

Keynote Address: Deepening our understanding of social and emotional wellbeing

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SEWB model



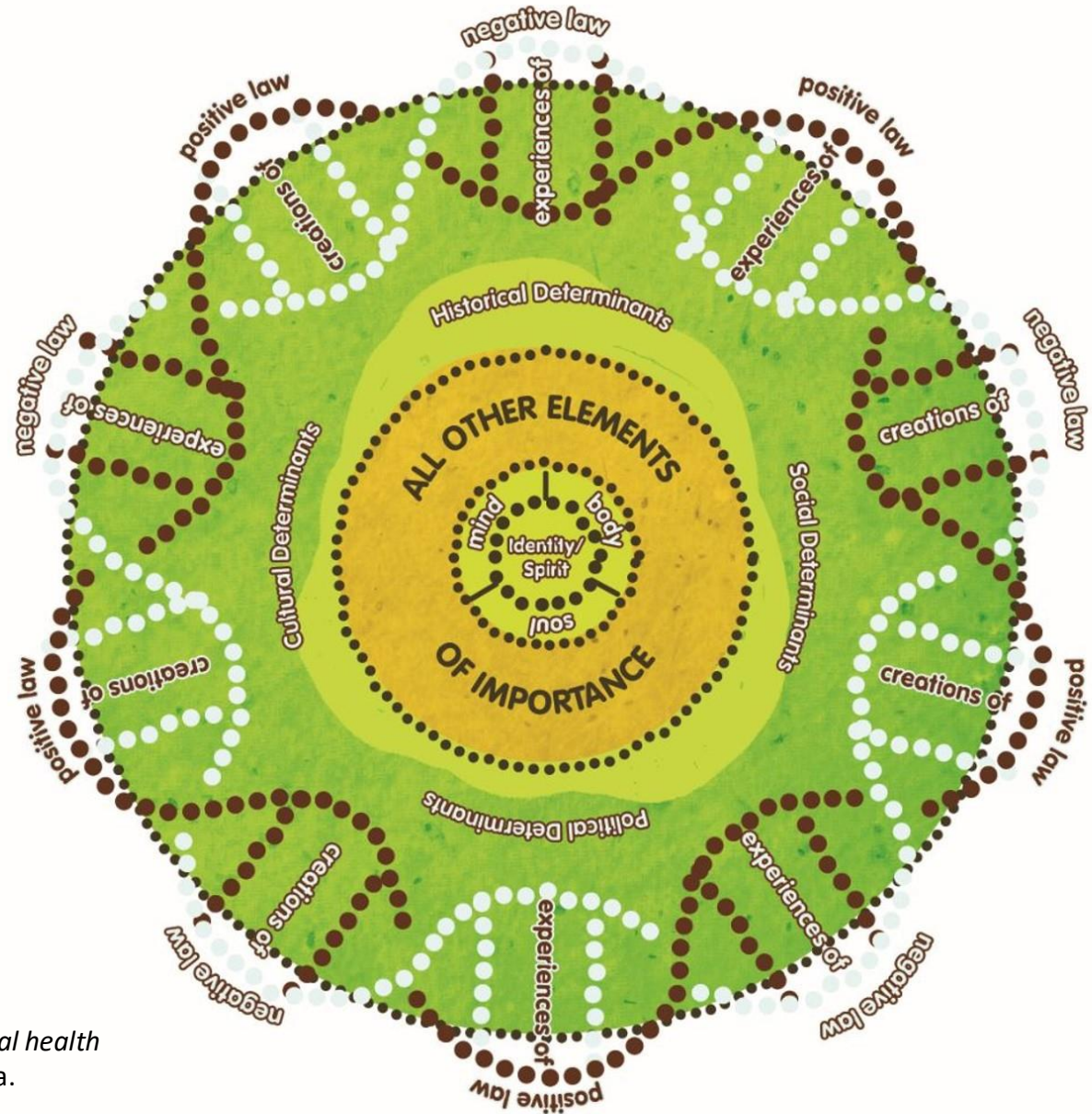
Gee, G., Dudgeon, P., Schultz, C., Hart, A., & Kelly, K. (2014). Aboriginal and Torres Strait Islander Social and Emotional Wellbeing. In P. Dudgeon, H. Milroy, & R. Walker (Eds.), *Working together: Aboriginal and Torres Strait Islander mental health principles and practice* (2 ed.). Department Prime Minister and Cabinet.

Thinking beyond Common Social Determinants...



Determinant	Overview	Examples / Key Factors
Social	Social determinants shape daily living conditions and access to resources that support wellbeing. Social determinants impact and influence on people and communities in unequal ways.	• Access to housing, education, employment, and health care • Strong families and safe communities • Freedom from racism and discrimination • Social inclusion, belonging, and connectedness • Food security and stable income
Political	Political structures, policies, governance systems and decision making that influence community control and access to basic human rights.	• Self-determination and voice in decision-making • Equitable policy and funding frameworks • Support for Aboriginal-led organisations • Land rights and recognition of sovereignty • Policies on incarceration, child removal, and health equity • Referendum • Opportunities for truth-telling
Historical	Historical experiences of colonisation and dispossession continue to impact SEWB across generations.	• Intergenerational trauma from the Stolen Generations • Loss of land, language, and cultural practices • Institutional racism and systemic exclusion • Denial of history and truth telling • Enduring grief, loss, and marginalization • Medical practices (e.g forced sterilization)
Cultural	Opportunity to engage with, learn and practice culture is a core protective determinant—central to identity, belonging, and healing. Right to determine cultural change or evolution without outside pressure.	• Knowing Country, kin, community, • Practice of lore, ceremony, and cultural healing • Language revitalisation and cultural education • Cultural leadership and governance • Living cultural values of respect, reciprocity, and responsibility

Lore informed model of holistic SEWB



Schultz, C. (2020). *Factors of holistic wellbeing for members of the Aboriginal health and community workforce* [Griffith University]. Queensland, Australia.

POSITIVE PRINCIPLES OF LAW

Living

Survival

Existence

What we're programmed to do. What Principles of Law allow for.

Respect

Responsibility

Reciprocity

Acceptance

Connectedness

Interconnectedness

ROOTED