

Geriatric Evaluation and Management in the Home

Service Outline





Jingeri.

We acknowledge the Traditional Custodians of the land in which we work, live and grow, the Kombumerri, Wangerriburra, Bullongin, Minjungbal and Birinburra peoples, of the Yugambah Language speaking nation. We also pay our respects to Elders past, present and emerging. We also acknowledge other Aboriginal and Torres Strait Islander people present today.



What is GEMITH?

- Hospital substitution model of care delivered in the home.
- Transitional service (patient remains “inpatient” in virtual bed)
- Aim to support improving functioning of patients with multidisciplinary needs associated with ageing (i.e., physical, psychological, emotional, social).
- Patients spend on average between 10-14 days on the service.

Our Team

- GEMITH Medical
- Nursing
- Physiotherapy
- Occupational Therapy
- Social Work
- Dietetics
- Clinical Psychology
- Neuropsychology
- Pharmacy
- Speech Pathology
- Allied Health Assistants
- Admin Officers



GEMITH episodes of care

Acute care – GEMITH provides safe, community-based management of acute illness.

Comprehensive Geriatric Assessment – GEMITH provides comprehensive and holistic evaluations and assessments with a multidisciplinary focus.

Restorative care – GEMITH provides intensive allied health care for patients with recent functional decline to help them regain function, mobility and strength and maintain their independence. For higher intensity needs, patients can be supported through a higher intensity rehabilitation model (GEM-RITH).

Example Conditions Supported by GEMITH

Falls

Incontinence

Malnutrition

Dehydration

Confusion

Depression

Medication
management

Psychosocial
complexity

Pain
syndrome

Pressure
injuries

Example of Allied Health Goals

Profession	Goals
Occupational Therapy	Cognitive and functional assessments, home modifications and equipment to assist with patient's independent living and safety in the home, review of community access.
Physiotherapy	Mobility, falls prevention strategies, balance, lower limb strengthening, review of equipment in the home.
Social Work	Optimise services in the home, navigate My Aged Care, link in with service provider, advanced care planning, EPOA.
Dietitian	Nutrition and dietary advice and support
Speech Pathology	Swallowing issues; dysphasia
Neuropsychology and Psychology	Cognitive, behavioural and mental health assessments; therapeutic interventions; BPSD support/education, neuropsychological assessments.
Nursing	Patient/carer education; meds oversight; pain management; bowel/bladder management; wound care takeover and referral to community nursing

Suitability

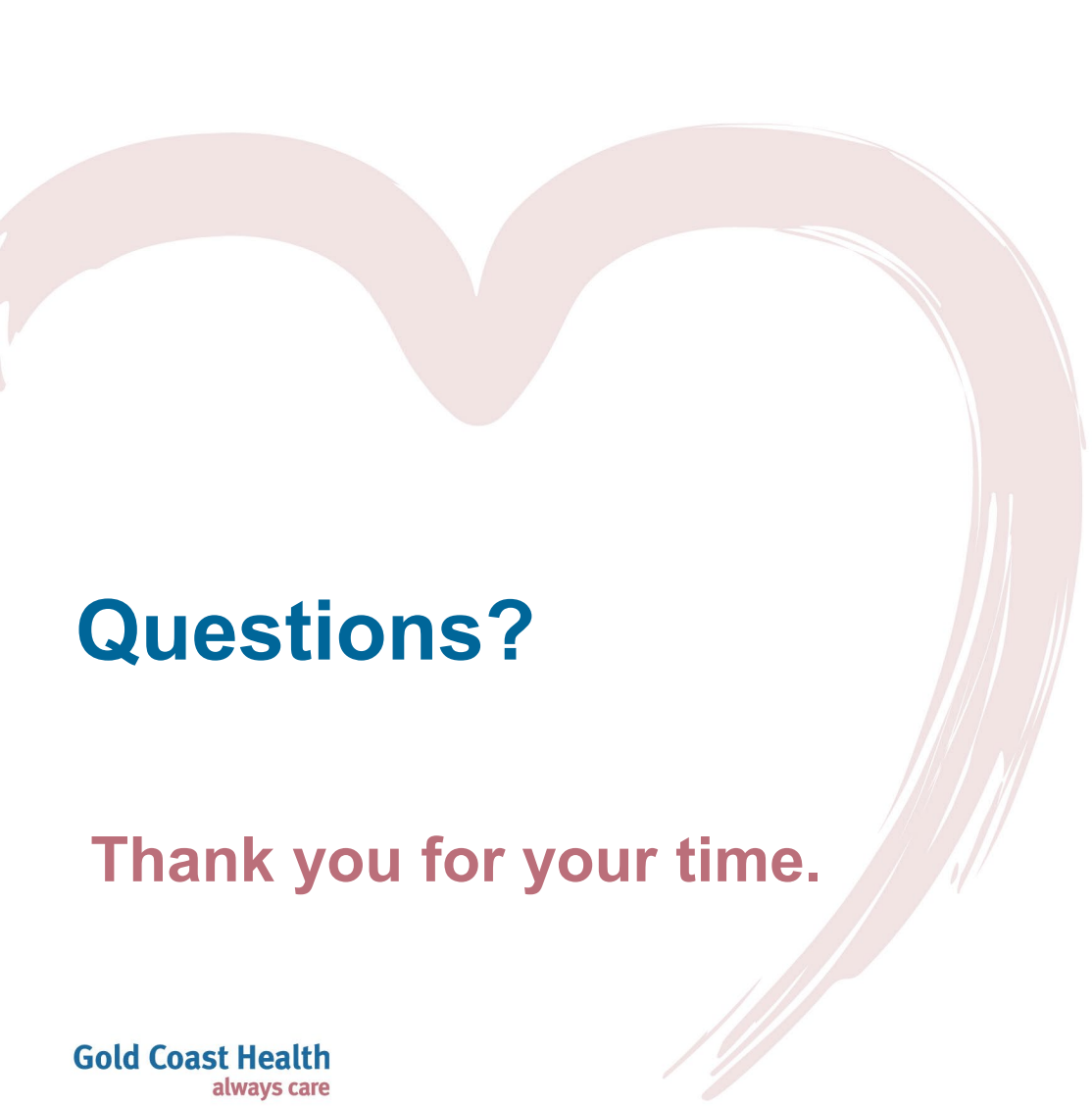
- Reside in GCHHS catchment area
- 65 years or above, or 50+ for Aboriginal or Torres Strait Islander populations.
- Stable medical condition
- Patient or their EPOA consenting to the program
- Able to independently attend to their personal activities of daily living (or current support in place) and ability to access food and transport.
- Working telephone
- Safe and clean environment (both for patient & visiting staff) suitable for the activity to be undertaken
- Where to after GEMITH (i.e., Transition Care Program or community programs).

Referral Process

- Predominately hospital-based referral service.
- Suitability determined by medical and MDT on ward and referred for GEMITH medical (geriatrics) review to determine suitability.
- From GCH community programs as clinically indicated and mitigate avoidable hospital admission.
- As clinically appropriate and service capacity allows, through GP pathway.

Patient Story

- Patient presented to ED with an unwitnessed fall + functional decline.
- GEMITH referral from ED. Goal of pt to return home.
- Return home from ED with medical, nursing, PT, OT and SW.
- Transition to TCP after 9 days with GEMITH, for continued rehabilitation support in the community.
- Ability to support patients transition back to remain home longer, with coordinated community care and collaboration.



Questions?

Thank you for your time.