

## WEBINAR

# Evidence-based PTSD recovery for veterans: Insights for GPs

Veteran trauma recovery and contemporary PTSD medication management

Hosted by **Avive Clinic Brisbane**

**Tuesday, 16 June 2026**



✓ CPD Activity 1608805  
pending RACGP and ACRRM approval

### Time

6:30pm – 7:30pm (AEST)

### Online, virtual event

Microsoft Teams (link provided following registration)

### Overview

This education webinar is focused on contemporary approaches to veteran trauma recovery and PTSD management, and is ideal for GPs, psychologists and allied health professionals with an interest in veteran mental health, PTSD and trauma-related disorders, DVA patient care, psychopharmacology, and collaborative mental health treatment pathways.

The session aims provide support in navigating the complexities of veteran mental health care, while strengthening referral pathways and multidisciplinary collaboration to help improve outcomes for veterans and their families.

### Presenters



**Dr Katelyn Kerr** DPsych(Clin), BPsych(Hons), BBehSc, MAPS, FCCLP  
Clinical Psychologist, Director Military-Related Trauma Recovery Program,  
Specialty Programs Manager

#### **Gold standard trauma recovery for veterans: Introducing Avive's new integrated PTSD program**

Introducing Avive's new Military-Related Trauma Recovery Program (MRTRP): an integrated, evidence-based treatment pathway designed specifically to support veterans experiencing PTSD, trauma-related conditions, and associated mental health challenges.



**Dr Bart Wlodek** BMedSc, BAppSc (Hons), MBBS, FRANZCP  
Consultant Psychiatrist

#### **Medication in PTSD: What helps, what harms, what to avoid**

Practical insights into PTSD medication management in veterans including current prescribing considerations; common medication challenges and pitfalls; practical strategies relevant to general practice, and collaborative care approaches for improved patient outcomes.

### Learning outcomes

- Determine referral pathways and the role of the MRTRP in supporting recovery and continuity of care
- Identify common presentations and clinical features of PTSD and cPTSD in veterans and ex-serving personnel
- Determine evidence-based medication management strategies for PTSD, including prescribing considerations and common treatment challenges



### Enquiries

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### Registration is essential

Register via the QR code or online at <https://bit.ly/4nSC6WY>  
To help facilitate the Q&A session, please email any questions to [catherinefitzsimmons@avivehealth.com.au](mailto:catherinefitzsimmons@avivehealth.com.au) prior to the webinar.

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