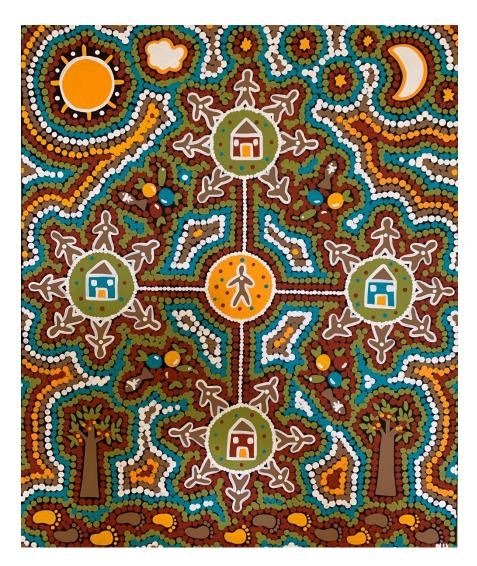




Acknowledgement to Country





Gold Coast Primary Health Network would like to acknowledge and pay respect to the land and the traditional practices of the families of the Yugambeh Language Region of South East Queensland and their Elders past, present and emerging.

Artist: NARELLE URQUHART, WIRADJURI WOMAN]











Please switch mobile phones to silent during presentations

Rest Rooms Evacuation procedure





Kellie Trigger

Director Health Intelligence Planning and Engagement

Gold Coast Primary Health Network

Celebrating 10 years as GCPHN



We have grown significantly in reach and impact since we commenced operations as GCPHN on 1 July 2015.

It has been a decade of innovation, collaboration and shared purpose.

Key Highlights

- Expansion of mental health and suicide prevention services across the region, including new services such as Supporting Minds and The Way Back Support Service.
- Distribution of critical PPE, support for PHC and the community during the COVID-19 pandemic.
- Launch of new programs like Care Finder, our Aged Care programs and more recently, the Medicare Urgent Care Clinics.
- Introduction of key system enablers like Primary Sense and HealthPathways.
- Ongoing strengthening of relationships with our health system partners through undertaking Joint Regional Needs Assessments, and development of Joint Regional Plans.



An Australian Government Initiative

NAIDOC Week

This year, we sponsored the 2025 NAIDOC Community Day organised by Kalwun

One of our board directors, Laurie West also held an informal Yarning Circle with staff to talk about the meaning and impacts of reconciliation.

Work on GCPHN's next Innovate RAP 2025-2027 is ongoing, with a draft now with Reconciliation Australia.









An Australian Government Initiative

Have seen a total of 27,985 presentations since November 2023

Joint Regional Plan for Mental Health, Suicide Prevention and Alcohol and Other Drug Services

 The Joint Regional Plan has been endorsed and submitted to the Department of Health, Disability and Ageing

Joint Regional Older Persons Strategy

• The development of the JROPS has commenced development

Gold Coast Mental Health Symposium

- Save the Date: Thursday 30 October 2025
- Registrations are now open



APNA's Cultiv-8 Nurse Clinics Program



SCAN HERE for more information

- 8 Week Hybrid Learning Program
- Starting 17 September 12 November 2025
- Using APNA's eight Nurse Clinic Building Blocks, participants will be supported to plan **nurse-led**, team-based models of care tailored to local health needs.
- These clinics typically focus on preventative care, patient education, and lifestyle support to improve health outcomes.
- Strategic initiative that aligns with Australia's national health reform agenda.
- It equips primary care teams with practical tools to deliver sustainable, evidence-based care in line with emerging policy priorities.





Digital

READINESS



Assessment



Self-assessment tool designed to help general practices evaluate their current use of digital health technologies



Its purpose is to identify digital health use and needs in general practice, enabling GCPHN to provide more tailored support.



By completing the assessment, general practices will receive a personalised **digital health action plan** designed to support their unique priorities.



To acknowledge completion, GCPHN will provide practices with a **corporate-level CDM Plus licence**, including access to clinical templates, billing tools, flowcharts, and digital resources for chronic condition management.



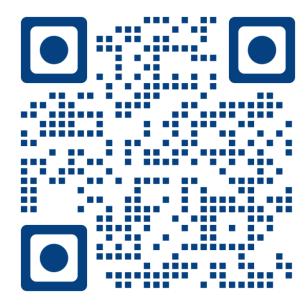
For further information, please reach out to your designated engagement officer before it closes on the 15th of August.

Upcoming Events



- Initial Assessment and Referral (IAR) for Mental Healthcare Training Workshop - online
 - 15, 18, 27 August and 4, 12, 16, 23 September
- Changes to CDM MBS Items Webinar
 - Thursday 14 August | 6pm 7pm | Online
- EOI: Benchmarque Group | Immunisation Support in Primary Healthcare
 - Wednesday 3 September | 9am 1pm | Online
- Spirometry Training for Healthcare Clinicians
 - Saturday 6 September | 9am-4:30pm | GCPHN

SCAN HERE for more information or to view the GCPHN Event Calendar



Upcoming Events

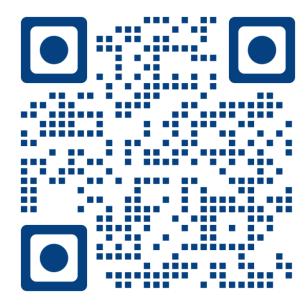


- Child Mental Health and Wellness Conference
 - Tuesday 28 October | 8:30am 4pm | Robina Events Centre
- Gold Coast Mental Health Symposium 2025
 - Thursday 30 October | 9am 3pm | Southport Sharks Events Centre
- Qld Perinatal & Infant Mental Health Symposium
 - 10-11 November | Southport Sharks Events Centre

Save the date

- GCH/GCPHN Older Person's Update | A general practice education event for GPs and RNs
 - Saturday 18 October | 8:15am 1pm | GCUH

SCAN HERE for more information or to view the GCPHN Event Calendar





IMPACCT Services | A transdisciplinary approach to care

Louise Mason

Clinical Nurse Consultant

Gold Coast Health

IMPACCT Services

A transdisciplinary approach to care









Jingeri.

We acknowledge the Traditional Custodians of the land in which we work, live and grow, the Kombumerri, Wangerriburra, Bullongin, Minjungbal and Birinburra peoples, of the Yugambeh Language speaking nation. We also pay our respects to Elders past, present and emerging. We also acknowledge other Aboriginal and Torres Strait Islander people present today.



Overview

- Making an IMPACCT
- IMPACCT Services
- Client Cohort
- Eligibility criteria
- How to access IMPACCT
- A Patient's Journey







IMPACCT Services

Vision:

A community strengthened through care & connection



Mission:

To promote health, equity and access to Gold Coast community members with complex needs through support, empowerment, interagency collaboration and advocacy.

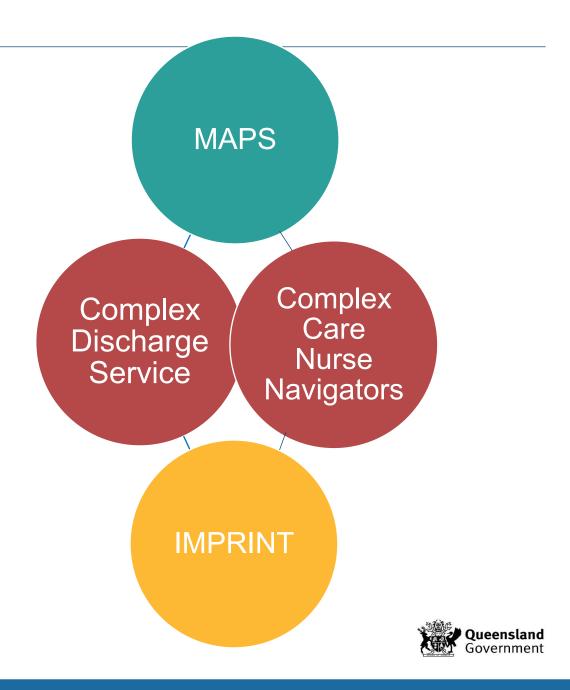




IMPACCT Services

Four specialised services:

- Transdisciplinary model
- Outward facing
- Interservice integration
- Holistic view of health
- In-home safety optimisation
- Future focused planning





Multidisciplinary Avoidance and Post-Acute Service

- Allied Health & Nursing model
 - MAPS Coordinator, OT, PT, SW, Nursing, CA, Service Navigator, AOs
- Promotes hospital avoidance & reduced length of stay (LOS)
 - Rapid clinical response within 24hrs
 - o Promotes in-home care & safety
 - Alternative pathway
 - Referrals from GPs, QAS, ED, OPD, GCHHS community services
- Seven-day service 8.00am to 6.30pm Mon to Fri, 8.00 am to 4.30 pm on the weekends
- Time limited up to 2 weeks LOS



MAPS - What do we do??

Provide bridging assistance to at risk / vulnerable patients:

- Home safety assessments (OT, PT, SW)
- Equipment prescription +/- short term loan
- Medication management (excl. administration)
- Wound management
- Personal hygiene assistance
- Emergency food support /shopping
- Transport home (where no other alternatives)
- Facilitated transport to medical appointments





Complex Discharge Service

- Allied Health model
 - SW (1.0 FTE), OT (1.0FTE), Service Navigator (0.5FTE), AO (0.5FTE)
- Aim to support safe & sustained discharge
- Address psychosocial & environmental complexities
- Implement established discharge plans in the community
- Shared management of vulnerable clients
- Time limited



CDS – What do we do??

- Comprehensive biopsychosocial / functional assessments
- Collaboration & advocacy with external agencies
 - DoH, QCAT, DOCS, NDIA, Centrelink
- Guardianship & Administration support
- Equipment prescription and trials
- Service linkage & navigation
- ACP support



Complex Care Nurse Navigators

- Non-clinical Nursing model
 - Generalist Nurses (8 FTE), Service Navigator (1FTE), AO (0.5FTE)
- Aim to support continuity of care
- Aim to support safe & sustained discharge (OOHC)
- Care Coordination NOT Case Management
- Goal oriented
- Time limited



CCNNs – what do we do??

- Partner with patients & the broader health team to facilitate a comprehensive and appropriate care response
 - Service linkage
 - Cross sector information sharing
 - Stakeholder meetings
 - Advocacy
 - Care planning
- Holistic & culturally sensitive assessments
- Health coaching & education
- Health literacy enhancement
- ACP support
- Expedition of care / treatment response
- ED AMP support patient flow & an appropriate treatment response
- PACH NN partner with QAS to support OOHC for low acuity patients







Complex Care Team Client Cohort



Gold Coast Health always care

Eligibility for MAPS + Complex Care Team

Inclusion Criteria

- Medically stable
- Lives in GC Catchment OR be known to GCHHS Service
- Medicare Entitlement
- Has a nominated GP (not a requirement for NN)

Exclusion Criteria

- Maternity & paediatric patients
- Lives in GC Catchment OR Inpatients under care of MDT
 - RACF residents
 - Patients with high risk HVRA
 - Patients with high care needs (MAPS)
 - Patients who DAMA (MAPS only)



Integrated Multidisciplinary Proactive Risk Identification & Navigation Team (IMPRINT)

Multidisciplinary doctor led service

- Geriatrician, GPwSI, Neuropsychologist, CNC, OT, SW, CA, SN (AO)
- Proactive service NOT Reactive
- Initial contact completed within 7 days
- Referrals: ACAT, GP, Inpatient teams, outpatient clinics



IMPRINT Services

- Provide multidisciplinary in-home reviews
- Comprehensive health / psychosocial assessment
- Medical optimisation
- Capacity assessment
- ACP support
- Service linkage
- Functional / Cognitive assessment
- Equipment prescription
- Guardianship & Administration support
- Provide education
- Discuss prognosis
- Refer on to community services







IMPRINT Client Cohort



Eligibility for IMPRINT

Inclusion Criteria

- Live in GC Catchment
- Medicare entitlement
- Aged 65+
- Approved for high level HCP (3,4)
- Requiring support to navigate health & community sectors
- Have a nominated GP
- Are willing to engage with IMPRINT

Exclusion Criteria

- RACF residents
- Nil ACAT assessment
- Patients with high risk HVRA







- 76YOM
- Rapid decline in function. Recurrent presentations /admissions with cystitis, haematuria, anaemia, hyperglycaemia & falls
- Medical History: MDS, PD, T2DM, IHD, CKD, HTN, IDA.
- ACP: Nil EPoA, AHD, SoC
- Social History: Lived in private rental with flatmate, supportive sons, retired realtor, ACP recipient, minimal formal supports, smoker, nil ETOH



<u>Identified Issues:</u>

- Over / underutilisation healthcare services (YTD): x16 ED presentations, 15x admissions = 106 bed days.
 Multiple OPD FTAs
- Polypharmacy
- ? medication non-adherence, initial difficulty managing newly prescribed insulin.
- ? cognitive impairment
- Social isolation
- Functional incontinence
- Decrease in LOF (new baseline mobile with w/c)
- Inadequate equipment to support in-home safety /independence.
- In-home services inadequate to meet care need
- Financial constraints





Referred to MAPS Jan 2024:

- MAPS OT equipment prescription + loan
- MAPS SW ACP support, service linkage, fee waiver for services
- MAPS EN Medication review, pain review, BGL monitoring, wound care, hygiene set-up
- MAPS CA shopping, hygiene set-up, delivery of loan/ rental equipment
- MAPS Clinician Hospital discharge support (transport home) + welfare calls
- CCNN (MAPS support) medication reconciliation, supervised medication administration, pain management education, insulin management education (preparation administration, storage), health coaching, risk escalation, interservice information sharing.





Onward referred by MAPS to CDS Feb 2024:

- CDS SW f/up ACAT SPR, service commencement + fee waivers. Review accommodation options
- CDS OT to follow up MASS application for equipment
- MAPS CA delegation shopping for continence aids, facilitated transport to medical appts, med prompts. Applications for fee waivers completed.
- Webster pack arranged in liaison with GP, Pharmacist & client
- MAPS EEN collection & delivery of medications from pharmacy to client.

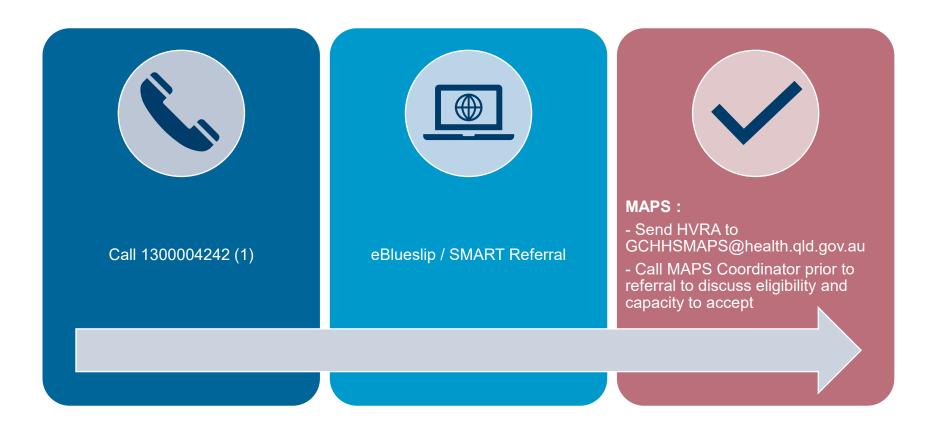


Onward referred to IMPRINT for complex medical concerns Mar 2024:

- OT: functional and cognitive assessments, MASS application for electric w/c
- Welfare checks & facilitated readmissions
- Geriatrician: comprehensive geriatric assessment, stakeholder discussions, liaison with GP.
 Referred to community palliative care
- Family meeting to discuss recommendations
- SW: advanced care planning, RACF education
- CNC: Comprehensive assessment, insulin education, medication error identification &
 escalation, health coaching, health literacy, continence assessment + MASS application, primary
 care service integration, interservice information sharing.



Referral Pathways







https://www.canva.com/design/DAF6IKzjNW0/RT3BR2Hv 77mkCMU0bPjJPg/watch?utm_content=DAF6IKzjNW0&u tm_campaign=designshare&utm_medium=link&utm_sour ce=editor



Thank you



Alcohol and Other Drugs Funded Services

Chantelle Howse

Program Coordinator (Commissioning)

Gold Coast Primary Health Network



Supporting Patients with AOD Concerns: Resources & Services



Agenda

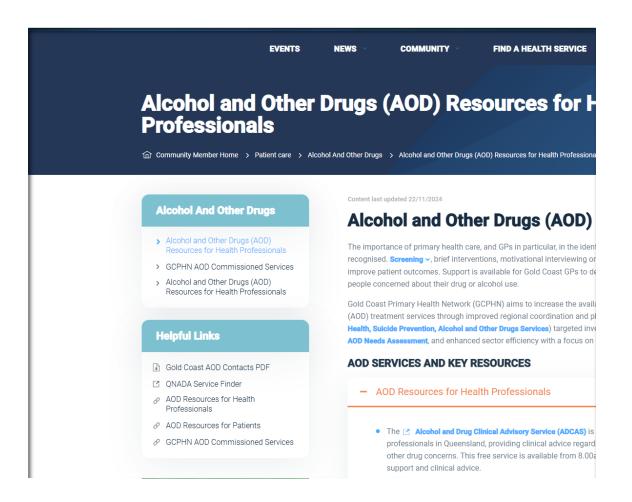
Support in your role

Services for people with AOD concerns



Support in you role

GCPHN website Alcohol and Other Drugs
(AOD) Resources for
Health Professionals



▶https://gcphn.org.au/patient-care/alcohol-and-other-drugs/alcohol-and-other-drugs-aod-resources-for-health-professionals/

Recordings

Motivational interviewing

Screening & brief Intervention

Alcohol withdrawal

Myths and stereotypes

Client's experience

Recordings

IN recruited specialist GPs to provide expertise and support on a number of project developed as key resources for AOD support.

otivational Interviewing in cohol and Other Drugs

Serge Macanovic



Foundational Alcohol and Other Drugs – Screening and Brief Intervention

Dr Thiruvaranga Janani Thirumurugan



Alcohol Withdrawal Management

Dr. Serge Macanovic



rths and Stereotypes in AOD

Thiruvaranga Janani irumurugan



A motivated client's experience of cannabis use

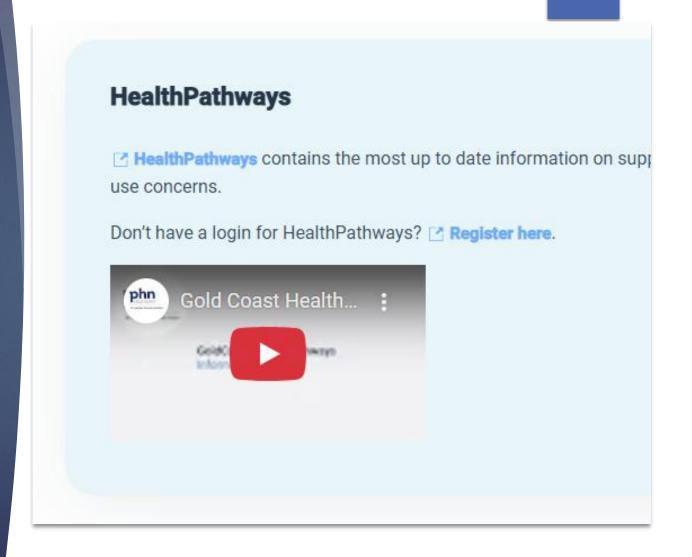
Dr Thiruvaranga Janani Thirumurugan



▶https://gcphn.org.au/patient-care/alcohol-and-other-drugs/alcohol-and-other-drugs-aod-resources-for-health-professionals/

Health pathways

As per presentation



Gold Coast Community HealthPathways - Gold Coast Primary Health Network

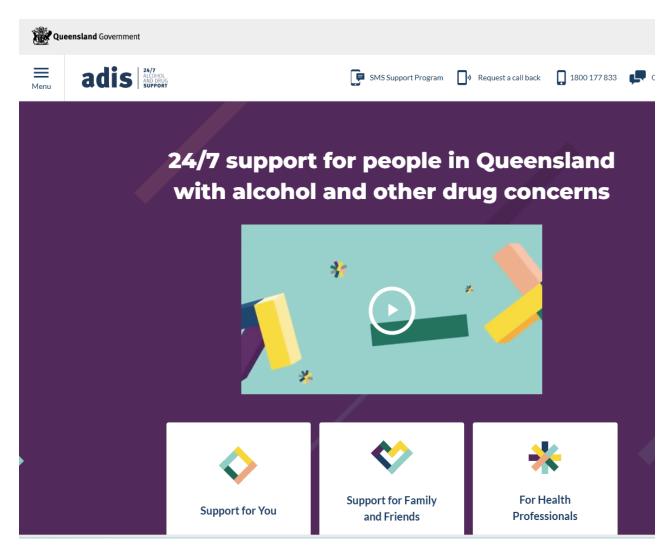
ADCAS Advisory line for professionals

Free service 8.00am-11.00pm, 7 days a week. Call 1800 290 928



This may include advice relating to:

Opioid pharmacotherapy and other prescribing enquiries
 Management of withdrawal syndromes, intoxication and toxicity



Adis QLD Homepage | Adis

National service ADIS

1800 177 833

Safe, anonymous and confidential space for people to talk when they have alcohol or drug concerns.

Experienced counsellors



GCPHN Funded Services

intervention to support de-escalation

Mental Health, Suicide Prevention, Alcohol and Other Drug Services, and Chronic Disease Management

	SERVICE	TARGET AUDIENCE	DESCRIPTION	PROVIDER
SUICIDE PREVENTION AND COMMUNITY SUPPORT	Gold Coast Community Support	People 16+ in the Gold Coast community at risk of suicide.	Gold Coast Community Support is a flexible 8-week program that provides non-clinical emotional, practical, and coaching support.	Wesley Mission Queensland 07 5569 1850 MentalHealthIntake@wmq.org.
	The Way Back Support Service (TWBSS) (Post- hospital Discharge Community Support)	Adults (18+) that have presented to or been discharged from either Robina or Gold Coast University Hospital following a suicide attempt or suicidal crisis.	Personalised non-clinical psychosocial support for up to three months after hospital discharge. This service supports people to stay safe, keep connected with others, and access health and community services as part of their recovery.	Wesley Mission Queensland 07 5569 1850 thewaybackservice@wmq.org.a
	The Way Back Support Service (TWBSS) Out Of Hospital pathway (OOH)	People 16+ experiencing suicidality and have presented to either General Practice, Head to Health or an Aboriginal Medical Service (i.e. Kalwun).	Personalised non-clinical psychosocial support for up to three months after hospital discharge. This service supports people to stay safe, keep connected with others, and access health and community services as part of their recovery.	Wesley Mission Queensland 07 5569 1850 MentalHealthIntake@wmq.org.
ALCOHOL AND OTHER DRUG SERVICES	Lives Lived Well (Transition House, Family and Youth)	People 12+ impacted by alcohol or drugs, including impacts associated with mental health issues.	Short to medium term treatment and support to reduce problematic substance use via access to all Lives Lived Well programs, including family support and therapy, dual diagnosis and complex care, residential rehabilitation and transitional housing support.	Lives Lived Well 1300 727 957 info@liveslivedwell.org.au
	QuIHN (AOD Adult)	Adults (18+) impacted by alcohol or drugs, including impacts associated with mental health issues.	Treatment and support to reduce problematic substance use and achieve recovery goals. Services include harm reduction, group programs, long term case management and counselling.	QuIHN 07 5520 7900 quihn@quihn.org
	Social and Emotional Wellbeing (First Nations AOD)	Aboriginal and/or Torres Strait Islander people struggling with their mental health, drug and alcohol misuse or seeking a suicide support service.	Improve the social and emotional wellbeing of individuals and reduce the harm associated with social and emotional wellbeing, suicide ideation/attempts and mental ill health through the provision of an integrated, flexible, and holistic approach of care.	Kalwun 07 5526 1112 sewb@kalwun.com.au
S		Adults (18+) who require a brief	After Hours Safe Space is a confidential low intensity	

After Hours Safe Space is a confidential, low intensity,

Funded service Navigation

https://gcphn.org.au/wpcontent/uploads/2025/03/GCPHN-Mental-Health-Funded-Services-A3-Summary.pdf Share Your Sto

Feedback Or Complaint?

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Your Priva

**** 1300 727 957



Q About Us

o v Our Locations

Our Services v

News & Resources

Access Our Service

Work With Us ~



Home / Our Services / Alcohol and Other Drugs.

If you're struggling with alcohol or drugs, we're here for you.

We offer a variety of community and residential programs throughout Queensland and New South Wales, helping thousands of people every year to navigate alcohol and drug challenges and move forward in life.

Our services are provided with professionalism and confidentiality, and they're free of charge, except for our residential services, which involve a small fee.

Explore our program areas below to find the support that meets your needs. Don't see what you're looking for? Talk to our contact team on 1300 727 957 and we'll work together to find the best solution for you. You can also send a referral to us (you don't need a doctor for this).

https://www.liveslivedwell.org.au/our-services/alcohol-and-other-drugs/

Lives Lived well

Transition, Family Youth and After hours

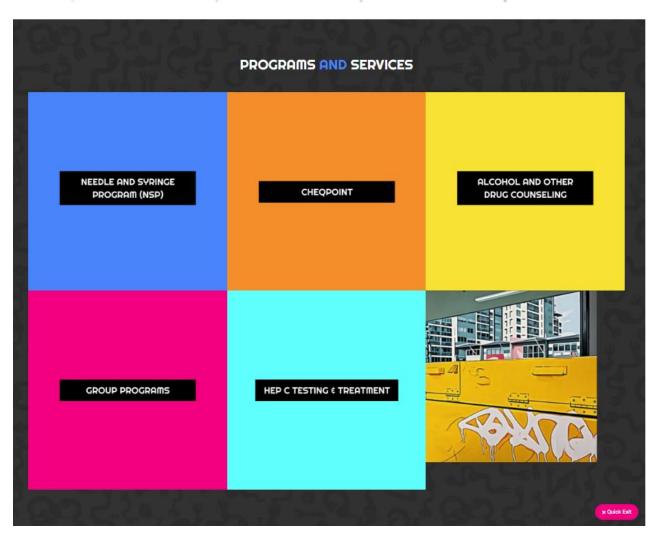
Short to medium term treatment.
Family support and therapy
Dual diagnosis
Complex care
Residential rehabilitation
Transitional housing

1300 727 957 info@liveslivedwell.org.au

QUIHN SERVICES GOLD COAST (BURLEIGH HEADS)

Traditional country of the Yugambeh / Kombumerri / Bundjalung peoples.

Welcome to QulHN's Gold Coast locations, where we provide a range of free and confidential services to support those affected by substance use and related health concerns. Located on the traditional country of the "uyambeh, Kombumerri, and Bundjahung peoples, our services are designed to create a safe and supportive environment for individuals seeking help with their health and well-being. Whether you need harm reduction tools, counselling, or treatment support, our team is here to help.



QuIHN

Adults After hours

harm reduction, group programs, long term case management and counselling.

07 5520 7900 quihn@quihn.org

Detox At Home With Personalised Medical Support An at home detox and aftercare program for alcohol, cannabis and cocaine.

We Come To You

With AIR Detox, you can safely and discreetly detox at home with expert medical care. Our doctor comes to you so all you need to do is focus on your

recovery. Our home detox program also includes a personalised aftercare plan and 12 months of support so you can meet your long term goals.

AIR Detox

Addiction in - home recovery

Safe and discreet detox at home with expert medical care

Trialing a fully funded pathway with referrals through QuIHN and LLW

0415 617 313 start@airdetox.au

Gold Coast AOD Services

The following short clips provide a brief overview of key AOD services on the Gold Coast. To refer to these services, you can find eligibility details and referral forms at *O* GCPHN AOD Commissioned Services – Gold Coast Primary Health Network or HealthPathways.

QuIHN Community Outreach



QuIHN Hepatitis C Treatment



Goldbridge Rehab Services



Kalwun



Lives Lived Well



Salvation Army Pathways



Alcohol and Other Drugs (AOD) Resources for Health Professionals - Gold Coast Primary Health Network

Other services

Additional services information



Karen WhittingGP Liaison Unit Program Manager

Gold Coast Health



GP Partnerships and **Engagement**

A team dedicated to supporting GP practices to optimise the care of our mutual patients.





GP Partnerships and Engagement Team



Karen Whitting
GP Liaison Unit
Program Manager



Alyssia Berghammer HealthPathways Coordinator



Dr Kate Johnston
Medical Director
GP Partnerships
& Engagement



Rhian Campbell
GP Liaison Unit
Senior GP Engagement
Support Officer



Dr Scott Preston
HealthPathways
Clinical Editor



Dr Siobhan Jeffs HealthPathways Clinical Editor



Peter Northcott

GP Liaison Unit

Senior GP Engagement

Support Officer



Dr Stephanie Eid HealthPathways Clinical Editor

GP Liaison Unit

- Improving communication between the hospital and general practice
- Support your interactions with the health service
- Develop new approaches to optimise the care of our mutual patients.
- Represents the interests of General Practice at Gold Coast Health



Components of GP practice support

HealthPathways Smart Referrals Secure Transfer Service (STS) / STS Address Book **Health Provider Portal (The Viewer) Electronic Discharge Summaries: Clinical Document Architecture (CDA)** format **GP News GP Telephone Support Lines**





GP News Bulletin



A state first Endometriosis and Pelvic Pain clinic

Gold Coast Health's new outpatient service commenced in February 2024. The service is staffed by a broad multidisciplinary team including allied health, nursing and medical consultants. Patients attend an initial education session which is then followed up with a call from a Nurse Specialist. Appointments are then scheduled with a gynaecologist or other Interdisciplinary team members as appropriate.

As a holistic service it is an expectation that all patients will attend the education/information session prior to all other appointments. Your support to advise patients of this is greatly appreciated. Feedback from patients who have been seen in this model has been extremely positive.

Click here to learn more about this service.

 Regular news bulletin emailed directly to General Practice

 Update on recent changes, news items

 To register head to the 'General Practice Support' tab on HealthPathways





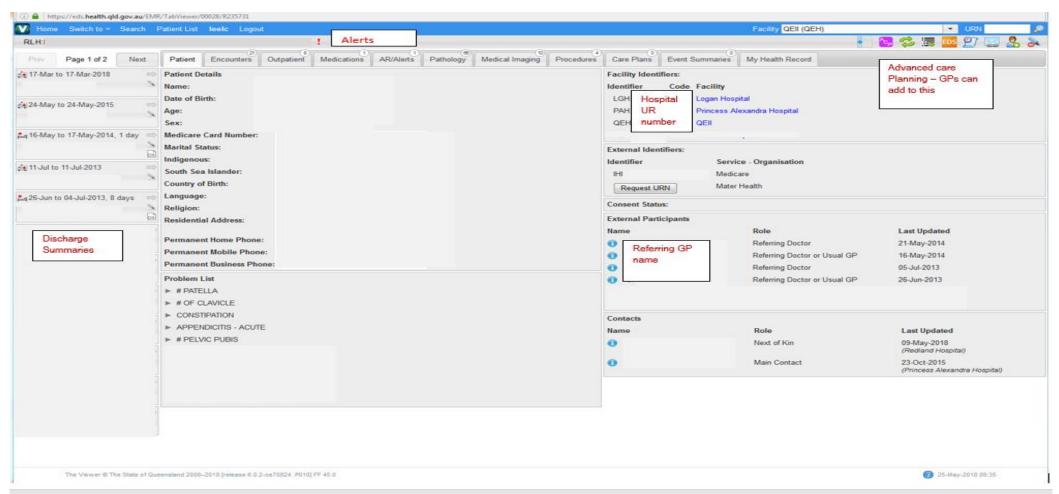
The Viewer (Via the Health Provider Portal)

- A web-based application available on desktop computers and mobile devices
- Available for Doctors, nurses and midwives
- Provides visibility to QLD Health appointment records, radiology and pathology reports, treatment and discharge summaries, demographic and medication details.





Health Provider Portal (The Viewer)







How to Register



- Head to the Health Provider Portal to create or log into your QDI account (you already have this if you have a digital licence)
- Follow the prompts to accept T&C's for The Viewer
- Ensure you have 100 points of ID
- Have your professional identification:
 APHRA Registration + HPI-I number
- Register your details ©





Gold Coast HealthPathways



Username:

Gold

Password:

Coast











Gold Coast HealthPathways

Online (secure) web platform to support General Practice in their daily management of patient care



All clinical pathways are written by GPs – for General Practice

Designed for use at the point-of-care

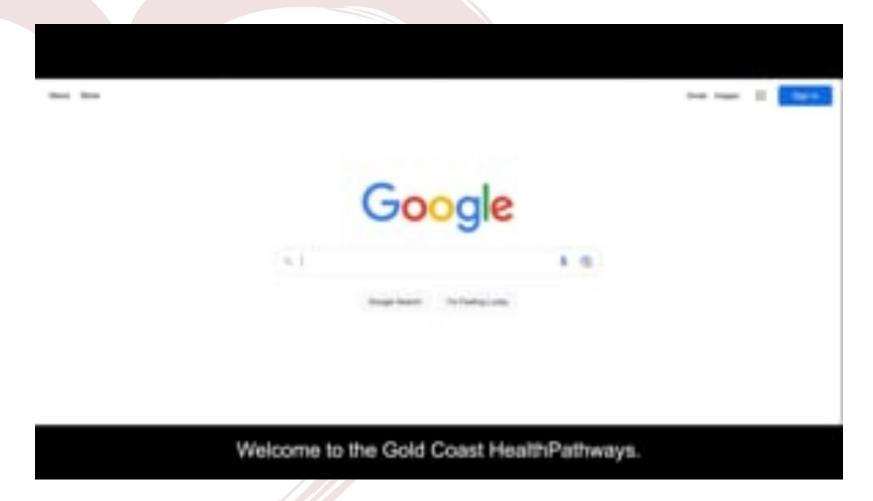
Provides local guidance for the management and referral of hundreds of clinical conditions

Local service directory – includes public and private options for patient care





HealthPathways Tutorial







HealthPathways for Practice Nurses

- Wound Care Community HealthPathways Gold Coast
- Immunisation Community HealthPathways Gold Coast
- Older Persons' Health Requests Community HealthPathways Gold Coast (Respite Services/Carer Support Services)
- National Disability Insurance Scheme (NDIS) Community HealthPathways Gold Coast
- Patient Transport Services Community HealthPathways Gold Coast
- Chronic Condition Management Items Community HealthPathways
 Gold Coast
- Assault or Abuse Child and Youth Community HealthPathways Gold Coast
- Cervical Cancer Screening Community HealthPathways Gold Coast



Questions?



GP Liaison Unit

GCGPLU@health.qld.gov.au

1300 004 242 (3)









CCM Overview – Early Lessons Learnt

Bec Norris

Project Officer (Engagement & Digital Health)

Gold Coast Primary Health Network

Chronic Condition Management - Early Lessons Learnt

GOLD COAST

An Australian Government Initiative

- Validating where a patient is registered is challenging
 - Best to check registration PRIOR to the appointment
 - Whole team approach is needed (reception > nurse > general practitioners)
- Patients on existing TCA and GPMP booked in for a review appointment need a 965 (new CCM) before a 967 (review) can be claimed
- MBS rejections common causes
 - 967 (review) claiming before 965 (new)
 - Patient registered in MyMedicare at another practice
 - Practitioner not registered in MyMedicare

Use Primary Sense



- Primary Sense Reports
 - High Complexity 5 & 4
 - Patient likely eligible or due for care planning items
 - Moderate Complexity 3
 - Patients with 1 chronic condition

Testing a new process or idea can be documented as QI

Reach out for support / use PDSA templates









Tuesday 14 October 2025 Nurse Immunisation Evening



Building one world class health service for the Gold Coast

Level 1, 14 Edgewater Court Robina QLD 4226

www.gcphn.org.au

ABN: 47 152 953 092