



TUESDAY 29 APRIL 2025
9:00AM- 3:30PM

Disaster Recovery and Resilience | Peer Support Training workshop

Gold Coast Primary Health Network
Level 1/14 Edgewater Court, Robina

A disaster recovery and resilience event for health professionals and those who work in the recovery space.

Facilitators:

- **Dr Jacqueline Drew | Associate Professor, Griffith University**
- **Dr Jacob Keech | Lecturer, Griffith University**

Topics include:

- What is peer support in an organisational context?
- The role of peer support: How does it fit within a broader organisational response to critical incidents and other workplace experiences that impact on employee wellbeing?
- Enacting and navigating the role of a peer supporter: Boundaries; confidentiality; and scope.
- Mental health literacy in the context of peer support: Understanding mental health; burnout; psychological distress; and suicide amongst colleagues.
- Building peer support skills: The fundamentals of communication exchange between peer supporters and those who they are supporting (having effective wellbeing conversations and supporting peers to develop plans to improve and maintain their wellbeing).
- What about you? Looking after yourself when you are a peer supporter.

Morning tea and lunch will be provided.

Click here to register or scan the QR Code

<https://gcphn.org.au/events/disaster-recovery-and-resilience-peer-support-training-workshop-2/>

