APNA Cultiv-8 Nurse Clinics Program
Expression of Interest Guidelines

Introduction
Australia's primary care system is under increasing pressure from chronic disease, rising patient demand, and workforce shortages. In response, national health reforms are shifting toward proactive, team-based care and better use of the existing workforce.

Nurse Clinics provide an opportunity for nurses to work to their full scope of practice, while addressing local health needs. Nurses play a vital role in the delivery of team-based and multi-disciplinary care, particularly for patients with chronic and complex conditions. Nurse Clinics strengthen the capacity, role and utilisation of the Australian primary health care nursing workforce, to address the health care needs of the community.

About Cultiv-8 Nurse Clinics Program
APNA's Cultiv-8 Nurse Clinics program is an 8-week hybrid learning program with weekly themes designed to support the introduction of the nurse clinic concept, enabling nurses to use their full scope of practice.

Utilising APNA's eight Nurse Clinic Building Blocks as the foundation to guide nurse clinic implementation, program participants will be provided with the tools required to establish a nurse-led, team-based model of care which meets the health needs of their community. These clinics often focus on preventative care (such as immunisation), education, and lifestyle support to help patients better manage their conditions and improve their overall health outcomes.

"*… I didn't really know where to start [with setting up a nurse-led clinic] on my own… but having worked through the steps in the Cultiv-8 guide on how to set up my own diabetes clinic was easy once I knew how. And once I had the knowledge. Without those recommendations from APNA and how to do it, I would have been lost." – Cultiv-8 Nurse Graduate*

Learning Objectives
At the completion of the 8-week program, participants will be able to:
- Explain the value of nurse clinic models
- Apply APNA's Nurse Clinic Building Blocks to plan a nurse clinic
- Identify funding options to support nurse clinic models of care
- Determine a range of measures suitable to evaluate a nurse clinic
- Access APNA's suite of Nurse Clinic resources

Who can apply
- General practices within the Gold Coast PHN region.
- Each practice is encouraged to nominate **one** nurse.
- Each practice is encouraged to nominate a second supporting staff member (GP, Practice Manager or nurse) per practice to enroll into the program.

- Applications open: Tuesday 27 October 2026
- Applications close: **Thursday 28 January 2027, 5pm**

Application Process

1. Read through the webpage and this EOI document prior to expressing your interest.
2. Applicants submit EOI form **here**. **Applications closed Thursday 28 January 2027, 5pm.**
3. GCPHN acknowledges receipt of application submission via email.
4. Applications are reviewed.
5. Successful and unsuccessful applicants are notified via email
6. Successful applicants' details will be shared with APNA's Cultiv-8 Team.
7. APNA will be in touch with a Welcome Letter and further instructions.

Please note that this is a fully funded education and training opportunity valued at $3000 per practice if the practice was to enroll without GCPHN. (2 participants).

Nurse Participant Responsibilities

- Attend scheduled sessions for 8 weeks
- Complete evaluation measures:
  - Pre and post program surveys
  - Workshop 1 evaluation
  - Accountability check-in survey (3 months)
- Deliver Nurse Clinic Implementation Plan (presentation at week 8)

Nurse Clinic Focus

- When considering the type of Nurse Clinic to be established, applications may focus on a specific health condition including but not limited to health assessment, immunisations, skin checks, cardiovascular prevention, and menopause.

Program Dates

Week	Date	Time/Platform	Building Block Focus
1	17/03/2027	3 hours **Wednesday 17 March** **In person workshop,** **Gold Coast** **9:30am-12:30pm**	Workshop 1 – Initiation
2	24/03/2027	1 hour / Online **Wednesday 24 March** **12:30pm – 1:30pm**	A Clear Plan / Location and Facilities
3	31/03/2027	1 hour / Online **Wednesday 31 March** **12:30pm – 1:30pm**	Staffing and HR / Best Practice
4	07/03/2027	1 hour / Online **Wednesday 7 April** **12:30pm – 1:30pm**	Patient Engagement / Systems and Processes
5	14/03/2027	1 hour / Online **Wednesday 14 April** **12:30pm – 1:30pm**	Funding
6	21/04/2027	1 hour / Online **Wednesday 21 April** **12:30pm – 1:30pm**	Data Collection

7	28/04/2027	1 hour / Online **Wednesday 28 April** **12:30pm – 1:30pm**	Evaluation
8	05/05/2027	3 hours **Wednesday 5 May** **In person workshop,** **Gold Coast** **9:30am-1230pm**	Workshop 2 – Presentations
3 months		Online Survey	3-month Accountability Check-in Survey

How Cultiv-8 Aligns with National Reforms

The Cultiv-8 Nurse Clinics Program is not only a professional development opportunity, but also a strategic initiative that aligns with Australia's national health reform agenda. It equips primary care teams with practical tools to deliver sustainable, evidence-based care in line with emerging policy priorities.

Supports Chronic Conditions Management (CCM)

Cultiv-8 empowers nurses to take a more proactive role in chronic disease care through structured assessment, care planning, education, and follow-up. These models enhance access and continuity, while helping general practices respond to Chronic Conditions Management (CCM) changes from 1 July 2025, that promote team-based care and greater involvement of non-GP clinicians.

Delivers on the Primary Health Care 10-Year Plan

The program supports multiple goals of the **Primary Health Care 10-Year Plan**, including:

- Strengthening the role of nurses in multidisciplinary care
- Enhancing access to care for priority populations
- Driving innovation in service delivery at the local level
  Cultiv-8 provides a framework for implementing these goals through supported, practice-led change.

Responds to National Workforce Optimisation Priorities

There is growing recognition that the future sustainability of Australia's healthcare system depends on optimising the existing workforce. Cultiv-8 helps unlock the full potential of the primary health care nursing workforce, enabling nurses to work to their full scope of practice in a supported, structured way.

Advances the Quintuple Aim of Healthcare

The Cultiv-8 model contributes directly to achieving the **Quintuple Aim**:

- **Improved health outcomes** through earlier intervention and structured care
- **Enhanced patient experience** via better access, engagement, and continuity
- **Provider satisfaction and wellbeing** by empowering nurses and reducing pressure on GPs
- **System efficiency and sustainability** by reducing avoidable hospitalisations and supporting integrated, team-based care

Program Benefits to General Practice, Nurses and General Practitioners

- **Increased nurse satisfaction –** Empowering nurses to utilise their full scope of practice, improve their skills, increase their job satisfaction and practice revenue.

- **Enhanced patient care –** Provide more holistic and patient-centred care, with nurses having more time to listen to patients' concerns and provide education and support.
- **Enhanced access and chronic disease management –** Improve access to care for underserved populations and contribute significantly to managing chronic conditions through nurse specific MBS items, enabling GPs to focus on more complex cases.
- **Cost effectiveness –** More cost-effective way to deliver certain healthcare services to patients.
- **Reduced hospital admissions –** Effectively managing chronic conditions and providing timely interventions.

Need support?

The GCPHN Primary Care Health Care team is available to provide support.

Contact Gold Coast Practice Support

E: practicesupport@gcphn.com.au

P: **07 5612 5408**