



Connected and Prepared

Your **health** matters in a disaster

CAP offers free, practical workshops that support patients and carers to identify health risks, plan for disruptions and complete a simple personalised preparedness plan, before the next emergency

What practices can do

Display flyers • Promote via newsletters or socials • Encourage suitable patients to attend

Patients to encourage

-  Temperature-sensitive medicines, e.g. insulin
-  Regular healthcare, carer or home support needs
-  Powered medical equipment
-  Chronic or complex conditions, disability, older age or social isolation

Contact your GCPHN Primary Care Engagement Officer for flyers, newsletter content, social media assets or more information.