to quality palliative care services in the home
- improved coordination of care for patients across health care providers and integration of palliative care services in the region

The activities to be implemented for the Gold Coast region (2021-2025) will aim to increase the number of healthcare providers trained in, and applying, the Palliative Care approach across the GCPHN region. Ongoing promotion of Advance Care Planning (ACP) to health care providers\* and consumers using the ACP health literacy resource and ACP Quality Improvement Toolkit developed during the pilot phase of Greater Choices for At Home Palliative Care program.



\*Health care providers includes general practitioners, allied health, nursing professionals (general practice, community, and Residential Aged Care Homes [RACHs]), personal care workers and Aboriginal and Torres Strait Islanders health care workers).

The activity will also maintain the Palliative and Aged Care Leadership Group as key stakeholders in palliative care on the Gold Coast to provide a local perspective of emerging needs to inform activities moving forward and support the development of an integrated approach to service delivery.

The expected outcomes of these activities are to:

- build a skilled primary care workforce to provide evidenced based end of life care, supporting consumers to receive this care at their place of choice (in the community and RACHs)
- increase awareness of palliative care resources and referral pathways
- support the development of a community of practice to build clinical champions in delivering palliative care, and provide mentoring and support for the broader primary care workforce in the Gold Coast region
- increase awareness and completion of ACP documents for the broader population – not just those requiring palliative care.

#### Description of Need

National research show that most Australians would prefer to die at home, but many do not, with over half of deaths occurring in hospital. While the accessibility and use of palliative care services is increasing, the proportion of people who receive palliative care services is still relatively low. Additionally, the 2020-2021 Palliative Care Needs Assessment identified that not all Gold Coast providers are skilled and competent in delivering high quality palliative and end of life care. There is limited access to integrated palliative care systems across the health and social sectors in the Gold Coast region.

This activity will support the development of a skilled and confident primary care palliative care workforce to enable Gold Coast residents to die in their place of choice, minimising the need to access hospital services.

During 2021-2023 of the funding periods, sponsorship for three Graduate Certificates in Palliative Care (one general practitioner and two nurses) were offered to further build the workforce capability. These are expected to be completed by June 2025.

Access to bereavement services has also been identified as a gap in the Gold Coast region. Further scoping of how this could be addressed is planned for 2023-2025

#### Description of Activity \*

Palliative care training for health care providers: (2021-2023)

Target groups: general practitioners and nurses – completed training for 10 nurses and 10 general practitioners.

- Commission Program of Experience of the Palliative Approach (PEPA) to deliver training and support clinical placements at Gold Coast Health Specialist Palliative Care unit for primary health care providers (Funding period 2021-2023 to align with PEPA contract initially)

For 2023-2025:

- Continue to commission Program of Experience in the Palliative Approach (PEPA), as confirmation of ongoing funding to 2025, to deliver palliative care training and support clinical placements at Gold Coast Health Specialist Palliative Care unit, for allied health providers, personal care workers, and Aboriginal and Torres Strait Islander health care workers
- Support post- placement workshops for all groups after training and placements completed, to consolidate learning and support the development of a community of practice of palliative care providers for the Gold Coast region.
- Completion of three Graduate Certificates of Palliative Care sponsorships for one general practitioner and two nurses to further enhance primary clinicians' knowledge and skills supporting delivery of quality palliative care in the community setting
- Support the creation, and maintenance of, a community of practice for PEPA training participants.
- Ongoing promotion of ACP Health literacy resource and ACP Quality Improvement via emailed bulletins and social media as well as attendances at relevant community-based meetings and events.

Negotiations will occur with an existing service provider delivering psychological services to residents and staff of RACHs, to expand bereavement training to RACH staff to further build capacity of the primary care workforce.

- Employ up to 2 FTE each year

#### Needs Assessment Priorities \*

#### Needs Assessment

**Priorities**

Priority	Page reference
Older People	248
Palliative Care	286
Primary Healthcare Workforce	26
Potentially preventable hospital care	69

**Activity Demographics****Target Population Cohort**

Individuals with a known life-limiting condition

Health care providers delivering palliative care to people in the Gold Coast region (community and RACH settings)

**In Scope AOD Treatment Type \*****Indigenous Specific \***

Yes

**Indigenous Specific Comments**

Aboriginal and Torres Strait Islander Health Care workers will be one of the target groups offered Palliative Care Training and clinical placements in 2024-2025

**Coverage****Whole Region**

Yes

**Activity Consultation and Collaboration****Consultation**

- GCPHN Community Advisory Council (consumers)
- GCPHN Primary Health Care Improvement Committee (general practitioners, practice managers, practice nurses, allied health provider)
- GCPHN Aged and Palliative Care Leadership Group (consumers (including CALD community), general practitioners, QLD Health Specialist Palliative Care team, QLD Health ACP Clinical Nurse Consultant, NGO and RACH representatives)
- QLD Health: Supportive and Specialist Community Palliative Care Service Delivery committee (NGOs, GCH Health and GCPHN)
- PHNs involved in delivering Greater Choice for at Home Palliative Care
- Program of Experience of the Palliative Approach (PEPA)
- Department of Health and Aged Care (Greater Choice for at Home Palliative Care branch)

**Collaboration**

All of the above

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## Activity Milestone Details/Duration

### Activity Start Date

30/10/2021

### Activity End Date

30/10/2025

### Service Delivery Start Date

January 2022

### Service Delivery End Date

June 2025

### Other Relevant Milestones

Contract renewed by 1 July 2023, with PEPA to complete the training for the remaining three target groups (30 positions) by June 2025

Graduate Certificate applicants will complete qualifications by June 2025

Review of feedback from PEPA placements completed by October 2025 to inform future activities.

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## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

N/A

**Co-design or co-commissioning comments**

Extensive consultation has been undertaken with primary care providers and specialist palliative care providers to seek endorsement of proposed approach.

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