




**Your guide to Gold Coast  
dementia diagnostic services,  
specialist care and future planning**

Dealing with a dementia diagnosis can be overwhelming. Your local doctor (GP) can guide you through the uncertainty and help you access the necessary support. This booklet outlines the services and support available that you, your family or friends may need now and into the future.

## Pre-diagnosis services

### Gold Coast Health – Cognitive Disorders Service

Provides a diagnostic service for adults over the age of 45 experiencing a progressive decline in cognition, memory or language. A comprehensive diagnostic and treatment initiation service is provided by the multidisciplinary team. Following diagnosis and treatment commencement, patients will return to their general practitioners for continuing care.

<b>Location</b> Robina Health Precinct and Tugun Satellite Health Centre	<b>Contact</b> 07 5635 6262	<a href="#">Learn more</a> 
	<b>Referrals</b> GP - Via Smart Referrals	

### Robina Private Hospital – Memory Clinic (Assessment Clinic)


Provides a comprehensive memory clinic assessment that benefits people experiencing memory loss or who feel their ability to think clearly has worsened.

<b>Location</b> Robina Private Hospital	<b>Contact</b> 07 5665 5100	<a href="#">Learn more</a> 
	<b>Referrals</b> GP	

## Post-diagnosis services

### Dementia Australia – Post-Diagnostic Support

Free sessions for people of all ages diagnosed with dementia, or assessed with mild cognitive impairment, designed to help you manage your diagnosis and live well.

<b>Location</b> Phone and Online	<b>Contact</b> 1800 100 500	<a href="#">Learn more</a> 
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### Dementia Australia – About Dementia


Provides information on what dementia is, its symptoms, diagnosis, treatment and available support.

<b>Location</b> Online	<b>Contact</b> 1800 100 500	<a href="#">Learn more</a> 
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### Dementia Australia – Living with Dementia


Provides information on living with dementia, how to plan ahead and what you can do to stay safe, connected, healthy and active with dementia.

<b>Location</b> Online	<b>Contact</b> 1800 100 500	<a href="#">Learn more</a> 
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### Ozcare – Dementia Advisory and Support Service

The Dementia Advisory and Support Service offers information and support to people with dementia and their families throughout Queensland.

<b>Location</b> Gold Coast and Phone	<b>Contact</b> 1800 692 273	<a href="#">Learn more</a> 
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## Specialist care

### Healthy Ageing Gold Coast

Dr Rohit Bansal offers specialist care in dementia types and characteristics, behavioural and psychological symptoms of dementia, cognitive impairment and delirium.

**Location**

John Flynn  
Specialist  
Suites,  
Tugun

**Contact**

07 5689 4771

[reception@healthageinggoldcoast.net](mailto:reception@healthageinggoldcoast.net)

**Referrals**

GP or other specialists

**[Learn more](#)**

### Gold Coast Memory Disorders Clinic

To make appointments for clinical consultations with Dr Philip Morris, Gold Coast Memory Disorders Clinic appointments, medico-legal evaluations and competency assessments, please call the contact number below.

**Location**

Southport

**Contact**

07 5620 0550

[plpmorris1@gmail.com](mailto:plpmorris1@gmail.com)

**Referrals**

GP or other specialists

**[Learn more](#)**

### LifeSpan Specialists

LifeSpan Specialists is a dedicated healthcare team focused on geriatric care and cognitive health. The team is comprised of experienced Geriatricians and Physicians, along with a Dementia Counsellor and Psychotherapist.

**Location**

John Flynn  
Private  
Hospital,  
Tugun and  
Gold Coast  
Private  
Hospital,  
Southport

**Contact**

John Flynn Private Hospital

07 5598 0234

[info@lifespangc.com](mailto:info@lifespangc.com)

Gold Coast Private Hospital

07 5530 0770

[admin@gcpss.com.au](mailto:admin@gcpss.com.au)


**Referrals**

GP or other specialists

**[Learn more](#)**

## Robina Private Hospital – Healthy Minds

A 12-session, evidence-based Cognitive Stimulation Therapy program to help those experiencing mood symptoms associated with cognitive impairment. Beneficial for people over 50 years of age who are experiencing adjustment difficulties, anxiety and/or depression related to mild cognitive impairment and mild to moderate dementia.

<b>Location</b> Robina	<b>Contact</b> 07 5665 5100	<a href="#">Learn more</a> 
	<b>Referrals</b> GP	

## Robina Private Hospital – Memory Clinic (BPSD Clinic)

Undertakes assessment and management for those experiencing adverse Behavioural and Psychological Symptoms of Dementia (BPSD).

<b>Location</b> Robina	<b>Contact</b> 07 5665 5100	<a href="#">Learn more</a> 
	<b>Referrals</b> GP	

## The Memory Centre

Manages complex medical conditions such as Dementia and Alzheimer's, and offers a multidisciplinary team approach to caring for older adults.

<b>Location</b> Southport	<b>Contact</b> 07 5597 9040	<a href="#">Learn more</a> 
	<b>Referrals</b> GP	

# Planning for the future

## Gold Coast Health – Advance Care Planning (ACP) Service

Supports individuals to consider, discuss and document their future healthcare preferences within approved Queensland Health forms. This information will only be used by the healthcare teams when the person cannot make or communicate their decisions due to illness or cognitive impairment. ACP can be done at any time, regardless of health status or age. If you would like to discuss the benefits of planning for the future and receive assistance to complete your selected forms, request a referral to the Advance Care Planning Service next time you get admitted to hospital or attend an outpatient appointment at a Gold Coast Health facility.

**Location**

Southport  
and Robina

**Contact**

07 5687 4138 / 07 5687 5611  
[gchhsacp@health.qld.gov.au](mailto:gchhsacp@health.qld.gov.au)

**[Learn more](#)**

## *Planning your future care today*

This GCPHN booklet provides easy to understand information about advance care planning. Please visit the link below to download or request a copy, or visit your local Gold Coast Library.

**Resource**

Online and  
Print

**Contact**

07 5635 2455

**[Learn more](#)**

## Office of the Public Guardian

Independent statutory office established to protect the rights, interests and wellbeing of adults with impaired decision-making capacity, advocating for their rights, access to services, independence and choices.

**Location**

Online

**Contact**

1300 653 187

**[Learn more](#)**

## Queensland Public Trustee

Provide essential support, services and information for Queenslanders in financial administration, life planning, trusts and deceased estate management.

**Location**

Southport

**Contact**

1300 360 044

[Learn more](#)



## ADA Australia – Aged and Disability Advocacy Australia

Advocacy services including assisting people who are having issues with accessing Commonwealth Funded aged care programs, elder abuse, human rights and legal help.

**Location**

Online

**Contact**

1800 818 338

[Learn more](#)





An Australian Government Initiative

*“Building one world class health system for the Gold Coast.”*

**Gold Coast Primary Health Network**

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**The content in this resource is accurate as of January, 2025**



Gold Coast Primary Health Network would like to acknowledge and pay respect to the land and the traditional practices of the families of the Yugambeh Language Region of South East Queensland and their Elders past, present and emerging.

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