Improving the 75+ Health Assessment in General Practice - A Clinical Audit

CPD Outcomes

Reviewing Performance (RP)
3.5 hours

Measuring Outcomes (MO)
6 hours

RACGP CPD **Approved Activity**

Reviewing Performance	Measuring Outcomes
3.5 hours	**6** hours
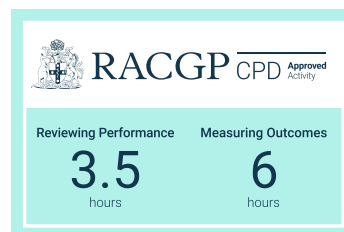
Instructions

> Please download and SAVE this document to your computer first before filling in your details.
> Once you have finished completing this document, submit this back to Gold Coast PHN at practicesupport@gcphn.com.au to review and approve your submission for your CPD hours to be uploaded to the RACGP dashboard.

1. This clinical audit includes 3 documents:
   a. Part A: Evidence Booklet - Reflective Questions (submitted to GCPHN)- this document
   b. Part B: Improving the 75+ Health Assessment in General Practice Clinical Audit Checklist (this is your working document for each patient, retain for your records)
   c. Part C: Clinical Audit – Know Your Numbers Worksheet (optional)
2. Using the practice Clinical Information system run a search and identify active patients, filter by GP to identify your patients (where possible). Suggestions include:
   • Patients 75yrs and over that have been billed an MBS item 701, 703, 705 or 707 and seen by specific GP over the last 15 months.
   • Patients with a health assessment billed between given dates (previous 15 months).
3. Gold Coast PHN can provide a baseline de-identified practice data report using Primary Sense data collection based on measures for this activity.
   Please send a request to practicesupport@gcphn.com.au
4. Watch a short video on topic of an older person who attends an Emergency Department (ED) for the first time after a fall. Mrs Andrews' Story – what went wrong? - YouTube
   Best Practice Guidelines for reference:
   • RACGP Red book 10th Edition
   • Asia-Pacific Clinical Practice Guidelines for the Management of Frailty (2017)
   • Practice guidelines for the management of frailty (2017)
   • Chronic Kidney Disease Management in Primary Care (5th ed)

5. Using the following 75+ Health Assessment Audit Checklist, GP to review records of the 15 patients (community dwelling) identified in step 2. This includes reviewing completed health assessments, care plans and care plan documents from the previous 24 months.**(Prioritise selection of those people aged 75+ who have been admitted to hospital/attended a hospital ED in the** last 12 months or are awaiting/receiving a Home Care Package**)**

6. From the initial audit, GP to document:
   a. What the gaps in care are for each patient and what is required to be done,
   b. Overall reflections on improvements to frailty management for the patients reviewed,
   c. If any potential improvements in the practice system are identified.

7. GP to present findings at a practice meeting with at least one other GP in attendance plus a practice manager and a practice nurse (if involved in the 75+ health assessments). Minutes of the practice meeting need to be recorded to document the agreed changes and assign who is initiating the changes required based on the team discussion. (Allocate 45 minutes for practice meeting)

8. Implemented the agreed changes based on findings from first clinical audit.

9. Using the initial audit checklist for each patient, GP to review records for the same 15 patients.
   GP to document:
   a. What has been done for each patient,
   b. What the gaps in care are for each patient and what is required to be done,
   c. Overall reflections on frailty management for the cohort of patients (individual and practice system ideas for improvement).

10. Gold Coast PHN can provide a second de-identified practice data report to analyse data changes over the course of the audit. **Please send a request to** practicesupport@gcphn.com.au

11. Participating GP to present the second audit results, during a practice meeting with at least one other GP in attendance plus a practice manager and practice nurse (if practice nurses are involved in the 75+ health assessments). Results to include:
    • gaps in care, potential practice system improvements (peer sharing will be encouraged in this session)
    • reflections on the system changes to improve outcomes

12. Suggest minutes of the practice meeting are recorded to document the agreed changes and assign who is initiating the changes required based on the team discussion. (Allocate 45 minutes for practice meeting)

13. GPs (essential) to provide evidence of completed this clinical audit booklet to GCPHN via email practicesupport@gcphn.com.au

14. GP's (essential) please complete the post activity evaluation form (see QR code below).

15. GCPHN to submit record of participation to RACGP and provide 'certificate of completion' to GP/s.

Part A: Reflective Questions (submit this document back to GCPHN)

Reviewing Performance Questions

Describe the learning experience and how it relates to your scope of practice and/or Professional Development Plan.

What did you learn from this experience?

What will you do differently?

What changes will you implement in your practise or practice as a result of this learning?