

APNA Cultiv-8 Nurse Clinics Program

Expression of Interest Guidelines

Introduction

Australia's primary care system is under increasing pressure from chronic disease, rising patient demand, and workforce shortages. In response, national health reforms are shifting toward proactive, team-based care and better use of the existing workforce.

Nurse Clinics provide an opportunity for nurses to work to their full scope of practice, while addressing local health needs. Nurses play a vital role in the delivery of team-based and multi-disciplinary care, particularly for patients with chronic and complex conditions. Nurse Clinics strengthen the capacity, role and utilisation of the Australian primary health care nursing workforce, to address the health care needs of the community.

Applications open: Monday 4 August 2025

Applications close: Monday 25 August 2025, 5pm

Who can apply:

General practices within the Gold Coast PHN region are invited to apply for the new *Cultiv-8 Nurse Clinics Program* by Monday 25th August 2025, 5pm.

About Cultiv-8 Nurse Clinics Program

APNA's Cultiv-8 Nurse Clinics program consists of an 8-week hybrid learning program each week themed to support the introduction of the nurse clinic concept.

Utilising APNA's eight Nurse Clinic Building Blocks as the foundation to guide nurse clinic implementation, program participants will be provided with the tools required to plan a nurse-led, team-based model of care which meets the health needs of their community. These clinics often focus on preventative care (such as immunisation), education, and lifestyle support to help patients better manage their conditions and improve their overall health outcomes.

How Cultiv-8 Aligns with National Reforms

The Cultiv-8 Nurse Clinics Program is not only a professional development opportunity, but also a strategic initiative that aligns with Australia's national health reform agenda. It equips primary care teams with practical tools to deliver sustainable, evidence-based care in line with emerging policy priorities.

Supports Chronic Conditions Management (CCM)

Cultiv-8 empowers nurses to take a more proactive role in chronic disease care through structured assessment, care planning, education, and follow-up. These models enhance access and continuity, while helping general practices respond to Chronic Conditions Management (CCM) changes from 1 July 2025, that promote team-based care and greater involvement of non-GP clinicians.

Delivers on the Primary Health Care 10-Year Plan

The program supports multiple goals of the **Primary Health Care 10-Year Plan**, including:

- Strengthening the role of nurses in multidisciplinary care
- Enhancing access to care for priority populations
- Driving innovation in service delivery at the local level

Cultiv-8 provides a framework for implementing these goals through supported, practice-led change.

Responds to National Workforce Optimisation Priorities

There is growing recognition that the future sustainability of Australia's healthcare system depends on optimising the existing workforce. Cultiv-8 helps unlock the full potential of the primary health care nursing workforce, enabling nurses to work to their full scope of practice in a supported, structured way.

Advances the Quadruple Aim of Healthcare

The Cultiv-8 model contributes directly to achieving the **Quadruple Aim**:

- **Improved health outcomes** through earlier intervention and structured care
- **Enhanced patient experience** via better access, engagement, and continuity
- **Provider satisfaction and wellbeing** by empowering nurses and reducing pressure on GPs
- **System efficiency and sustainability** by reducing avoidable hospitalisations and supporting integrated, team-based care

Program Format

Each Cultiv-8 Nurse Clinics program will support participating general practices across an 8-week hybrid learning program. General practices may assign up to two representatives to participate in the program. Participants must include at least **one nurse** and may include **one supporting staff member, GP or another nurse** from each participating general practice.

Week	Date	Time/Platform	Building Block Focus
1	17/09/2025	3 hours In person workshop at GCPHN office	Workshop 1 – Initiation
2	24/09/2025	1 hour / Online 12:30pm – 1:30pm	A Clear Plan / Location and Facilities
3	01/10/2025	1 hour / Online 12:30pm – 1:30pm	Staffing and HR / Best Practice
4	15/10/2025	1 hour / Online 12:30pm – 1:30pm	Patient Engagement / Systems and Processes
5	22/10/2025	1 hour / Online 12:30pm – 1:30pm	Funding
6	29/10/2025	1 hour / Online 12:30pm – 1:30pm	Data Collection
7	05/11/2025	1 hour / Online 12:30pm – 1:30pm	Evaluation
8	12/11/2025	3 hours In person workshop at GCPHN office	Workshop 2 – Presentations
3 months		Online Survey	3-month Accountability Check-in Survey

Learning Objectives

At the completion of the 8-week program, participants will be able to:

- Explain the value of nurse clinic models
- Apply APNA's Nurse Clinic Building Blocks to plan a nurse clinic
- Identify funding options to support nurse clinic models of care
- Determine a range of measures suitable to evaluate a nurse clinic
- Access APNA's suite of Nurse Clinic resources

Nurse Participant Responsibilities

- Attend scheduled sessions for 8 weeks
- Complete evaluation measures:
 - Pre-Program Survey
 - Workshop 1 Evaluation
 - Post Program Survey
 - Accountability Check-in survey (3 months)
- Deliver Nurse Clinic Implementation Plan (presentation at week 8)

Application Process:

1. Read through the webpage and this EOI document prior to expressing your interest.
2. Applicants submit EOI form [here](#).
3. GCPHN acknowledges receipt of application submission via email.
4. Applications are reviewed.
5. Successful and unsuccessful applicants are notified via email by *26 August 2025*.
6. Successful applicants' details will be shared with APNA's Cultiv-8 Team.
7. APNA will be in touch with a Welcome Letter and further instructions.

Need support?

The GCPHN Primary Care Health Care team is available to provide support.

Contact Krystal Lyons:

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