



Leading Change

The Practice Manager Advantage

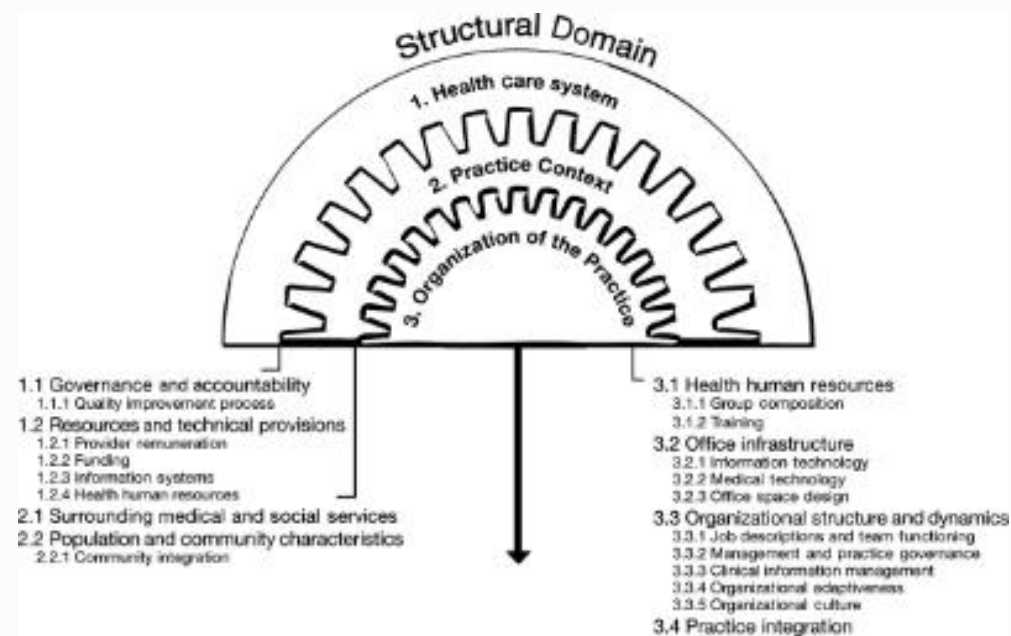


Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Practice Management Equals Performance!

The Structural Domain:
The foundation of every high-performing practice



<https://pmc.ncbi.nlm.nih.gov/articles/PMC2533520/>

Hogg, W., Rowan, M., Russell, G., Geneau, R., Muldoon, L., (2007) Framework for primary care organisations: the importance of a structural domain, International Journal for Quality in Healthcare

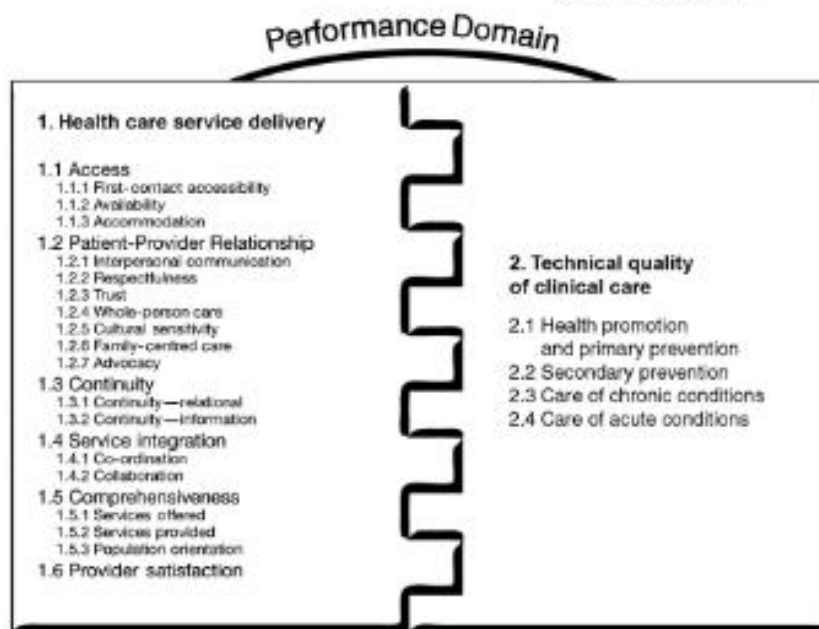
Practice Management Equals Performance!

The Performance Domain:
The Outcomes that Matter Most



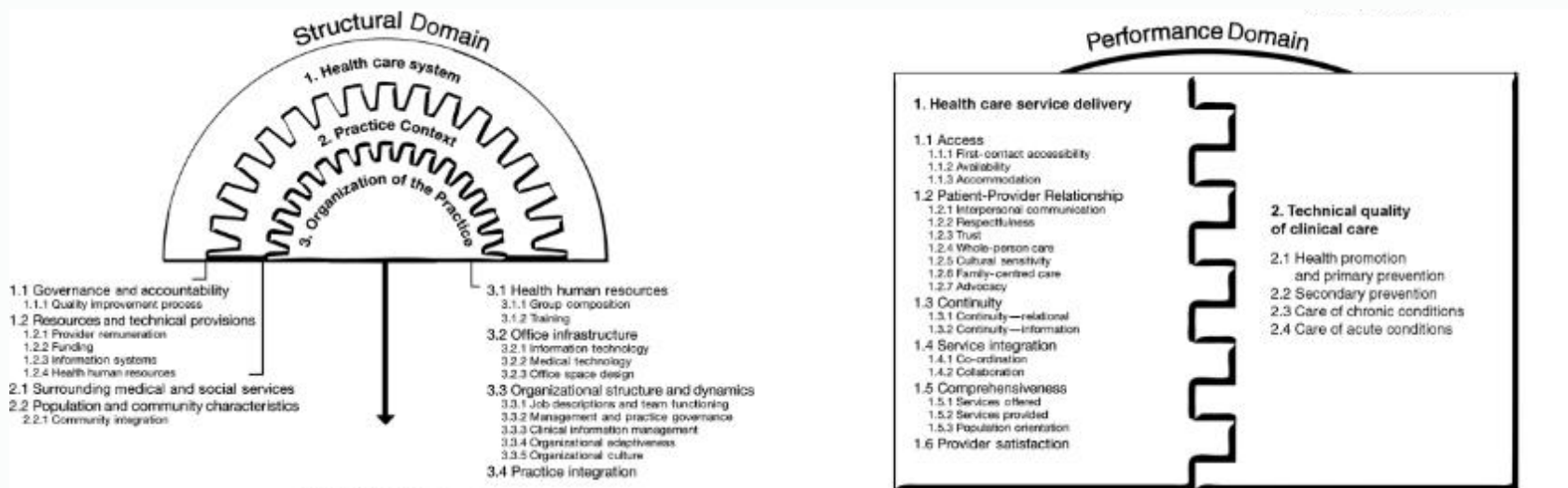
<https://pmc.ncbi.nlm.nih.gov/articles/PMC2533520/>

Hogg, W., Rowan, M., Russell, G., Geneau, R., Muldoon, L., (2007) Framework for primary care organisations: the importance of a structural domain, International Journal for Quality in Healthcare



Practice Management Equals Performance!

Structural and Performance Domains:
The two working together

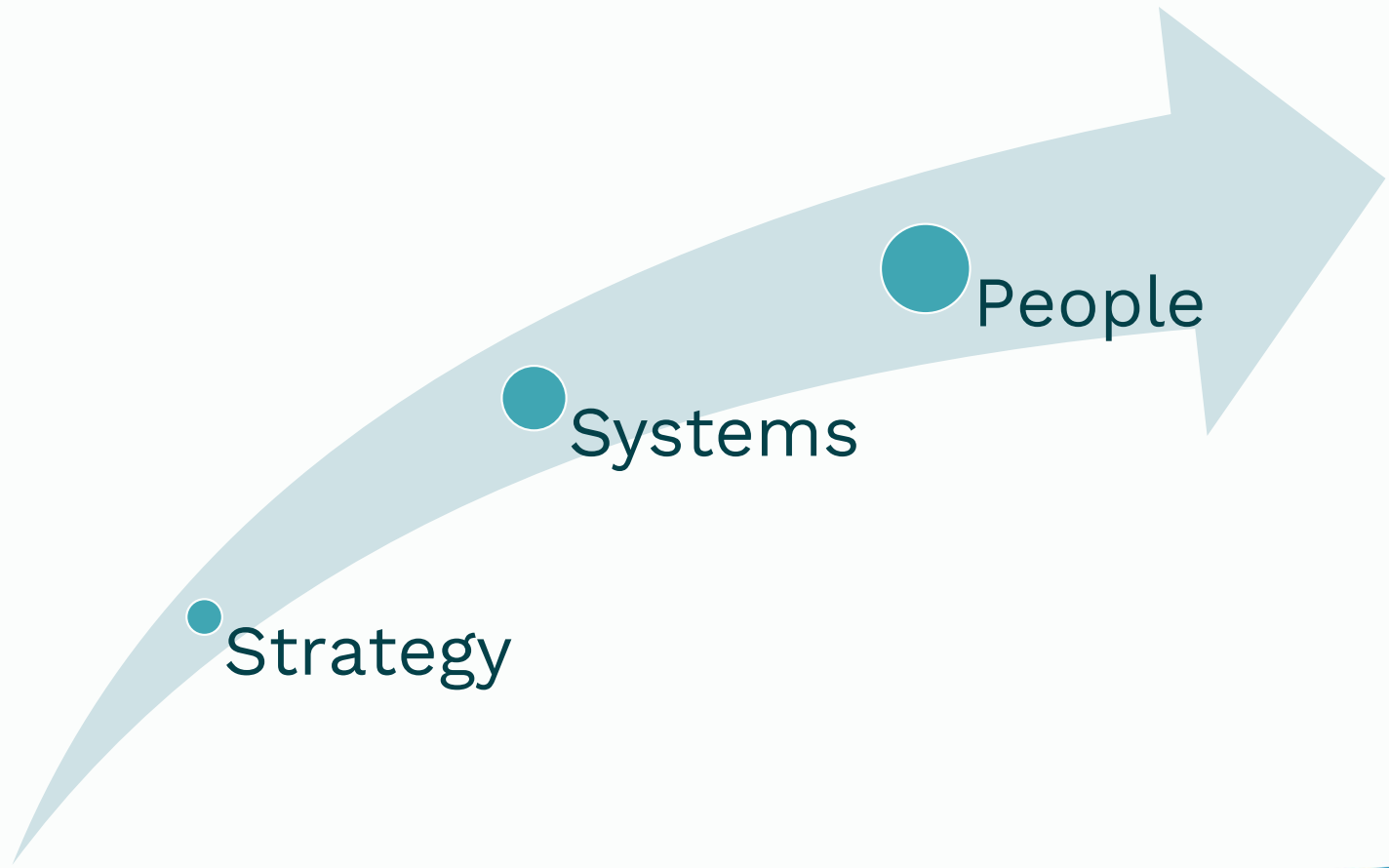


<https://pmc.ncbi.nlm.nih.gov/articles/PMC2533520/>

Hogg, W., Rowan, M., Russell, G., Geneau, R., Muldoon, L., (2007) Framework for primary care organisations: the importance of a structural domain, International Journal for Quality in Healthcare



The Cascade



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



More Than Tick Boxes

- **Conformity – evidence based care**
- **Consistency – productivity and safety for staff**
- **Clarity – less stress and burnout**
- **Communication – quality & performance indicators**
- **Culture – commitment to team objectives**



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Beyond Compliance to Impact

- Systematic review of 87 studies
- Accreditation improves patient outcomes
- It has most power when standardised and enhanced internal processes are in place
- Culture and teamwork are highly influenced by owning accreditation's intent

Janamian, T., Martin, S., Janamian, S., Chua, D., Kirkegarrrd, A., Johnson, T., (2026), Beyond Compliance: Evaluating the Real-World Impact of Accreditation on Healthcare Quality and Safety, Draft Manuscript



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Fanning the Flames of Culture

What does your practice stand for?

List the three things your team would note define “how things are done around here”...



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



The Common Spark

What looks better or worse than the standard you will accept?

	Below Par	Expected	Exceeding
1.			
2.			
3.			

Your Why...

Why did you decide to work in healthcare?

What gets you up in the morning?

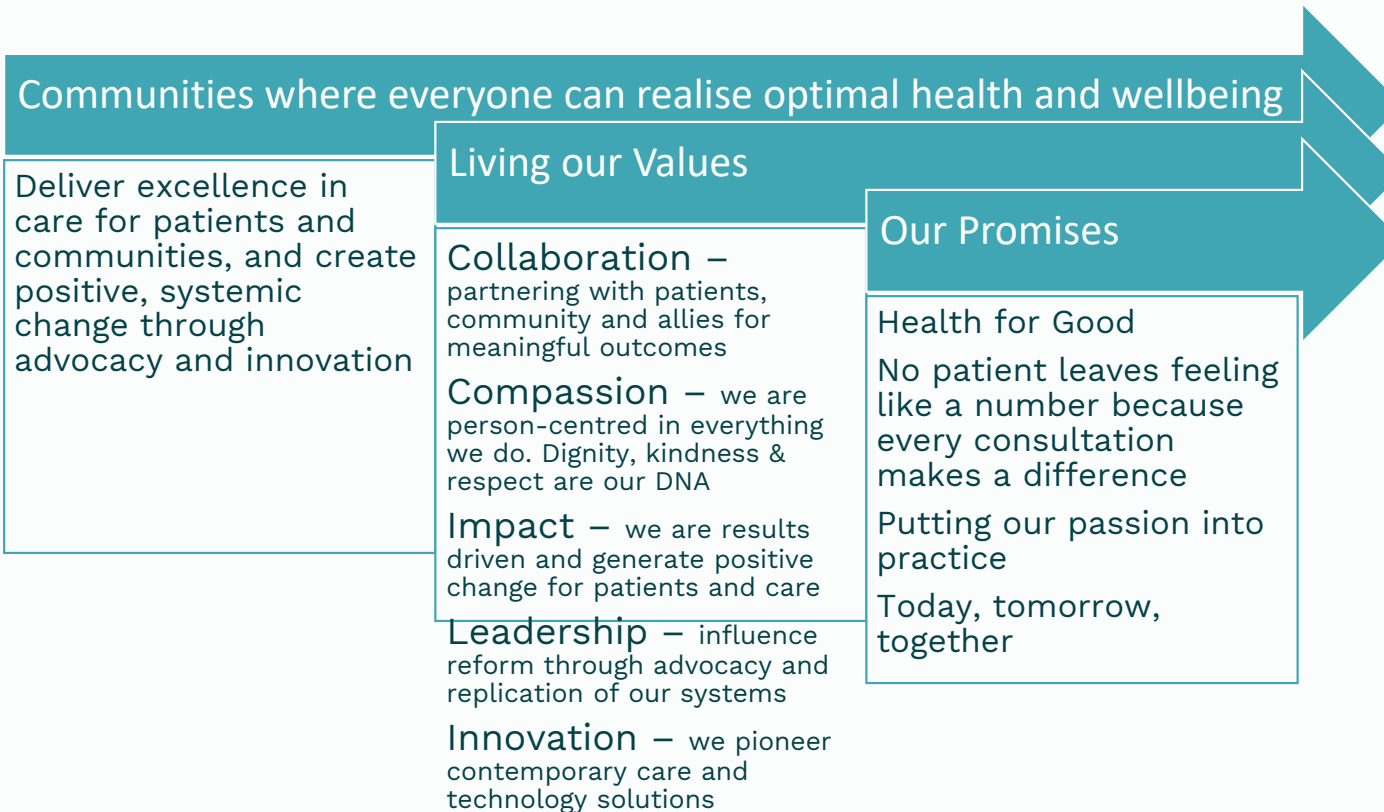
How are these values shared and reinforced?



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Living our Mission at Sandstone:



Who Keeps the Fire Burning?



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



How do you stoke the flames?

- Recruitment and induction
- Meeting rhythm
- Communication mechanisms
- Performance focus
- Business rules and Patient Charter
- Tone of voice and posture
- Living your values



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



This is skilled work!

Practice Management is a recognized profession.

Who knew:

- * AAPM Certification
- * Diploma to Masters Qualifications
- * Lobbying for WIP for PM
- * Lobbying for PM Certification within Accreditation



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Professional Practice Managers

Income = \$250K+

Qualifications = Masters level

Budget = \$5M++

Staffing = 30+

Business Stake = bonuses, share of the business



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Our work is going to get harder!

More vulnerable patients – marginalization and frailty

Larger teams – team based care

Increased scale – physical and virtual presence, integrated care

More accountability – new funding models, value based care

More technology – digital health, genomics, personalized medicine

More areas of focus – Medicare, DVA, NDIS, MAC, Workplace Medicine, Lifestyle Medicine

New competitors and partners – virtual services, RACF/supported living

Patient and carer expectations – access, comprehensiveness, coordination, results

Trust as our currency

Patient loyalty = patient base = goodwill

Patient trust and engagement = compliance = population health outcomes

Team trust = low turnover = coherence

Sector results = political respect = trust with investment

Reports Acknowledge Our Skills

From ► An illness system	To ► A wellbeing system
From ► Patient management with a focus on 'what is the matter with patients'	To ► Patient activation and person-centred care with a focus on 'what matters to patients'
From ► A focus on treatment	To ► A focus on health promotion and prevention, while ensuring safe, quality care is provided when people need it
From ► Multiple independent and sometimes competing providers	To ► A coordinated and integrated multidisciplinary health care team focused on serving people (including across providers, provider-types, health care sectors and non-health sectors)
From ► A volume-based system	To ► A value-based system
From ► A fragmented system	To ► A coordinated and interconnected system

A key enabler identified was leadership and culture to drive the new models of care, team based working and innovation involved. Change management was outlined as a need



Future focused primary health care:
Australia's Primary Health Care
10 Year Plan 2022-2032

March 2022

<https://www.health.gov.au/resources/publications/australias-primary-health-care-10-year-plan-2022-2032?language=en>



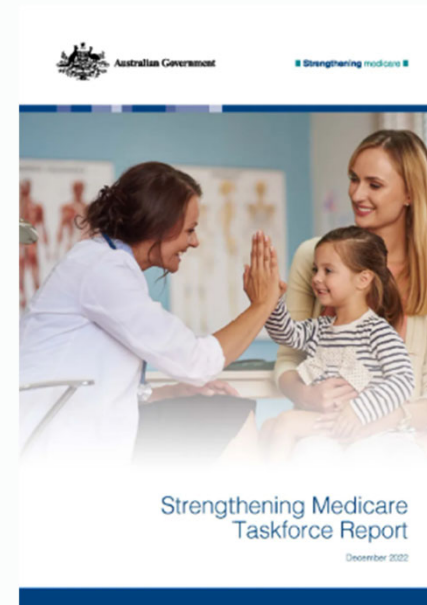
Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Professionals Driving Change!

Support general practice to embrace organisational and cultural change, support innovation and consumer voice in the design of services to ensure they meet people's needs

A recommendation was to support practice management as a profession!



https://www.health.gov.au/sites/default/files/2023-02/strengthening-medicare-taskforce-report_0.pdf

Funding to Make Change Happen

Embed the role of Clinical Leaders and Practice Managers to drive change.

60% of funding via bundled payments and 40% via MBS activity based payments

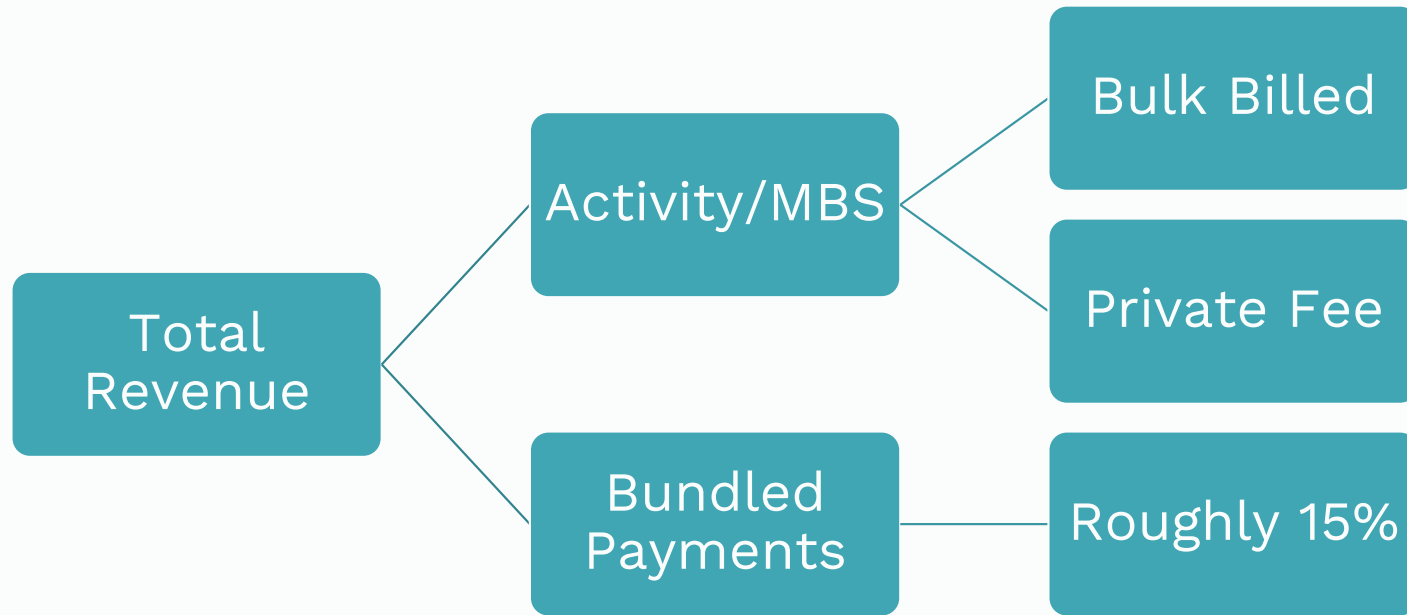
Review of General Practice Incentives
Expert Advisory Panel report
to the Australian Government



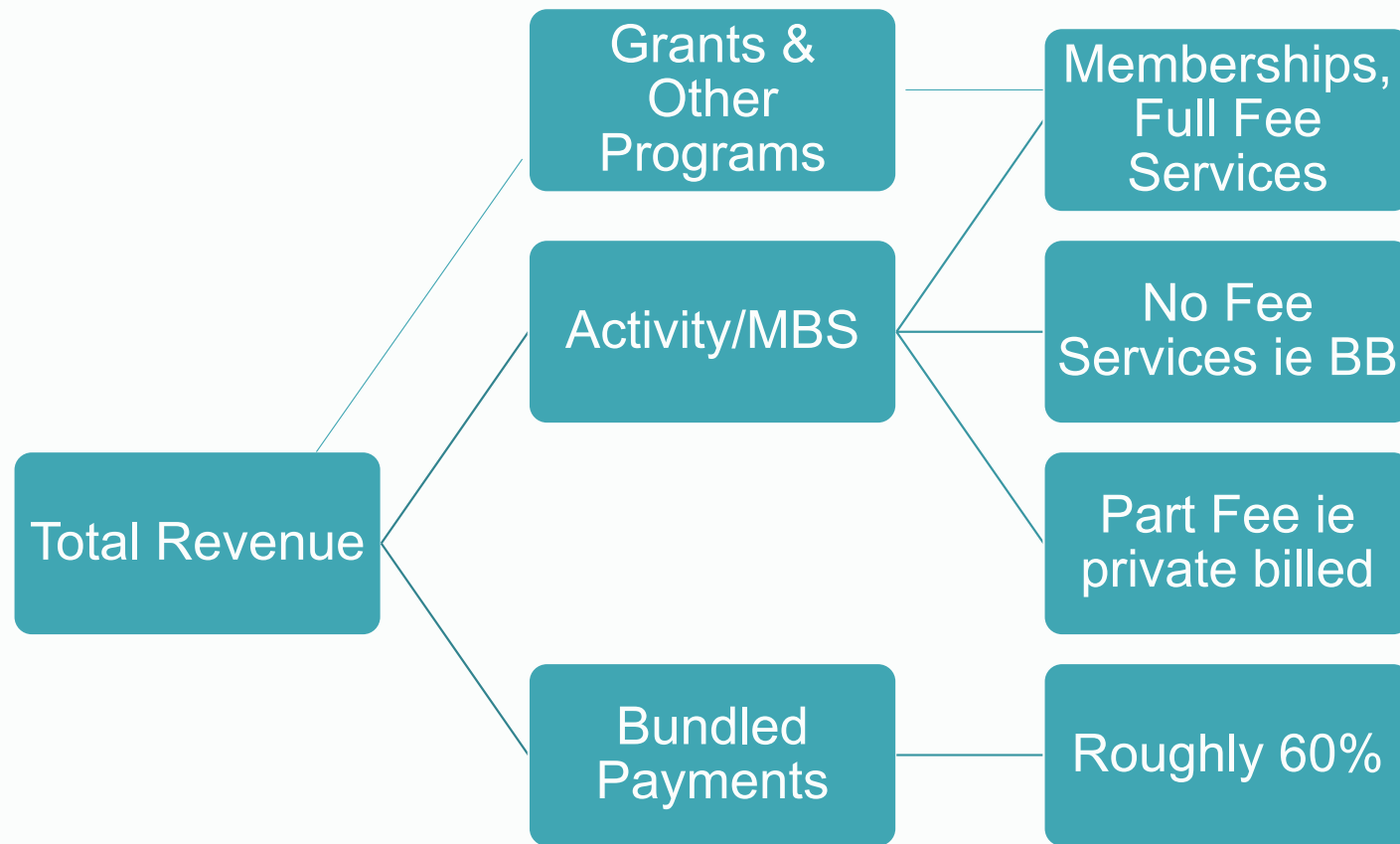
30 September 2024

https://www.health.gov.au/sites/default/files/2024-10/review-of-general-practice-incentives-expert-advisory-panel-report-to-the-australian-government_0.pdf

Our Funding Environment



New Funding Equals New Challenges



Existing Metrics



GP Led but Not GP Dependent Care

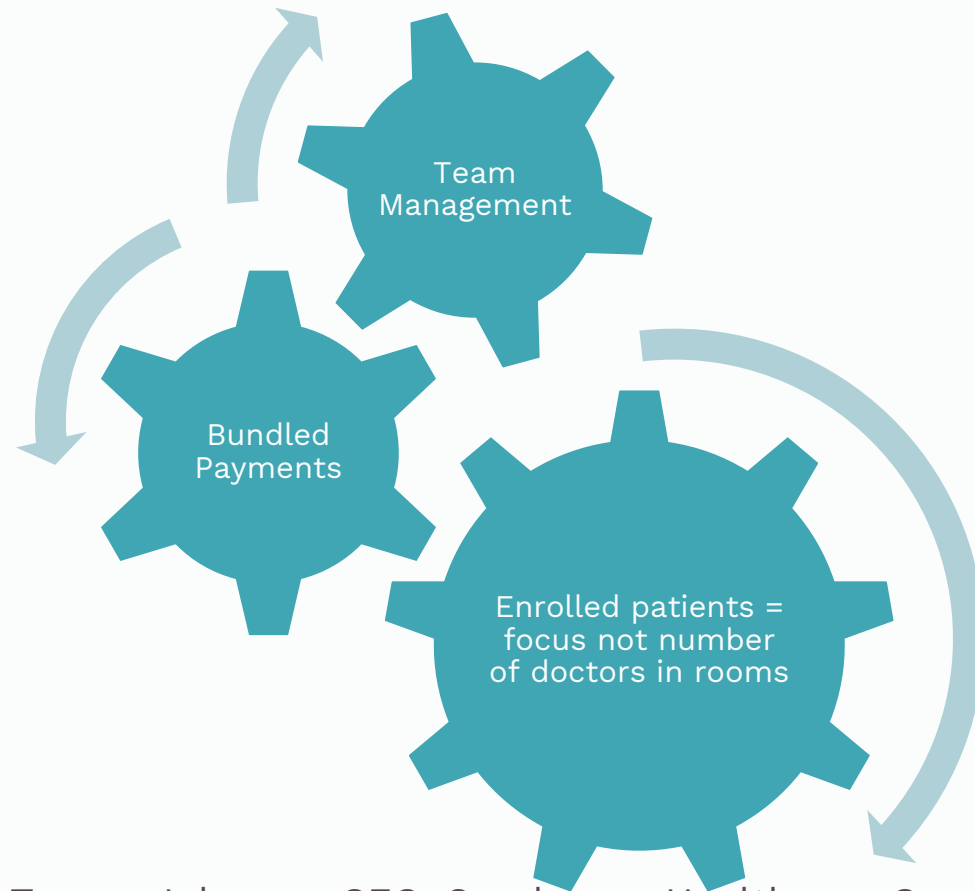
New Doctor to Non-Doctor Team Ratios



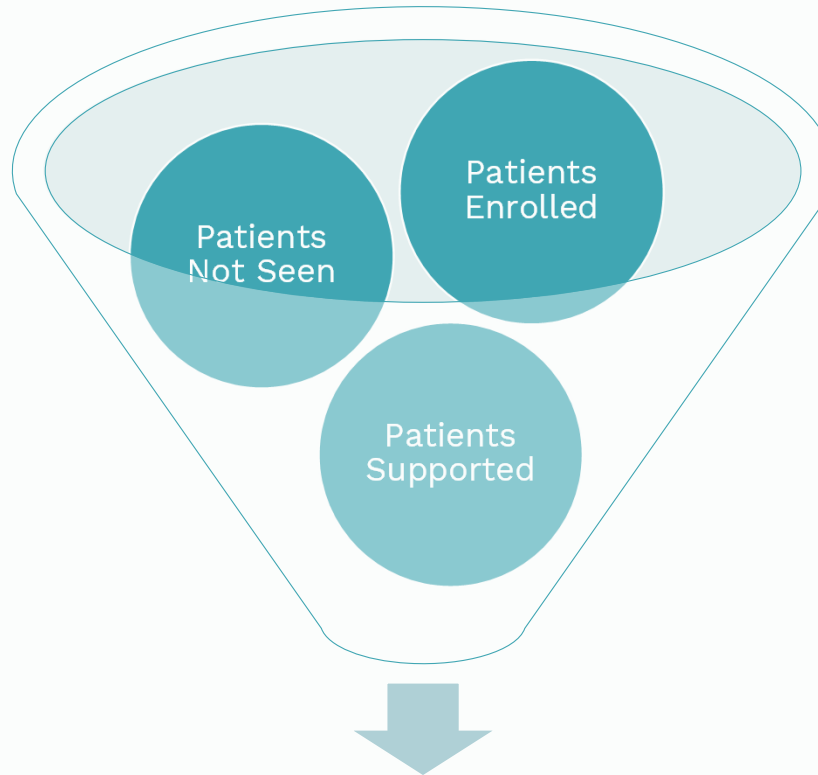
What is your team mix?

Team Type	Core		Visiting	Co-located
Doctor/GP	No	FTE		
Nurse				
Physician				
Allied Health				
Pharmacy				
Social Work, Legal, Link Worker, Peer Worker?				

Moving from room rental to team based care

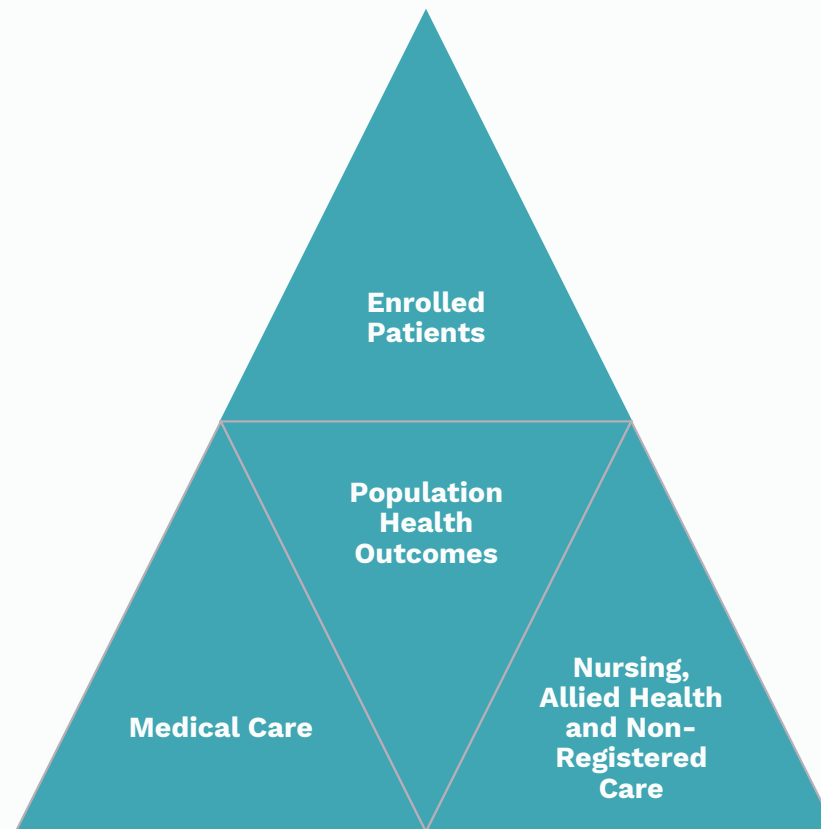


Team Metrics



Practice Income

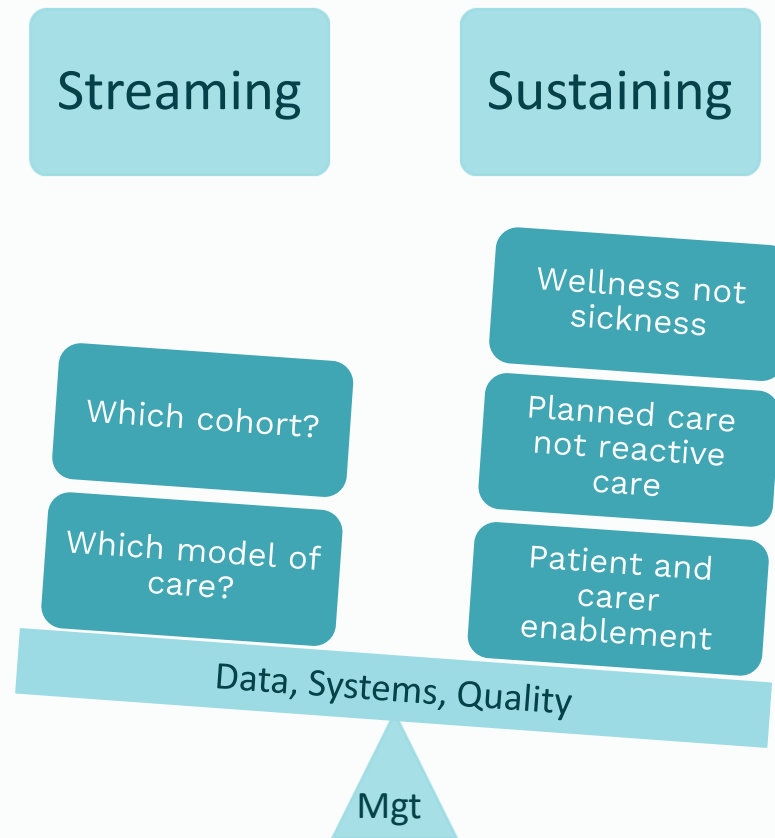
Clinical and Corporate Leadership



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network

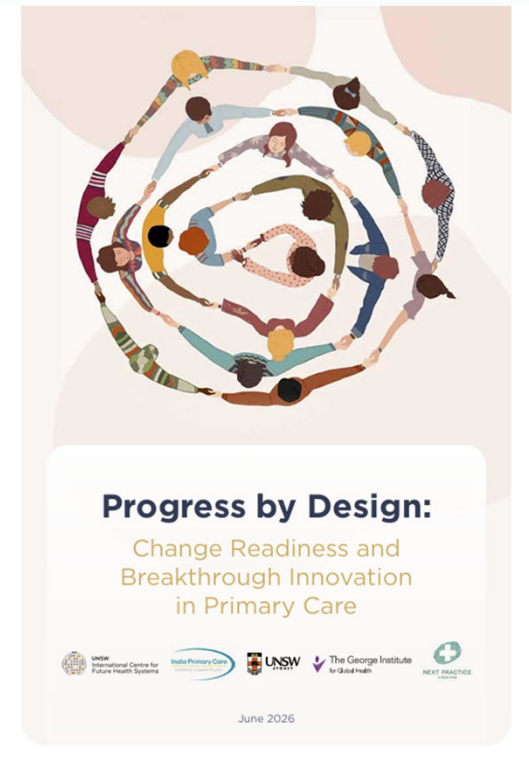
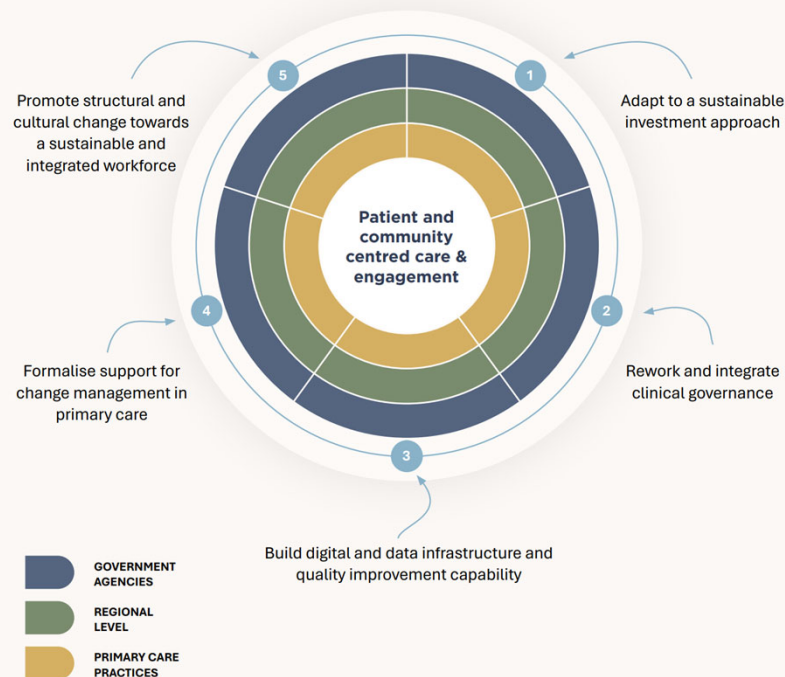


New Models of Care Need Systems



Making Progress Happen

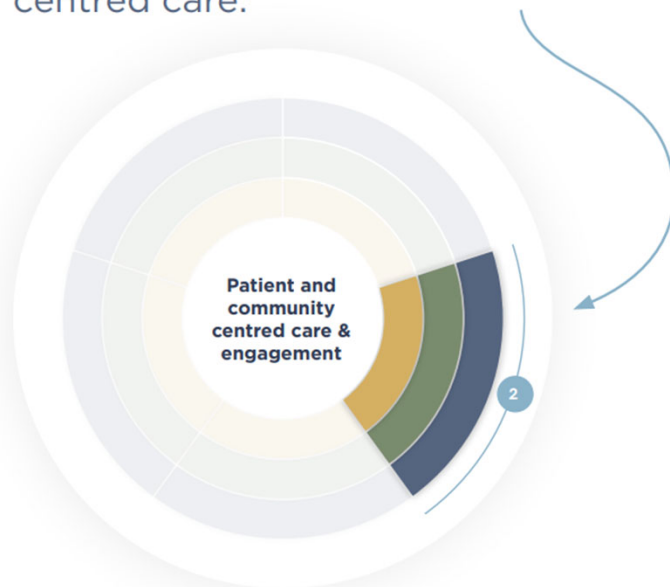
Patient and community centred care & engagement



<https://www.georgeinstitute.org/sites/default/files/2026-06/Design%20Primary%20Care%20Reform%20Implementation%20Report%20June%202026%20web%20v030626.pdf>

Ideas for action

To rework and integrate clinical governance and enable patient-centred care:

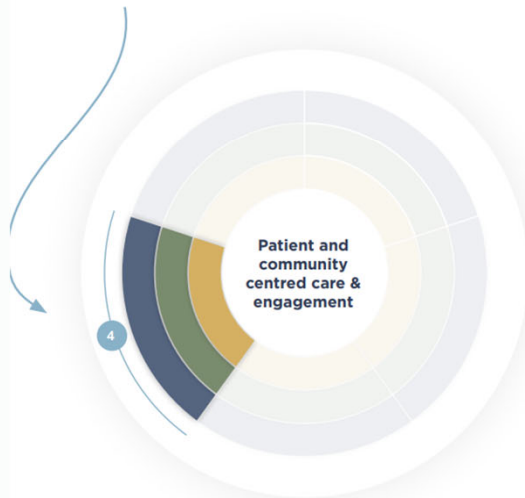


Primary care practices will need to embed new team-based clinical governance structures into everyday practice. To enable teams to work to their full capability, practices can:

- Define staffing roles within models of care and practice pathways and implement training programs and responsibility matrices which clarify accountability, delegation and safety.
- Ensure governance structures adapt as teams evolve and include roles for patients, community and carers.
- Establish supervision arrangements that support expanded roles for nurses, pharmacy and allied health.
- Conduct regular reviews of clinical pathways, clinical outcomes, clinical risk, communication pathways and referral processes.
- Stage and use clinical governance meetings and mechanisms to drive a culture focused on safety, innovation and quality.
- Develop and resource leadership roles in both clinical governance and organisational/ corporate governance.
- Resource efforts to use population data and practice audit data; and implement quality improvement and service expansion which addresses population health needs.

Ideas for action

One of the Roundtable's clearest messages was the need to capture, share, and normalise innovation in this area of change management.

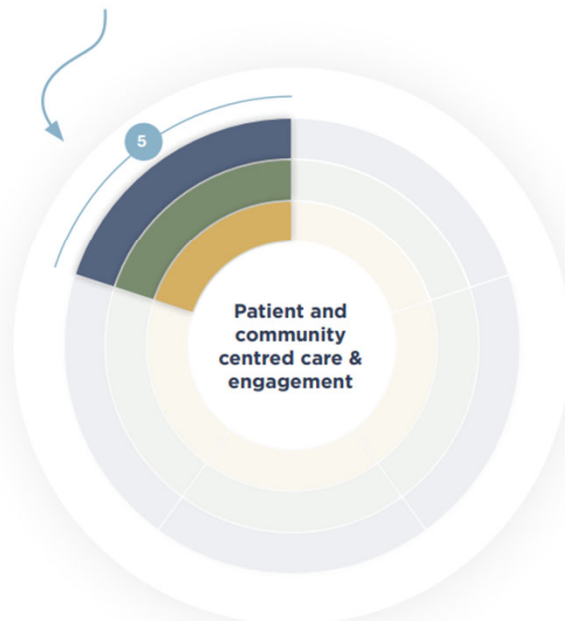


Practices need support to:

- Nominate and resource practice leaders capable of driving this agenda.
- Build internal capacity for planning, quality improvement and reflective practice.
- Participate in learning collaboratives and share experiences.
- Host site visits or shadowing opportunities for other practices.
- Embed time into the standard work week for staff to support change management activities.

Ideas for action

To promote structural and cultural change towards a sustainable and integrated workforce to enable team-based care



Practices need support to:

- Optimise delegation and teamwork towards competency-based care models, so roles match skills and patient needs, not traditional hierarchies.
- Move from linear, GP-dependent workflows to GP-led shared-care pathways. This involves implementing shared decision-making protocols and creating opportunities for joint problem solving and appropriate delegation while retaining GP continuity of care.
- Create environments and redesign workflows—physical or virtual—that facilitate co-location, communication and shared care, and fully utilise available multidisciplinary resources.
- Redesign appointment systems to allow for case conference discussions, shared medical appointments, proactive care blocks, preventative health planning and chronic disease reviews.
- Establish regular team huddles, case reviews and reflective practice sessions.
- Develop onboarding and induction processes that emphasise team culture and collaborative practice. This includes emphasising proactive, comprehensive care norms fulfilled through agreed internal care pathways, standing orders and other care delegations.
- Celebrate early wins and encourage continuous professional development across all roles, not only GPs, to build momentum and reinforce change.

How much support do you need?

Workshop Activity



Clinical Governance



Corporate Governance



Change Management



Systems & Workflows

Your Task

Rate each area using the scale below

1 = Minimal support needed

5 = Significant support needed

 **Time:** 3 minutes

 Be honest—there are no right or wrong answers.

 We'll discuss the results together before collecting your worksheet.

How much support do you need?

Let's discuss



Clinical Governance



Corporate Governance



Change Management



Systems & Workflows

💡 Which area scored highest?

😬 What is the biggest barrier in your practice?

★ What's one thing you could improve within the next three months?

🚀 What support would help you get there?

Identity Matters

Health Clinic? Women's Health? Mental Health? Addictions Clinic?

Medical Centre? Doctors Surgery?

General Practice?

Health Hub?

Specificity

Scale & Success



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Patient Complexity

Complexity Comes in Many Forms:

- Physical
- Mental
- Social

Medicare recognizes complexity:

- ATSI status
- Rural and remote status



What if complexity was recognized?

Per patient

ATSI status

- Complexity score

Welfare
dependence

Per practice

ACCHO

- Rurality – MMM

Equity funding

Boston Scoring of Patient Complexity

Inala:

- 81.7% of patients in most disadvantaged quintile
- 25% of Dr time with interpreters
- 63% of patients in moderate-high complexity bands (2,755 patients)
- 16% of patients high/very high bands (695 patients)
- 3.1 patients seen per hour

Reality:

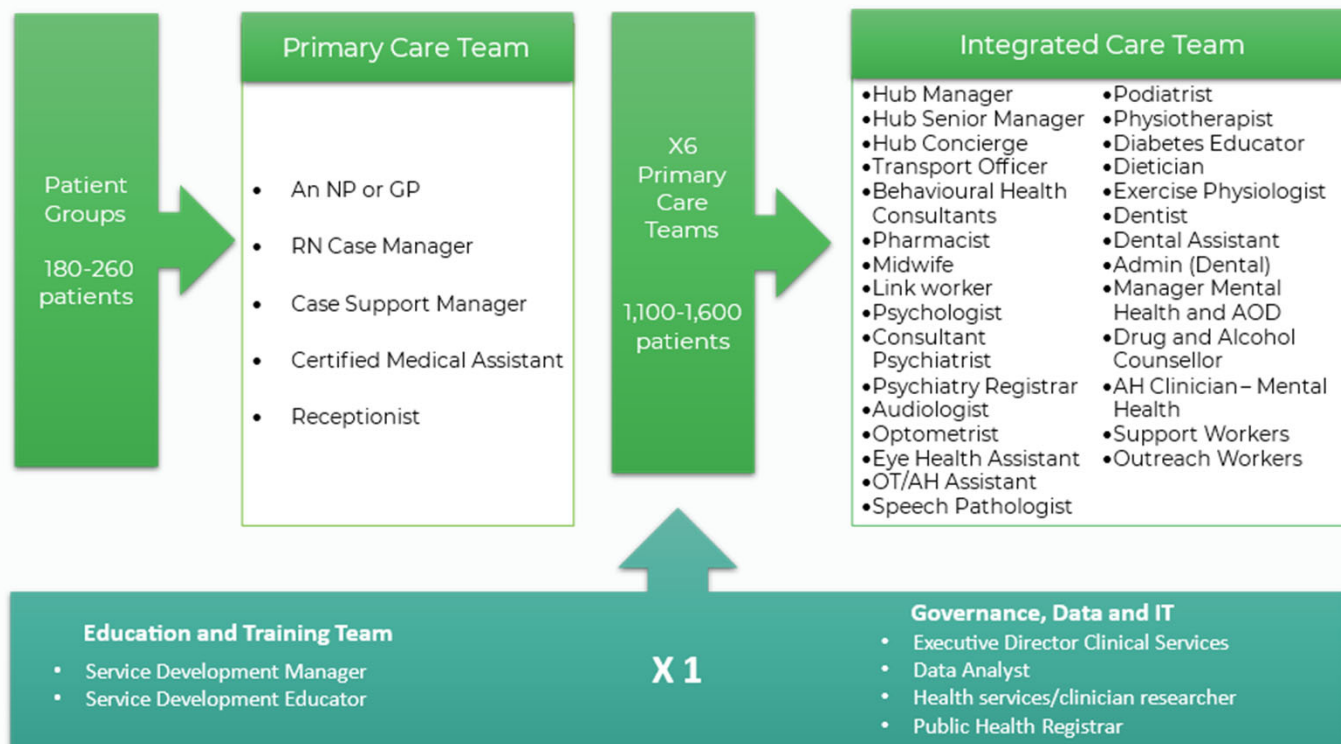
- <10% bookings online – more reception time
- 1/3rd more chronic disease revenue – AI and nursing supports
- Double the number of long appointments – less revenue



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Preferred Model of Care



Investing in Comprehensive Primary Care

Proposal for establishing health equity as a core element in general practice funding models



By The Health Equity Coalition – Brisbane, March 2025

How many of your patients could be streamed?

If you could pick a group of patients who would benefit from a new model of care:

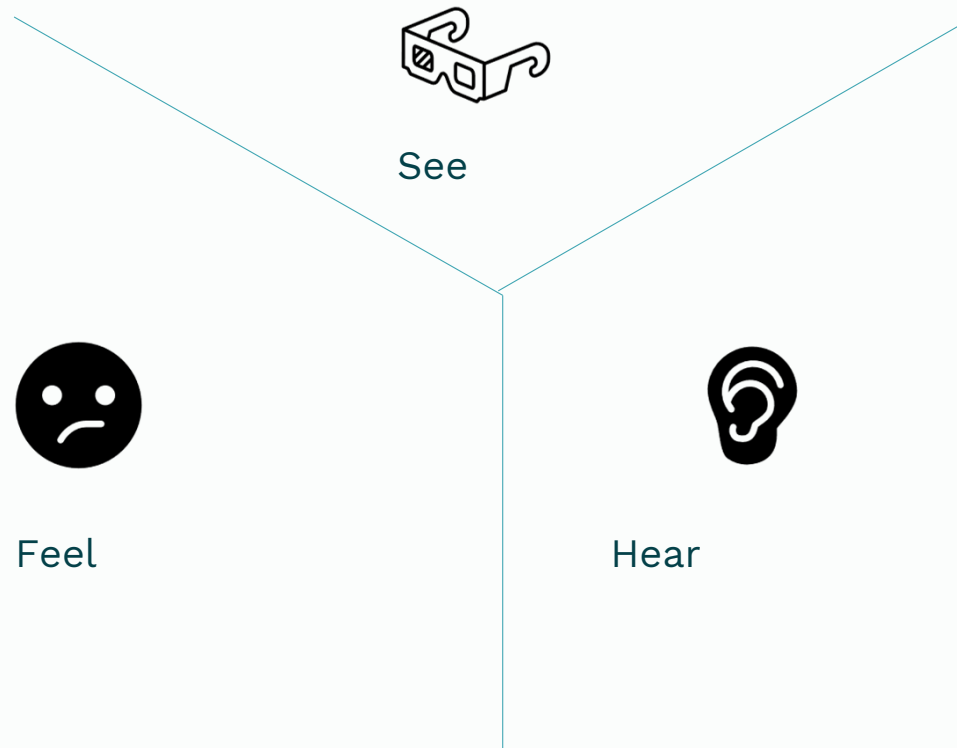
1. What group would that be?
2. What do they need and why?
3. What would you BARRR?
 - Make bigger?
 - Add in?
 - Re-arrange?
 - Reverse or re-order?



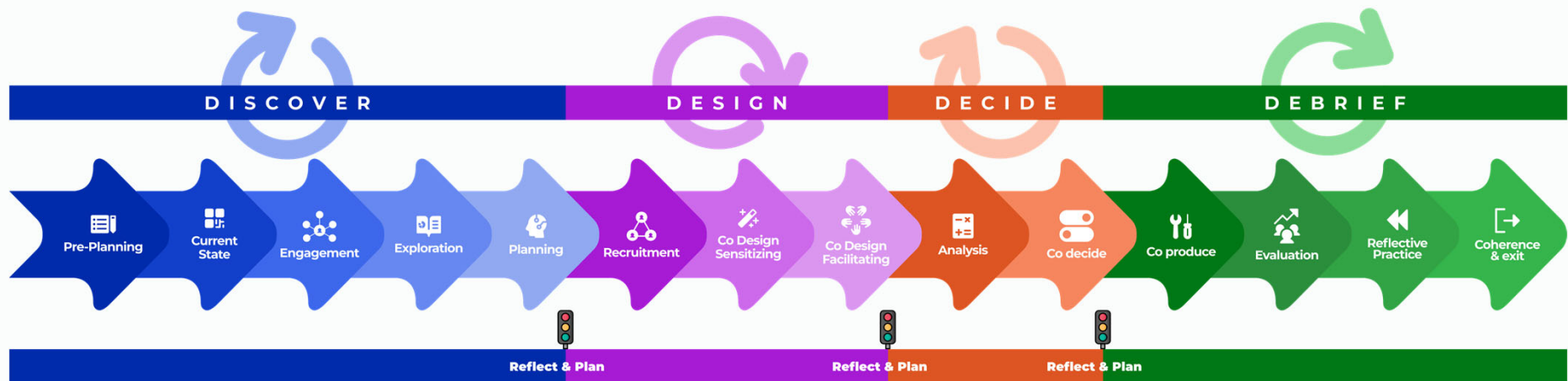
Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



What would success look like?



Co-design as a catalyst



<https://codesign4all.com/>

Where does digital fit?

- Data
- Systematisation
- Diagnoses
- Care management
- Virtual care

Who are your patients and what digital environment will support them?

What is your practice context and what is your digital plan?

<https://vimeo.com/1207951498>

<https://forms.office.com/r/F1PKHidf0f>



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Risks

Change is hard. Risk management makes the downside easier to avoid:

1. Communicate and consult
2. Establish the context
3. Identify the risks
4. Analyse and evaluate risks
5. Treat and identify potential safeguards
6. Monitor and review
7. Record key information

RACGP Risk Framework



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Risk Planning

Risk Appetite Statement

Risk Register

Risk Controls

Risk Owner Action

Quality is more than a PDSA

The screenshot shows the AIHW website header with the Australian Government logo and navigation links. The main content area features the title 'Practice Incentives Program Quality Improvement Measures: annual data update 2024-25' and a 'LATEST EDITION' badge. A sidebar on the left contains links for 'Back to topic', 'Contents', and 'About'. The main text area begins with 'The 5th national report presents the latest annual data update from the de-identified aggregate Practice Incentives Program Quality Improvement (PIPQI) Eligible Data Set covering 10 measures. Clinical information systems' data from 5,695 general practices represent the recording status of clients' lifestyle behaviour and access of significant health burden. Building on previous reports...'. A right sidebar includes a 'FEEDBACK' button and links for 'PIPQI measures' and 'Data'.



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Be the change you want to see in the world!

You have more power than you might think!



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network



Thank for being the secret advantage!



Tracey Johnson, CEO, Sandstone Healthcare Group
August 2026, GCPHN Practice Manager's Network

