

Useful Links

Short-Term Restorative Care Program:

- 8-week program available to older Australians
- Program delivered by a team of health professionals
- Aim is to help individuals return to earlier levels of independence and can delay the need for long-term care and support services
- <https://www.myagedcare.gov.au/short-term-care/short-term-restorative-care>

Department of Veteran Affairs (DVA) – Care for a Veteran:

- DVA offers a range of care services that can help veterans to remain living independently in their own home or support their return home after a hospital stay
- Services are also available to help support and guide a move into residential aged care
- <https://www.dva.gov.au/get-support/health-support/care-home-or-aged-care>

