



GCPHN EOI: Benchmark Group | Motivational Interviewing

Tuesday 11 March 2025

8.45AM - 4.00PM | Gold Coast Primary Health Network

Gold Coast Primary Health Network in partnership with Benchmark Group seeks your interest in a face-to-face workshop on Motivational Interviewing.

To register your interest in this workshop it is essential that you are:

- A primary care nurse or GP currently working in a general practice on the Gold Coast
- Able to complete a 90 minute eLearning module prior to the workshop
- Available to attend a full day face to face workshop on Tuesday 11 March 2025

Learning objectives

- Explore how and why people change, and the role of motivational interviewing in facilitating behaviour change in the general practice setting.
- Develop fluency with the core principles and processes of Motivational Interviewing
- Develop and apply key interpersonal and communication skills that underpin Motivational Interviewing.
- Practical application of skills and knowledge – building specific practice exercises to recognise and respond to challenging healthcare patients in your setting.
- Understand the importance of self-care for those working in primary healthcare.

Benchmark Group will contact eligible participants to commence the formal registration process.

For more information or to register your interest, complete the EOI form via the QR code or visit the event webpage:

<https://gcphn.org.au/events/eoi-benchmark-group-motivational-interviewing-2/>

