



Lives Lived Well

Youth Check

Health service for homeless or at risk of homelessness young people aged 12-25 years old



Acknowledgement of Country

.I would like to acknowledge the Yugamba people, the Traditional Custodians of the land on which we meet today and pay my respects to Elders past and present.

I recognise their enduring connection to land, waters, culture, and community, and acknowledge the strength and resilience of Aboriginal and Torres Strait Islander peoples.

I extend my respect to any First Nations people here today.



What is Youth Check?

Youth is a free health service for young people aged 12-25 years old who are experiencing or at risk of homelessness.

As a nurse-led health service, Youth Check is designed to reduce barriers to healthcare for young people.



Why Youth Check Exists

Challenges Young People Face

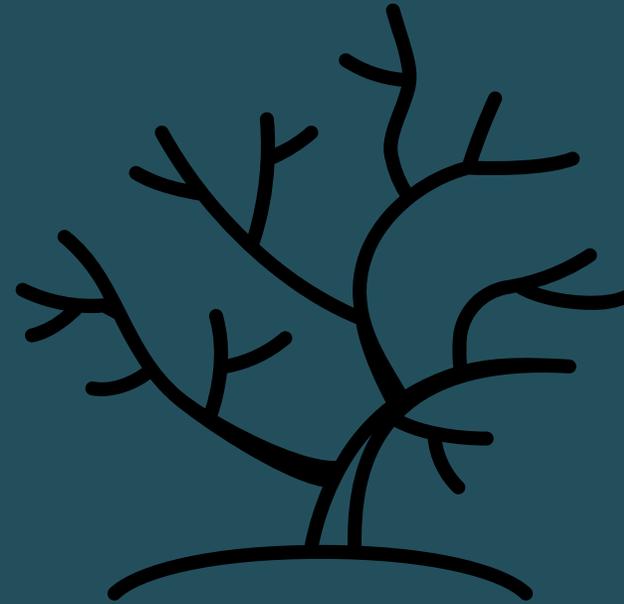
- Many young people experience significant barriers when accessing health and support services, including, difficulty navigating complex health and social systems
- Limited or no access to transport
- Cost concerns and fear of being billed
- Lack of trust in services due to past negative experiences
- Stigma, shame, or fear of judgement when seeking help
- These barriers often result in delayed care, disengagement, or unmet health and social needs.



Why a Youth-Friendly, Low-Barrier Service Matters

Youth Check provides a **safe, accessible, and supportive entry point** where young people can:

- Access care in a familiar, non-judgemental environment
- Receive health and social support without unnecessary barriers
- Build trust and engagement at their own pace
- Be supported holistically by both a nurse and support worker
- By reducing barriers early, Youth Check helps prevent issues from escalating and supports **better long-term outcomes** for young people



Who Youth Check Supports

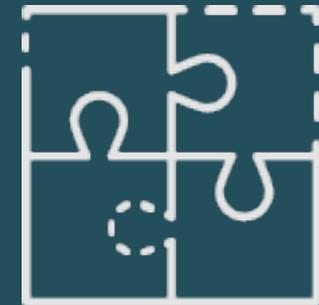
Youth Check supports young people aged 12-25 who may be:

- Experiencing homelessness or housing instability
- Impacted by domestic or family violence
- Experiencing financial stress
- Identifying as LGBTQIA+
- Disengaged from mainstream health services

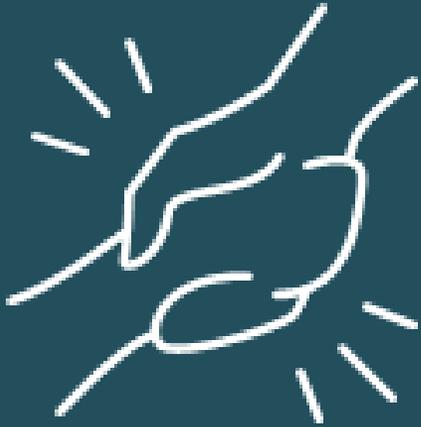


What can Youth Check offer?

- Comprehensive physical health checks
- Sexual health screening and some checks
- Sexual and reproductive health education
- Wound care management and education
- Services linkage (referrals to other services)
- General health needs
- Biopsychosocial assessments



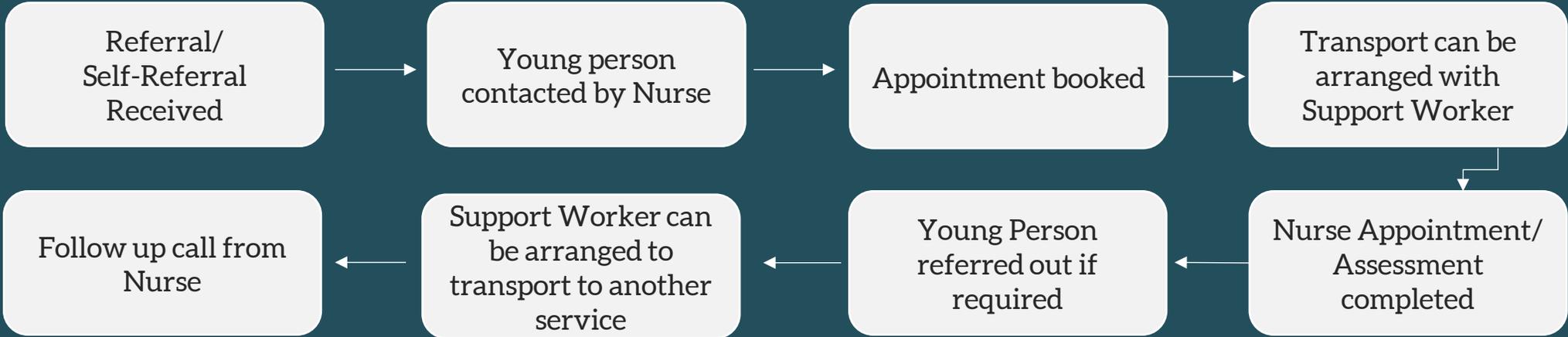
What can Youth Check offer?



- Provide transport support for young people to and from Youth Check appointments
- Accompany and support young people to attend other Youth Check–arranged appointments (e.g. health, housing, legal, or community services)
- Assist young people with applications and documentation related to housing, income support, and other essential services.
- Support young people to develop and manage daily living skills, promoting independence, confidence, and engagement with services



How Youth Check Works



Partnerships & Collaboration

Youth Check works in close partnership with a range of services to ensure young people receive coordinated, holistic care, including:

- Youth services (e.g. GCYS, YHES house)
- Mental health services (e.g. Headspace, Lighthouse)
- Housing and homelessness services (Youth Outreach, Uniting Care)
- Schools and education providers (GCH school nurses)
- GP clinics and primary health services
- Community and social support organisations



Referral Information

Who Can Refer?

- Youth services and community organisations
- Schools and education providers
- Health professionals (GPs, nurses, allied health)
- Support workers
- Self-referrals are welcome
- Family, friends
- Youth programs
- Youth justice, court link etc.



How to Refer

- Complete the Youth Check referral form
- Scan the QR code below to access the form
- Send an email to youthcheck@liveslivedwell.org.au
- Referrals can be made with or without prior engagement



Youth Check Contact Information

Nurse mobile: 0438 651 766

Monday- Thursday



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5509 5900

Headspace Upper Coomera Brygon Road, Upper
Coomera
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Email:

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Questions?



Thank You!

